

**WA Recovery Help Line** (WRHL) Interns and Volunteers complete 42 hours of training. Training includes Listening Shifts and Remote On-Line Classes. **Please Note:** All online training sessions will be offered through GoToMeeting. Detailed instructions on how to access all online trainings can be found at the end of training calendar.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4-Sep	5-Sep	6-Sep	7-Sep	8-Sep	9-Sep	10-Sep
			6pm- 9:00pm <i>Dealing w/ Difference</i>		<b>First 2 hour Listening Shift to be scheduled for week of September 13 -19</b>	
11-Sep	12-Sep	13-Sep	14-Sep	15-Sep	16-Sep	17-Sep
	6pm- 9:00pm <i>Crisis Intervention</i>		6pm- 9:00pm <i>Grief and Loss</i>		<b>Second 2 hour Listening Shift to be scheduled for week of September 20 -26</b>	
18-Sep	19-Sep	20-Sep	21-Sep	22-Sep	23-Sep	24-Sep
	6pm- 9:00pm <i>Mental Health</i>		6pm- 9:00pm <i>Suicide Intervention</i>		<b>Third 2 hour Listening Shift to be scheduled for week of September 27 - October 3</b>	
25-Sep	26-Sep	27-Sep	28-Sep	29-Sep	30-Sep	1-Oct
	6pm- 9:00pm <i>Addiction Behavior and Recovery</i>		6pm- 9:00pm <i>Family Dynamics and Relationship Abuse</i>		<b>Fourth 2 hour Listening Shift to be scheduled for week of October 4 - 10</b>	
2-Oct	3-Oct	4-Oct	5-Oct	6-Oct	7-Oct	8-Oct
	6:00pm- 9:00pm <i>Continuum of Care and Resources</i>		6:30pm- 8:30pm <i>Resource House</i>			