## MEDICAL

people in Ballard and primarily homeless, low-income people.

MEDICAL	
	Columbia City Clinic 206.461.6957
Country Doctor Community Health Centers	4400 37th Ave S
<b>After-Hours ClinicVisit in Person only</b> Swedish Cherry Hill, 550 16th Ave	M, Th: 7:45am-7:30pm; W: 9am-6pm; F: 7:30am-5pm; Sa: 8am-4pm
M-F: 6-10pm; Sa Su, noon-10pm. After-hours care for acute conditions with a sliding fee scale based on income.	<b>High Point Clinic 206.461.6950</b> 6020 35th Ave SW
<b>Carolyn Downs Center206.299.1900</b> 2101 E Yesler Way, Suite 150	M, W, Th: 7:30am-7:30pm; Tu, F: 7:30am-5:30pm; Sa: 9am- 12:30pm.Opens at 9:30am: 1st & 3rd W.
M, Tu, Th, F: 9am-5pm; W: 10am-8:30pm; Sa: 9am-noon; Call for appointment. Serves adults & children.	<b>Lake City Clinic</b>
Community Clinic206.299.1600	M: 8am-7pm; Tu: 8am-5pm; W: 9am-5pm; Th, F: 8am-5pm.  Meridian Clinic
500 19th Ave E M, Tu, F: 9am-5pm; W, Th: 9am-8pm; Call for appointment.	10521 Meridian Ave N, Suite A
Harborview Medical Center206.520.5000	M: 7:45am-6:15pm; Tu,F: 7:45am-5pm; W: 9am-5:30pm; Th: 7:45am-6:30pm; Sa: 7:45am-1:45pm.
<b>Adult Medicine Clinic</b> 325 9th Ave, 3rd Floor, West Clinic.	<b>Pike Market Clinic</b>
M, W, Th, F: 8am-4:30pm, Tu: 8am-8pm  Consulting Nurse Line206.744.2500	
Telephone only: Available 24hrs  International Medicine Clinic 206.520.5000 325 9th Ave, Ground Floor, West Clinic M-W, F: 8am-4:30pm; Th: 8am-8pm.	Rainier Beach Clinic206.722.8444 9245 Rainier Ave S
	M-Th: 7:30am-7:30pm; F: 7:30am-5:30pm; Sa: 10am- 1:30pm. Opens at 9am 1st & 3rd W.
Health care for refugees & immigrants, age 16+, who have been in U.S. less than 12 mos. Interpreters available.	St. Vincent de Paul Aurora Clinic206.548.7600
Pioneer Square Medical Clinic 206.744.1500 206 3rd Ave S	W: 1-5pm; F: 9am-4pm. Call for an appointment.
M, Tu, Th, F: 7am-5pm; W: 8am-5pm. Established patients call for appt. New patients walk-in when clinic opens.	Public Health Downtown Health Center 206.477.8222 2124 4th Ave
<b>Third Avenue Center206.521.1231</b> 2028 3rd Ave	M-F: 8am-5pm.
M, T, Th, F: 8:05am-4pm; W: 8:30am-4pm. Visit in person only. First appt. at 8:30am.	Puget Sound Christian Clinic—Haller Lake206.363.4105 x230 2152 N 122nd St
International Community Health Services Holly Park Clinic206.788.3500	M: 4-8pm; W: 5-9pm; F: 9am-1pm; Call for appointment. \$10 donation requested. No one turned away if unable to pay.
3815 S Othello St M, Tu, Th-Sa: 7:30am-6pm; W: 8:30am-7pm	RotaCare Free Clinic
International District Clinic206.788.3700 720 8th Ave S	Sa: 10am-12:30pm. Free basic healthcare for acute needs. Visit in person only. Answers calls only on Saturdays.
M, T, F: 7:30am-6pm; W Th, 7:30am-7pm; Sa: 8:30am-5pm.	Seattle Indian Health Board 206.324.9360
Neighborcare Health 45th Street Clinic206.633.3350 1629 N 45th St	611 12th Ave S, Suite 200 M-F: 8:30am-6pm; Sa: 9am-2pm. Open to anyone. Primarily serves American Indians & Alaska Natives.
M, Tu: 8am-7pm; W: 9am-5:30pm; Th, F: 8am-5:30pm; Sa: 9am-3pm. <b>Homeless Youth Clinic:</b> W, Th: 6-9pm, for youth	Sea Mar Community Health Centers Seattle Clinic
ages 12-26.  Ballard Homeless Medical Clinic206.782.5939	8720 14th Ave S
Nyer Urness House, 1753 NW 56th St, Ste 200 M,Tu, Th, F: 9am-4:30pm; W: 10am-4:30pm; Serves homeless	M-Sa: 8am-5pm. Appointments preferred, Walk-ins okay.  White Center Clinic

M-Sa: 8am-5pm. Appointments preferred, Walk-ins okay.

SEATTLE

# Health Services





APRIL 2019

Brochures updated quarterly at www.crisisconnections.org



## DENTAL REFERRAL

DENTISTLINK......844.888.5465 www.dentistlink.org

Call M-F: 8am-5pm. Database for dental care.

### DENTAL

# **International Community Health Services**

Holly Park Clinic ...... 206.788.3502

3815 S Othello St

M, Tu, Th-Sa: 7:30am-6pm; W, 8:30am-7pm.

International District Clinic ...... 206.788.3757

720 8th Ave S

M-Sa: 7:30am-6pm. Call for appointment.

#### **Neighborcare Health**

Sites may focus on serving children under 18 and their parents unless otherwise noted.

45th Street Clinic...... 206.548.2964 1629 N 45th St

M-F: 7am-5:30pm, Sa: 8am-4:30pm. Opens 9am 1st & 4th W.

Central Area Clinic...... 206.461.7801 2101 E Yesler Way, 2nd Floor

M-F, 7:15am-6pm.

Georgetown Clinic...... 206.461.6943 6200 13th Ave S

M-F: 7:15am-6pm.

High Point Clinic...... 206.461.6966

6020 35th Ave SW

M-F: 7am-5:30pm, Sa: 9am-1pm.

Rainier Beach Clinic...... 206.461.6981

9245 Rainier Ave S

M-F: 6:45am-5:30pm. Closed from: 9-9:30am 1st & 3rd W.

Pacific Tower Clinic...... 206.548.5850 1200 12th Ave S, Suite 401

M-F: 7am-6pm. Serves adult established patients of other Neighborcare clinics and adults needing urgent care.

Odessa Brown Children's Clinic..... 206.987.7210

2101 E Yesler Way, Suite 100

M-Th: 8am-5pm. F: 8am-1pm. General dental care for children ages 1-16.

Pima Community Dental Clinic ..... 206.529.6677

9709 3rd Ave NE

Hours vary by term, usually M-Th: 8am-5pm & F: 8am-3pm. Dental care at student teaching clinic.

#### **Public Health Centers**

Columbia City Dental Clinic......206.535.2497 4400 37th Ave S

M-F: 8:30am-5:30pm. Serves children ages 1-18 and pregnant women.

Downtown Clinic ...... 206.477.8300 2124 4th Ave

M-F: 8am-5pm. Serves only people experiencing homelessness, ages 13+.

North Seattle Clinic ...... 206.205.8580

12359 Lake City Way NE

M-F: 8am-5pm. Serves youth ages 1-18 and pregnant women.

#### **Sea Mar Community Health**

South Park Dental Clinic ...... 206.762.3263 8915 14th Ave S

M-Sa: 8am-5pm. Emergency & routine dental services for adults & children.

Sea Mar—White Center Clinic...... 206.965.1005

9650 15th Ave SW Suite 100, Seattle

M-Sa: 8am-5pm. Emergency and routine dental for all

Seattle Indian Health Board.......206.324.9360 611 12th Ave S

M-F: 8:30am-6pm. Call for appointment. Serves American Indian and Alaska Native communities.

## **Seattle's Union Gospel Mission**

Downtown Clinic ......206.621.7695

318 2nd Ave Extension S.,

Call for appointment and leave detailed voice message; calls are returned within a week.. Serves adults only. Por Espanol call 206.622.5177 ext 473.

#### **UW—School of Dentistry**

Center for Pediatric Dentistry..... 206.543.5800 6222 NE 74th St

M-F: 8am-5pm. Dental care for children, ages birth to 18, and those with special needs up to age 20.

Dental Student Clinic......206.616.6996

1959 NE Pacific St, Room B-307

M-F: 8am-5pm.Dental services provided by students supervised by experienced, licensed dentists.

Urgent Care Clinic......206.543.5850

1959 NE Pacific St, Room B-307

M-F: 8am-5pm. After hours service available at UW Medical Center Emergency Department.

# MOBILE DENTAL

Mobile Dental Van ...... 425.284.1950

Recorded message. Free or low cost dental care for those without insurance.

## EYE CARE

International Community Health Services -Int'l Dist. Medical & Dental Clinic ......206.788.3505

720 8th Ave S, Seattle

M-F: 8am-5pm

Operates a vision clinic for adults and children. Provides complete eye exams and an optical shop.

Millionair Club Charity......206.957.3859

2515 Western Ave

Call to schedule appointment or drop-in: Th: 7:45am. Free eye exams and glasses for those with no Medicaid or other insurance coverage. Closed July & August.

OneSight......888.935.4589

M-F: 8am-5pm Eastern Time

Administers a program to provide free glasses to people in need. Must have a letter verifying financial and eyewear need from a local non-profit and current prescription.

#### YWCA of Seattle/King County -

Health Access Department.....206.461.4420

1118 5th Ave

9am-5pm. Voicemail only. Provides vouchers for free eye exams and glasses to anyone who is homeless in the city of Seattle.

# **NEEDLE EXCHANGE**

Capitol Hill Needle Exchange ....... 206.263.2000 1161 11th Ave, Robert Clewis Center 2

M-Sa: 6:30-8:30pm. Provides new sterile syringes in exchange for used ones. Distributes clean injection supplies and sexual safety items. Provides harm reduction education and vein care consultation.

People's Harm Reduction Alliance. Visit in Person

1415 NE 43rd St and University Way NE, Table located in alley behind Post Office. Visit in person. Su: 1-5pm; M, Tu, Th: 5-7pm; F: 1-5pm. Provides new sterile syringes in exchange for used ones. Distributes clean injection supplies and sexual safety items. Provides harm reduction education and vein care consultation.

# **HEALTH INSURANCE**

Health **Dental Insurance Referrals** ......800.756.5437

401 5th Ave

Call M-F: 8am -5pm. Provides information and referral to health care providers for low-income adults and children living in King County. Includes for-profit medical and dental clinics that accept Medicaid.

Washington Apple Health provides medical benefits for persons below 138% of the Federal Poverty Level not eligible for Medicare. Call the WA Health Plan Finder at 855.923.4633 or visit www.wahealthplanfinder.org to sign up. Programs listed in this brochure bill Apple Health unless otherwise indicated.