

FOOD

Food banks may serve specific geographic areas. Call ahead for eligibility requirements.

Adra P. Berry Food Bank.....425.222.5573
Raging River Community Ch., 31104 SE 86th St, Preston
Th: 3-4 pm. Visit in person. Call any day for information.

Carnation Public Food Bank..... 425.949.2310
31822 Myrtle St, Carnation
W: 10am-6pm. Visit in person for service. Serves anyone in need.

Fall City Food Pantry.....425.269.8098
Fall City UMC, 4326 337th PI SE, Fall City
1st & 3rd W of month, Noon-1:30pm and 6:30-7:30pm.
Visit in person. Proof of address required.

Hopelink

—**Bellevue.....425.943.7555**
14812 Main St, Bellevue
M, W, Th: 9:30am-3pm; Tu: 2-7pm. Call for appointment.
Serves Bellevue, Mercer Island & Newcastle residents.

—**Kirkland/Northshore425.889.7880**
11011 120th Ave NE, Kirkland
M, W: 10am-4pm; T, Th: 12-6:30pm.. Call for more information.

—**Redmond.....425.869.6000**
16725 Cleveland St, Redmond
Emergency Food Bags: M-F: 8:30am-5pm. Food Bank: Call for appointment. Serves Redmond & Sammamish areas.

—**Shoreline206.440.7300**
17837 Aurora Ave N, Shoreline
M: 1-4pm, W: 1-7pm, Tu, Th: 10am-2pm. Serves residents of Shoreline & Lake Forest Park. ID & Proof of address required. Also serves homeless individuals in area.

—**Sno-Valley425.333.4163**
31957 E. Commercial St, Carnation
Th: 10am-2pm.; 2nd & 4th W: 3-7pm. Visit in person. Call to register. Serves Snoqualmie Valley residents.

Issaquah Food and Clothing Bank..... 425.392.4123
179 1st Ave SE, Issaquah
M, W: 5-7pm; Tu-Th:10am-1pm. Serves residents of the Issaquah School District.

Mercer Island Youth & Family Services.....
.....**206.275.7611**
2040 84th Ave SE, Mercer Island
M-F: 8:30am-5pm. Contact program coordinator for eligibility /enrollment information. Call for appointment.

Mount Si Food Bank.....425.888.0096
1550 Boalch Ave NW, North Bend
Tu: 9:30am-6pm.

Renewal Food Bank.....425.736.8132
Highland Covenant Church, 15022 Bel-Red Rd, Bellevue
M, W: 10am-1pm; Tu: 4-6:30pm. Visit in person. ID Requested.

Snoqualmie Valley Food Bank 425.888.7832
122 E 3rd St, North Bend
General Public: W: 9:30am-6:30pm; Seniors M: 10-11:30am; Pet Food: 1st W of month. Resource Center, W:10am-6:30pm. ID & Proof of address required.

Woodinville Storehouse 425.483.5252
17110 140th Ave NE, Woodinville
Tu: 6:30-7:20pm; Sa: 9:30-10:20am. Visit in person. ID req'd.

HOT MEALS

Attain Housing Suppers 425.576.9531
Holy Spirit Lutheran Ch, 10021 NE 124th St, Kirkland
Tu: 6-7pm. Visit in person. Serves anyone in need.

Bothell Community Kitchen 425.486.7132
Bothell UMC, 18515 92nd Ave NE, Bothell
Su: 5pm-6pm. Visit in person. Serves anyone in need.

Crossroads Meal Program 425.452.7300 x769
911 164th Ave NE, Bellevue
M-F: 6-7pm. Serves Bellevue residents only. Call ahead to verify meal being served. ID required

Issaquah Meals Program 425.679.0342
Issaquah Community Hall, 180 E Sunset Way, Issaquah
M-F: 5:25-6pm. Visit in person; doors open at 5pm.

Mount Si Food Bank..... 425.888.0096
1550 Boalch Ave NW, North Bend
Tu: 9:30am-6pm; Hot soup & bread

Open Kitchen Community Meal 425.883.7553
16540 NE 80th St, Redmond
W: 5-7pm; Provides a free hot meal for anyone in need. Vegetarian options always available.

POPY's Cafe 206.363.0446
Prince of Peace Luth Ch, 14514 20th Ave NE, Shoreline
W: 5-6:30pm. Visit in person. Serves anyone in need.

St. Brendan Catholic Church 425.483.9400
10100 NE 192nd St, Bothell
Meal Th: 5-6pm. Emergency food bags M-F: 8:30am-4:30pm.

Sophia Way Women's Day Center425.896.7385
3032 Bellevue Way NE, Bellevue
Lunch, M-F: 11:30am; Serves women, with or w/o children.

Teen Feed..... 425.822.3088
YMCA Kirkland Teen Union, 348 Kirkland Ave, Kirkland
F: 6pm. Visit in person. Serves Kirkland area youth, ages 13-22.

Vedic Cultural Center..... 206.979.8002
1420 228th Ave SE, Sammamish
Daily vegetarian meal, 7:30-9:30pm, for anyone in need.

EAST & NORTH KING COUNTY

Emergency Services



MAY 2019

Brochures updated quarterly at
www.crisisconnections.org

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DENTAL CARE

HealthPoint

—**Bothell**425.424.6350

10414 Beardslee Blvd, Suite 201
M-F: 7:30am-5:30pm; Drop in hours: W: 7:30am-5:30pm

—**Redmond**425.883.8000

Together Center, 16345 NE 87th St, Suite C-2
M-F: 8am-4pm; Drop in hours: F: 8am-4pm.

International Community Health Services

—**Bellevue**425.373.3000

1050 140th Ave NE.
M-Sa: 7:30am-6pm.

—**Shoreline**206.533.2600

16549 Aurora Ave N.
M-Sa: 7:30am-6pm.

Lake Washington Institute of Technology

—**Dental Clinic**425.739.8130

11605 132nd Ave NE, East Bldg, Room E103, Kirkland
M-Th: 8am-4:30pm; F: reduced hours, please call.

—**Mobile Dental Van**425.284.1950

24hr voicemail. Free or low-cost dental for those without private insurance. Call for recorded list of site locations, then call site location to book appointment.

—**Public Health Dental Clinic**206.477.8000

Eastgate Health Center, 14350 SE Eastgate Way, Bellevue
M, Tu, Th, F: 8am-5pm; W: hours vary by week. Serves children, parents of child patients & pregnant women.

—**Sea Mar Dental Clinic**425.998.5980

3801 150th Ave SE, Bellevue
M-Sa: 8am-5pm. Drop-in accepted, but appointments preferred.

MEDICAL CARE

Evergreen Health

—**Kirkland**425.889.6700

12333 NE 130th Ln, Suite 310, Kirkland
M-F: 8am-5pm. Sa: 8am-Noon.

—**Redmond**425.899.2273

8980 161st Ave NE, Redmond
M-Th: 7am-7pm; F: 7am-6pm; Sa: 8am-4pm.

—**Sammamish**425.898.0305

22850 NE 8th St, Suite 103, Sammamish
M: 7am-7pm, T, W, F: 7am-5pm, Th: 8am-5pm; Sa: 8:30am-12:30pm.

—**Woodinville**425.481.6363

16916 140th Ave NE, Suite 101, Woodinville
M-F: 8am-5pm. Sa: 9am-Noon.

HealthPoint

—**Bothell**425.486.0658

10414 Beardslee Blvd, Suite 201
M-W: 8am-8pm; Th, F: 8am-5pm; Sa: 10am-3pm.

—**Redmond**425.882.1697

Together Center, 16225 NE 87th St, Suite B-6
M, Tu: 8am-8pm; W-F: 8am-5pm.

Overlake Medical Clinics

—**Bellevue Primary Care**425.635.6350

Washington Federal Bldg., 400 108th Ave NE, Suite 100
M-F: 7am-6pm; Offers same-day appointments.

—**Redmond Primary Care**425.635.6430

16315 NE 74th St, Redmond
M-F: 7am-5pm.

—**Public Health - Eastgate**206.477.8000

14350 SE Eastgate Way, Bellevue
M, Tu, Th, F: 8am-5pm; W: hours vary by week. Call for appointment.

—**RotaCare Free Health Care Clinic** ..425.828.4304

Hopelink, 14812 Main St, Bellevue
Sa: 9:30-11:30am. Free visit in person clinic for the uninsured.

—**Sea Mar-Bellevue Medical Clinic** ...425.460.7140

3801 150th Ave SE, Bellevue
M-Sa: 8am-5pm. Call for appointment or Visit in person.

—**Snoqualmie Ridge Medical Clinic**..425.396.7682

35020 SE Kinsey St, Snoqualmie
M-F: 8am-6pm.; Sa: 9am-noon.

—**Snoqualmie Tribal Health Clinic** ...425.888.5511

9575 Ethan Wade Way SE, North Bend
M-F: 8:30am-4:30pm. Call or visit in person. Serves Snoqualmie Valley residents & Snoqualmie Tribal members.

—**Snoqualmie Valley Hospital Clinic**.425.831.2333

9801 Frontier Ave SE, Snoqualmie
M, Tu, Th: 8am-4:30pm; F: 8am-noon. Call or Visit in person.

—**Swedish Medical Center**425.394.0700

751 NE Blakely Dr, Issaquah
M-Th; 7am-7pm, F: 8am-5pm, Sa: 9am-1pm. Call for appointment.

—**Swedish Primary Care**425.888.2016

37624 SE Fury St., Suite 101, Snoqualmie
M-F: 8am-6pm; Sa: 8am-12pm. Call for appointment.

—**VA Outpatient Clinic**425.214.1055

13033 Bel-Red Rd, Suite 210, Bellevue
M-F: 8am-4:30pm. Call for appt. Serves Veterans enrolled in VA Puget Sound Health Care System.

CLOTHING

—**Carnation Public Food Bank**.....425.949.2310

31822 Myrtle St, Carnation
W: 10am-6pm. Visit in person for service. Serves anyone in need. Offers limited clothing, when available.

—**Hopelink-Sno-Valley**425.333.4163

31957 E. Commercial St, Carnation
2nd and 4th W: 3-7pm; Every Th: 10am-2pm. Serves area residents who are food pantry clients.

—**Issaquah Food & Clothing Bank**425.392.4123

179 1st Ave SE, Issaquah
M, W: 5-7pm, Tu, Th: 10am-1pm. Visit in person. Serves area residents. Photo ID and proof of address required.

—**YWCA—Working Wardrobe**425.556.1350

Serves any job seekers who have a referral from a participating East King County social services program. See service dates on referral voucher; typically open Tu, F, and 2nd Sa.

DROP-IN CENTERS

Congregation for the Homeless

—**Lincoln Center**425.289.4044

515 B 116th Ave NE, Bellevue
Su-Th: 8am-3pm. Serves men 18 and older. Provides a place for men to receive various services, including: meals, showers, laundry, and supports.

—**Mary's Place—Northshore Family Ctr.**206.621.8474

18118 73rd Ave NE, Kenmore
M-F: 9am-3pm. For families with children. Offers telephones and computers, lunch, and mailing addresses.

—**New Bethlehem Project**425.679.0350

11920 NE 80th St, Suite 100, Kirkland
M-Sa: 2-8pm; Su: 7am-8pm
A day center for homeless families; offers showers, laundry, a hot meal and access to computers and case management. Adults must be accompanied by a child.

—**Sophia Way Women's Day Center**.425.896.7385

St. Luke's Lutheran Ch, 3032 Bellevue Way NE, Bellevue
M-F: 8am-3pm. Lunch: M-F: 11:30. Daytime drop-in center (in the rear of the church) for low-income & homeless women and women with children. Offers snacks, showers, laundry facilities, computers, Internet & phones.

—**Friends of Youth**425.298.4846

Together Center, 16625 NE 87th St, Ste A-1, Redmond
M, Tu: 9am-3pm, W by appointment only, Th, F: 9am-1pm, Sa, Su: 11am-5pm.
Serves youth, ages 15-22, who are homeless or at risk of homeless. Provides resources, basic needs, a link to case managers and other wraparound services.