

ABOUT US

Mission Statement: *Our passion is caring and listening—empowering people to make positive life changes. We do this through connections between people and critical resources.*

Crisis Clinic has been at the heart of the community safety net since 1964. Today, we are a focal point for crisis resources, including training, outreach, and a bridge to other community services. Crisis Clinic fulfills its mission with the financial support of state and local government, United Way of King County, corporations, foundations, and individuals. Your financial support is needed to continue this important work.

VOLUNTEER OPPORTUNITIES

Crisis Clinic depends on volunteers to answer the phone and chat lines. All volunteers receive extensive training, supervision, and ongoing support.

Crisis Line volunteers offer a listening ear to people needing emotional support. Volunteers must make a commitment to one shift a week for a year. Training is scheduled six times per year. For more information: 206-461-3210 ext 697 or volunteerservices@crisisclinic.org

Recovery Line volunteers respond to callers seeking help with addiction, problem gambling, and mental health. Remote trainings are offered several times a year. For more information: recovery@crisisclinic.org

Warm Line volunteers are individuals living in recovery who want to empower others. For more information: 206-461-3210 ext 640 or warmline@crisisclinic.org

Teen Link volunteers between the ages of 13 and 20 answer calls on the phone and chat lines, or help with outreach efforts by educating their peers about youth suicide prevention and Teen Link services. For more information: 1-866-TEENLINK or teenlink@crisisclinic.org

HOW TO REACH US

24-Hour Crisis Line

1.866.4CRISIS (427.4747) or 206.461.3222
206.461.3219 TTY
24/7/365
www.crisisclinic.org

King County 2-1-1

2-1-1 or 1.800.621.4636
206.461.3610 TTY
Weekdays 8am-6pm
www.211kingcounty.org (online chat available)

Teen Link

1.866.TEENLINK (833.6546) or 206.461.4922
206.461.3219 TTY
Evenings 6-10pm
www.866TEENLINK.org (online chat available)

Washington Warm Line

1.877.500.WARM (9276) or 206.933.7001
Evenings 5-9pm

Washington Recovery Help Line

1.866.789.1511
206.461.3219 TTY
24/7/365
www.warecoveryhelpline.org

Interpretation and 7-1-1 Relay available

Business Office

206.461.3210
206.461.8368 fax
Weekdays 9am-5pm
info@crisisclinic.org

Community Resources Online

www.crisisclinic.org

Crisis Clinic is a non-profit organization, state-licensed as an emergency telephone service and chemical dependency provider. We are accredited by CONTACT USA and the Alliance of Information & Referral Systems. Crisis Clinic is an equal opportunity employer & service provider.



Everyone
can turn to
Crisis Clinic
for help



Crisis Clinic
Helping Lives On the Line

TELEPHONE & ONLINE SERVICES

Staff and volunteers answer our telephone and online chat services with the goal of providing effective answers with care and sensitivity. We offer telephone interpretation in over 150 languages.

24-Hour Crisis Line

Are you, or is someone you know, experiencing:

- *Anxiety or loneliness? Thoughts of suicide?*
- *Family or relationship difficulties?*
- *Symptoms of mental illness?*
- *Loss of a job? Health concerns? Abuse?*

The 24-Hour Crisis Line provides immediate help to individuals in emotional crisis, and to people concerned about family or friends. We can help you determine if you or your loved one needs professional consultation, and can link you to the appropriate services.

King County 2-1-1

Do you need local resources to help you:

- *Pay the rent or feed your family?*
- *Find shelter for the night?*
- *Care for a disabled loved one?*
- *Find long-term care?*
- *Acquire legal or civil rights assistance?*
- *Obtain family planning or health care services?*

King County 2-1-1 provides expert assistance to people seeking information and referrals to community resources. With our database of more than 5,000 King County services, Information and Referral Specialists can explain step by step how the social service system works, coach callers on how to access community resources, and provide appropriate referrals based on the caller's situation. We are also the entry point for people seeking long-term care services for older adults or people living with disabilities.

Washington Warm Line

Are you someone who is:

- *Living with mental illness?*
- *Looking for support in your recovery?*

The WA Warm Line is a confidential peer support help line that uses the principles of recovery and empowerment to help people living with mental illness.

Teen Link

Are you a teen who:

- *Just needs someone to listen?*
- *Is feeling suicidal or has a friend who is?*
- *Feels like no one understands what you're going through?*

Teen Link is an anonymous, confidential teen help line answered by teens every evening. Teen volunteers are trained to talk with their peers about a wide variety of concerns, and can refer callers to specialized agencies that can address their needs.

Washington Recovery Help Line

Do you, or does someone you know, have:

- *Issues related to alcohol or drug abuse?*
- *Problems related to gambling?*
- *Symptoms of mental illness?*
- *Questions about treatment?*

The WA Recovery Help Line is an anonymous, confidential 24-hour help line that provides crisis intervention and referral services statewide. We can provide emotional support and connect you to local treatment services for substance abuse, problem gambling, mental health, and other community services.

COMMUNITY SERVICES

Survivors of Suicide

Survivors of Suicide offers bereavement counseling to individuals who have lost a loved one to suicide. The program offers a drop-in support group twice a month, six-week facilitated support groups, and telephone support.

Community Resources Online

A free, online version of our database is available at www.crisisclinic.org.

Custom Reports, Mailing Lists & Labels

We can create customized service reports, brochures, and mailing lists based on the information in our Community Resources Online database. We can also produce reports on human services trends by local area. Contact resourcecenter@crisisclinic.org for more information.

Resource Talk Blog

Resource Talk provides critical information on changes to service offerings and updates to resource information in Community Resources Online. It includes articles on important health and human service topics, and community events. Visit resourcetalk.crisisclinic.org to find out more.

Training

Training for professionals and the general public is available in the following subject areas:

- *Suicide & Crisis Intervention**
- *Applied Suicide Intervention Skills Training**
- *Dealing with Difficult Behaviors*
- *The Art of Referral*
- *Accessing Community Resources*

For more information, check our website at www.crisisclinic.org.

** These trainings now offer CEUs.*