

## MEDICAL

### Country Doctor Community Health Centers

**After-Hours Clinic.....Walk-in only**  
Swedish Cherry Hill, 550 16th Ave  
M-F: 6-10pm; Sa Su, noon-10pm. After-hours care for acute conditions with a sliding fee scale based on income.

**Carolyn Downs Center .....206.299.1900**  
2101 E Yesler Way, Suite 150  
M, Tu, Th, F: 9am-5pm; W: 10am-8:30pm; Sa: 9am-noon;  
Call for appointment. Serves adults & children.

**Community Clinic.....206.299.1600**  
500 19th Ave E  
M, Tu, F: 9am-5pm; W, Th: 9am-8pm; Call for appointment.

### Harborview Medical Center.....206.520.5000

**Adult Medicine Clinic**  
325 9th Ave, 3rd Floor, West Clinic.  
M, W-F: 8am-4:30pm; Tu: 8am-8pm.

**Consulting Nurse Line.....206.744.2500**  
Telephone only: Available 24hrs

**International Medicine Clinic .....206.520.5000**  
325 9th Ave, Ground Floor, West Clinic  
M-W, F: 8am-4:30pm; Th: 8am-8pm.  
Health care for refugees & immigrants, age 16+, who have been in U.S. less than 12 mos. Interpreters available.

**Pioneer Square Medical Clinic ....206.744.1500**  
206 3rd Ave S  
M, Tu, Th, F: 7am-5pm; W: 8am-5pm. Established patients call for appt. New patients walk-in when clinic opens.

**Third Avenue Center .....206.521.1231**  
2028 3rd Ave  
M, T, Th, F: 8:05am-4pm; W: 8:30am-4pm. Visit in person only. First appt. at 8:30am.

### International Community Health Services

**Holly Park Clinic .....206.788.3500**  
3815 S Othello St  
M, Tu, Th-Sa: 7:30am-6pm; W: 8:30am-7pm

**International District Clinic .....206.788.3700**  
720 8th Ave S  
M, T, F: 7:30am-6pm; WTh, 7:30am-7pm; Sa: 8:30am-5pm.

### Neighborcare Health

**45th Street Clinic .....206.633.3350**  
1629 N 45th St  
M, Tu: 8am-7pm; W: 9am-5:30pm; Th, F: 8am-5:30pm; Sa: 10am-1:45pm. **Homeless Youth Clinic:** W, Th: 6-9pm, for youth ages 12-23.

**Ballard Homeless Medical Clinic..206.782.5939**  
Nyer Urness House, 1753 NW 56th St, Ste 200  
M-F: 9am-4:30pm. Serves homeless people in Ballard. Primarily serves homeless, low-income people.

**Columbia City Clinic..... 206.461.6957**  
4400 37th Ave S  
M, Th: 7:45am-7:30pm; W: 9am-6pm; F: 7:30am-5pm;  
Sa: 8:30am-4pm

**High Point Clinic..... 206.461.6950**  
6020 35th Ave SW  
M, Th: 8am-8pm; Tu : 8am-6pm; W: 9am-6pm; F: 8am-5pm;  
Sa: 8:30am-12:30pm

**Lake City Clinic ..... 206.417.0326**  
12721 30th Ave NE, Suite 101  
M, Tu, Thu: 8am-7:30pm; W: 9am-6pm; F:8am-5pm

**Meridian Clinic..... 206.296.4990**  
10521 Meridian Ave N, Suite A  
M, F: 8am-5pm; Tu, Th: 8am-7pm; W:9am-5pm; Sa: 8am-1pm

**Pike Market Clinic..... 206.728.4143**  
1930 Post Alley  
M, Tu, Th: 8am-5pm; W: 9:30am-6pm; F: 8am-4pm.  
Only serves adults.

**Rainier Beach Clinic.....206.722.8444**  
9245 Rainier Ave S  
M-F: 7:45am-7:30pm; Sa: 9am-1pm.

**St. Vincent de Paul Aurora Clinic.....206.548.7600**  
13555 Aurora Ave N  
W: 1-5pm; F: 9am-4pm. Call for an appointment.

### Public Health

**Downtown Health Center..... 206.477.8222**  
2124 4th Ave  
M-F: 8am-5pm.

**Puget Sound Christian Clinic ....206.363.4105 x230**  
2152 N 122nd St  
W: 5-9pm; F: 9am-1pm; Call for appointment. \$10 donation requested. No one turned away if unable to pay.

**RotaCare Free Clinic..... Visit in Person**  
North Helpline, 12736 33rd Ave NE  
Sa: 10am-12:30pm. Free basic healthcare for acute needs. Visit in person only. Answers calls only on Saturdays.

**Seattle Indian Health Board ..... 206.324.9360**  
611 12th Ave S, Suite 200  
M-F: 8:30am-6pm; Sa: 9am-2pm. Open to anyone. Primarily serves American Indians & Alaska Natives.

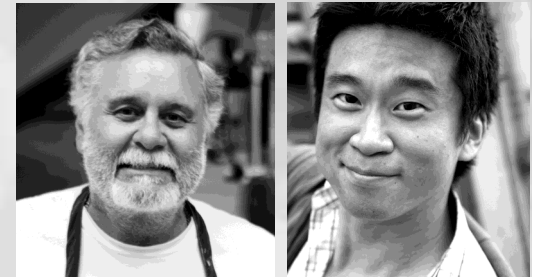
### Sea Mar Community Health Centers

**Seattle Clinic..... 206.762.3730**  
8720 14th Ave S  
M-Sa: 8am-5pm. Appointments preferred, Walk-ins okay.

**White Center Clinic..... 206.965.1000**  
9650 15th Ave SW, Suite 100  
M-Sa: 8am-5pm. Appointments preferred, Walk-ins okay.

## SEATTLE

# Health Services



JULY 2018

Brochures updated quarterly at  
[www.crisisconnections.org](http://www.crisisconnections.org)

King County ★  
**2-1-1**<sup>TM</sup>  
Get Connected. Get Answers.  
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## DENTAL REFERRAL

### International Community Health Services

**Holly Park Clinic** ..... 206.788.3502

3815 S Othello St

M, Tu, Th-Sa: 7:30am-6pm; W, 8:30am-7pm.

**International District Clinic** ..... 206.788.3757

720 8th Ave S

M-Sa: 7:30am-6pm. Call for appointment.

## DENTAL

### Neighborcare Health

Sites may focus on serving children under 18 and their parents unless otherwise noted.

**45th Street Clinic** ..... 206.548.2964

1629 N 45th St

M-F: 8am-5pm; Sa, 8am-4:30pm.

**Central Area Clinic**..... 206.461.7801

2101 E Yesler Way, 2nd Floor

M-F, 7:15am-6pm.

**Georgetown Clinic**..... 206.461.6943

6200 13th Ave S

M-F: 7:15am-6pm.

**High Point Clinic**..... 206.461.6966

6020 35th Ave SW

M-F: 7am-5:30pm, Sa 8:30am-12:30pm.

**Rainier Beach Clinic**..... 206.461.6981

9245 Rainier Ave S

M-F: 6:45am-5:30pm.

**Pacific Tower Clinic**..... 206.548.5850

1200 12th Ave S, Suite 401

M-F: 7am-6pm. Serves adult established patients of other Neighborcare clinics and adults needing urgent care.

**Odessa Brown Children's Clinic**.....206.987.7210

2101 E Yesler Way, Suite 100 S Jackson St,

M-Th: 8am-5pm. F: 8am-1pm. General dental care for children ages 1-15.

**Pima Community Dental Clinic** .....206.529.6677

9709 3rd Ave NE

Hours vary by term, usually M-Th: 8am-5pm & F: 8am-3pm. Dental care at student teaching clinic.

### Public Health Centers

**Columbia City Dental Clinic**.....206.535.2497

4400 37th Ave S

M-F: 8:30am-5:30pm. Serves children ages 1-18 and pregnant women.

**Downtown Clinic** ..... 206.477.8300

2124 4th Ave

M-F: 8am-5pm. Serves only people experiencing homelessness, ages 13+.

**North Seattle Clinic** .....206.205.8580

12359 Lake City Way NE

M-F: 8am-5pm. Serves children ages 1-18 and pregnant women.

### Sea Mar Community Health

**South Park Dental Clinic** ..... 206.762.3263

8915 14th Ave S

M-Sa: 8am-5pm. Emergency & routine dental services for adults & children.

**Sea Mar—White Center Clinic**..... 206.965.1005

9650 15th Ave SW Suite 100, Seattle

M-Sa: 8am-5pm. Emergency and routine dental for all

**Seattle Indian Health Board**..... 206.324.9360

611 12th Ave S

M-F: 8:30am-6pm. Call for appointment. Serves American Indian and Alaska Native communities.

### Seattle's Union Gospel Mission

**Downtown Clinic** ..... 206.621.7695

318 2nd Ave Extension S.,

Call for appointment and leave detailed voice message; calls are returned within a week. Serves adults only. Por Espanol call 206.622.5177 ext 473.

### UW—School of Dentistry

**Center for Pediatric Dentistry**..... 206.543.5800

6222 NE 74th St

M-F: 8am-5pm. Dental care for children, ages birth to 18, and those with special needs up to age 20.

**Dental Fears Clinic**..... 206.685.2453

Health Sciences Center, 1959 NE Pacific St, Room D467

T: 9am-5pm; W, Th: 8am-5pm. Does not accept Apple Health.

**Dental Student Clinic**..... 206.616.6996

1959 NE Pacific St, Room B-307

M-F: 8am-5pm. Dental services provided by students supervised by experienced, licensed dentists.

**Urgent Care Clinic**..... 206.543.5850

1959 NE Pacific St, Room B-307

M-F: 8am-5pm. After hours service available at UW Medical Center Emergency Department.

## MOBILE DENTAL

**Mobile Dental Van** ..... 425.284.1950

Recorded message. Free or low cost dental care for those without insurance.

## EYE CARE

**International Community Health Services - Int'l Dist. Medical & Dental Clinic** .....206.788.3505

720 8th Ave S, Seattle

M-F: 8am-5pm

Operates a vision clinic for adults and children. Provides complete eye exams and an optical shop.

**Millionair Club Charity**.....206.728.5627

2515 Western Ave

Call M-F: 6am-2pm to schedule Thursday appointment. Free eye exams and glasses for those with no Medicaid or other insurance coverage. Closed July & August.

**OneSight**.....888.935.4589

M-F: 8am-5pm Eastern Time

Administers a program to provide free glasses to people in need. Must have a letter verifying financial and eyewear need from a local non-profit and current prescription.

### YWCA of Seattle/King County -

**Health Access Department**.....206.461.4420

2024 3rd Ave

9am-5pm. Voicemail only. Provides vouchers for free eye exams and glasses to women who are homeless in the city of Seattle.

**Capitol Hill Needle Exchange** ..... 206.263.2000

1161 11th Ave, Robert Clewis Center 2

M-Sa: 6:30-8:30pm. Provides new sterile syringes in exchange for used ones. Distributes clean injection supplies and sexual safety items. Provides harm reduction education and vein care consultation.

## NEEDLE EXCHANGE

**People's Harm Reduction Alliance**.. 206.330.5777

NE 43rd St and University Way NE, Table located in alley behind Post Office

Su: 1-5pm; M, Tu, Th: 5-7pm; F: 1-5pm. Provides new sterile syringes in exchange for used ones. Distributes clean injection supplies and sexual safety items. Provides harm reduction education and vein care consultation.

## HEALTH INSURANCE

**Health and Dental Care Referrals**.... 800.756.5437

401 5th Ave

Call M-F: 8am -5pm. Provides information and referral to health care providers for low-income adults and children living in King County. Includes for-profit medical and dental clinics that accept Medicaid.

Washington Apple Health provides medical benefits for persons below 138% of the Federal Poverty Level not eligible for Medicare. Call the WA Health Plan Finder at 855.923.4633 or visit [www.wahealthplanfinder.org](http://www.wahealthplanfinder.org) to sign up. Programs listed in this brochure bill Apple Health unless otherwise indicated.