support

Teen Link 1.866.TEENLINK (833.6546)
A confidential help line for teens

WA Recovery Help Line 1.866.789.1511
24-hour help for substance use disorder, problem gambling, & mental health

WA Warm Line 1.877.500.WARM (500.9276)
Peer support for people living with emotional & mental health challenges

resources

King County 2-1-1 2-1-1 or 1.800.621.4636
Information & referrals to community resources

Community Living Connections 1.844.348.5464
Serves older adults, persons with disabilities, & their families

training

Community Training 206.461.3210

interested in volunteering? visit: crisisconnections.org