

## FOOD

**Food banks may serve specific geographic areas. Call ahead for eligibility requirements.**

**Adra P. Berry Food Bank.....425.222.5573**  
Raging River Community Ch., 31104 SE 86th St, Preston  
Th: 3-4 pm. Visit in person. Call any day for information.

**Carnation Public Food Bank..... 425.949.2310**  
31822 Myrtle St, Carnation  
W: 10am-6pm. Visit in person for service. Serves anyone in need.

**Fall City Food Pantry.....425.269.8098**  
Fall City UMC, 4326 337th PI SE, Fall City  
1st & 3rd W of month, Noon-1:30pm and 6:30-7:30pm.  
Visit in person. Proof of address required.

**Hopelink**  
—**Bellevue.....425.943.7555**  
14812 Main St, Bellevue  
M, W, Th: 9:30am-3pm; Tu: 2-7pm. Call for appointment.  
Serves Bellevue, Mercer Island & Newcastle residents.

—**Kirkland/Northshore .....425.889.7880**  
11011 120th Ave NE, Kirkland  
M, W: 10am-4pm; T, Th: 12-6:30pm.. Call for more information.

—**Redmond.....425.869.6000**  
16725 Cleveland St, Redmond  
Tu: 1:30-4:30pm, W: 4:30-7:30pm, Th: 10:30am-1:30pm.  
Serves Redmond & Sammamish areas.

—**Shoreline .....206.440.7300**  
17837 Aurora Ave N, Shoreline  
M: 1-4pm, W: 1-7:30pm, Tu, Th: 10am-2pm. Serves residents of Shoreline & Lake Forest Park. ID & Proof of address required. Also serves homeless individuals in area.

—**Sno-Valley .....425.333.4163**  
31957 E. Commercial St, Carnation  
Th: 10am-2pm.; 2nd & 4th W: 3-7pm. Visit in person.  
Call to register. Serves Snoqualmie Valley residents.

**Issaquah Food and Clothing Bank..... 425.392.4123**  
179 1st Ave SE, Issaquah  
M, W: 5-7pm; Tu-Th:10am-1pm. Serves residents of the Issaquah School District.

**Mercer Island Youth & Family Services.....**  
.....**206.275.7611**  
2040 84th Ave SE, Mercer Island  
M-F: 8:30am-5pm. Contact program coordinator for eligibility /enrollment information. Call for appointment.

**Mount Si Food Bank.....425.888.0096**  
1550 Boalch Ave NW, North Bend  
Tu: 9:30am-6pm.

**Renewal Food Bank.....425.736.8132**  
Highland Covenant Church, 15022 Bel-Red Rd, Bellevue  
M, W: 10am-1pm; Tu: 4-6:30pm. Visit in person. ID Requested.

**Snoqualmie Valley Food Bank ..... 425.888.7832**  
122 E 3rd St, North Bend  
General Public: W: 9:30am-6:30pm; Seniors M: 10-11:30am; Pet Food: 1st W of month. Resource Center, W:10am-6:30pm. ID & Proof of address required.

**Woodinville Storehouse ..... 425.483.5252**  
17110 140th Ave NE, Woodinville  
Tu: 6:30-7:20pm; Sa: 9:30-10:20am. Visit in person. ID req'd.

## HOT MEALS

**Attain Housing Suppers ..... 425.576.9531**  
Holy Spirit Lutheran Ch, 10021 NE 124th St, Kirkland  
Tu: 6-7pm. Visit in person. Serves anyone in need.

**Bothell Community Kitchen ..... 425.486.7132**  
Bothell UMC, 18515 92nd Ave NE, Bothell  
Su: 5pm-6pm. Visit in person. Serves anyone in need.

**Crossroads Meal Program .... 425.452.7300 x769**  
911 164th Ave NE, Bellevue  
M-F: 6-7pm. Serves Bellevue residents only. Call ahead to verify meal being served. ID required

**Issaquah Meals Program ..... 425.679.0342**  
Issaquah Community Hall, 180 E Sunset Way, Issaquah  
M-F: 5:25-6pm. Visit in person; doors open at 5pm.

**Mount Si Food Bank..... 425.888.0096**  
1550 Boalch Ave NW, North Bend  
Tu: 9:30am-6pm; Hot soup & bread

**Open Kitchen Community Meal .... 425.883.7553**  
16540 NE 80th St, Redmond  
W: 5-7pm; Provides a free hot meal for anyone in need.  
Vegetarian options always available.

**POPY's Cafe ..... 206.569.7011**  
Prince of Peace Luth Ch, 14514 20th Ave NE, Shoreline  
W: 5-6:30pm. Visit in person. Serves anyone in need.

**St. Brendan Catholic Church ..... 425.483.9400**  
10100 NE 192nd St, Bothell  
Meal Th: 5-6pm. Emergency food bags M-F: 8:30am-4:30pm.

**Sophia Way Women's Day Center .....425.896.7385**  
3032 Bellevue Way NE, Bellevue  
Lunch, M-F: 11:30am; Serves women, with or w/o children.

**Teen Feed..... 425.822.3088**  
YMCA Kirkland Teen Union, 348 Kirkland Ave, Kirkland  
F: 6pm. Visit in person. Serves Kirkland area youth, ages 13-22.

**Vedic Cultural Center..... 206.979.8002**  
1420 228th Ave SE, Sammamish  
Daily vegetarian meal, 7:30-9:30pm, for anyone in need.

## EAST & NORTH KING COUNTY

# Emergency Services



**FEBRUARY 2019**

Brochures updated quarterly at  
[www.crisisconnections.org](http://www.crisisconnections.org)

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## DENTAL CARE

### HealthPoint

—**Bothell** .....425.424.6350

10414 Beardslee Blvd, Suite 201  
M-F: 7:30am-5:30pm; Drop in hours: W: 7:30am-5:30pm

—**Redmond** .....425.883.8000

Together Center, 16345 NE 87th St, Suite C-2  
M-F: 8am-4pm; Drop in hours: F: 8am-4pm.

### International Community Health Services

—**Bellevue** .....425.373.3000

1050 140th Ave NE.  
M-Sa: 7:30am-6pm.

—**Shoreline** .....206.533.2600

16549 Aurora Ave N.  
M-Sa: 7:30am-6pm.

### Lake Washington Institute of Technology

—**Dental Clinic** .....425.739.8130

11605 132nd Ave NE, East Bldg, Room E103, Kirkland  
M-Th: 8am-4:30pm; F: reduced hours, please call.

—**Mobile Dental Van** .....425.284.1950

24hr voicemail. Free or low-cost dental for those without private insurance. Call for recorded list of site locations, then call site location to book appointment.

—**Public Health Dental Clinic** .....206.477.8000

Eastgate Health Center, 14350 SE Eastgate Way, Bellevue  
M, Tu, Th, F: 8am-5pm; W: hours vary by week. Serves children, parents of child patients & pregnant women.

—**Sea Mar Dental Clinic** .....425.998.5980

3801 150th Ave SE, Bellevue  
M-Sa: 8am-5pm. Drop-in accepted, but appointments preferred.

## MEDICAL CARE

### Evergreen Health

—**Kirkland** .....425.889.6700

12333 NE 130th Ln, Suite 310, Kirkland  
M-F: 8am-5pm. Sa: 8am-Noon.

—**Redmond** .....425.899.2273

8980 161st Ave NE, Redmond  
M-Th: 7am-7pm; F: 7am-6pm; Sa: 8am-4pm.

—**Sammamish** .....425.898.0305

22850 NE 8th St, Suite 103, Sammamish  
M: 7am-7pm, T, W, F: 7am-5pm, Th: 8am-5pm; Sa: 8:30am-12:30pm.

—**Woodinville** .....425.481.6363

16916 140th Ave NE, Suite 101, Woodinville  
M-F: 8am-5pm. Sa: 9am-Noon.

### HealthPoint

—**Bothell** .....425.486.0658

10414 Beardslee Blvd, Suite 201  
M-W: 8am-8pm; Th, F: 8am-5pm; Sa: 10am-3pm.

—**Redmond** .....425.882.1697

Together Center, 16225 NE 87th St, Suite B-6  
M, Tu: 8am-8pm; W-F: 8am-5pm.

### Overlake Medical Clinics

—**Bellevue Primary Care** .....425.635.6350

Washington Federal Bldg., 400 108th Ave NE, Suite 100  
M-F: 7am-6pm; Offers same-day appointments.

—**Redmond Primary Care** .....425.635.6430

16315 NE 74th St, Redmond  
M-F: 7am-5pm.

—**Public Health - Eastgate** .....206.477.8000

14350 SE Eastgate Way, Bellevue  
M, Tu, Th, F: 8am-5pm; W: hours vary by week. Call for appointment.

—**RotaCare Free Health Care Clinic** ..425.828.4304

Hopelink, 14812 Main St, Bellevue  
Sa: 9:30-11:30am. Free visit in person clinic for the uninsured.

—**Sea Mar-Bellevue Medical Clinic** ...425.460.7140

3801 150th Ave SE, Bellevue  
M-Sa: 8am-5pm. Call for appointment or Visit in person.

—**Snoqualmie Ridge Medical Clinic**..425.396.7682

35020 SE Kinsey St, Snoqualmie  
M-F: 8am-6pm.; Sa: 9am-noon.

—**Snoqualmie Tribal Health Clinic** ...425.888.5511

9575 Ethan Wade Way SE, North Bend  
M-F: 8:30am-4:30pm. Call or visit in person. Serves Snoqualmie Valley residents & Snoqualmie Tribal members.

—**Snoqualmie Valley Hospital Clinic**.425.831.2333

9801 Frontier Ave SE, Snoqualmie  
M, Tu, Th: 8am-4:30pm; F: 8am-noon. Call or Visit in person.

—**Swedish Medical Center** .....425.394.0700

751 NE Blakely Dr, Issaquah  
M-Th; 7am-7pm, F: 8am-5pm, Sa: 9am-1pm. Call for appointment.

—**Swedish Primary Care** .....425.888.2016

37624 SE Fury St., Suite 101, Snoqualmie  
M-F: 8am-6pm; Sa: 8am-12pm. Call for appointment.

—**VA Outpatient Clinic** .....425.214.1055

13033 Bel-Red Rd, Suite 210, Bellevue  
M-F: 8am-4:30pm. Call for appt. Serves Veterans enrolled in VA Puget Sound Health Care System.

## CLOTHING

—**Carnation Public Food Bank**.....425.949.2310

31822 Myrtle St, Carnation  
W: 10am-6pm. Visit in person for service. Serves anyone in need. Offers limited clothing, when available.

—**Hopelink-Sno-Valley** .....425.333.4163

31957 E. Commercial St, Carnation  
2nd and 4th W:3-7pm; Th: 10am-2pm. Serves area residents who are food pantry clients.

—**Issaquah Food & Clothing Bank** ....425.392.4123

179 1st Ave SE, Issaquah  
M, W: 5-7pm, Tu, Th: 10am-1pm. Visit in person. Serves area residents. Photo ID and proof of address required.

—**YWCA—Working Wardrobe** .....425.556.1350

Serves any job seekers who have a referral from a participating East King County social services program. See service dates on referral voucher; typically open Tu, F, and 2nd Sa.

## DROP-IN CENTERS

### Congregation for the Homeless

—**Lincoln Center** .....425.289.4044

515 B 116th Ave NE, Bellevue  
Su-Th: 8am-3pm. Serves men 18 and older. Provides a place for men to receive various services, including: meals, showers, laundry, and supports.

—**Mary's Place—Northshore Family Ctr.** 206.621.8474

18118 73rd Ave NE, Kenmore  
M-F: 9am-3pm. For families with children. Offers telephones and computers, lunch, and mailing addresses.

—**New Bethlehem Project** .....425.679.0350

11920 NE 80th St, Suite 100, Kirkland  
Daily: 2-8pm. Dinner served at 5:30pm.  
A day center for homeless families; offers showers, laundry, a hot meal and access to computers and case management. Adults must be accompanied by a child.

—**Sophia Way Women's Day Center** .425.896.7385

St. Luke's Lutheran Ch, 3032 Bellevue Way NE, Bellevue  
M-F: 8am-3pm. Lunch: M-F: 11:30. Daytime drop-in center (in the rear of the church) for low-income & homeless women and women with children. Offers snacks, showers, laundry facilities, computers, Internet & phones.

—**Friends of Youth** .....425.298.4846

Together Center, 16625 NE 87th St., Ste A-1, Redmond  
M, Tu: 9am-3pm, W by appointment only, Th, F: 9am-1pm, Sa, Su: 11am-5pm.  
Serves youth, ages 15-22, who are homeless or at risk of homeless. Provides resources, basic needs, a link to case managers and other wraparound services.