# who we are

our passion is caring & listening; empowering people to make positive life changes.

we do this through connections between people & critical resources.

volunteers & staff answer our phone & online chat services with the goal of connecting people in physical, emotional, & financial crisis to services that will be of help. we offer telephone interpretation in over 150 languages.



# want to get involved?

become a connector!



phone worker 24-Hour Crisis Line Teen Link WA Recovery Help Line WA Warm Line



companion mentor CC Cares



outreach volunteer Teen Link (ages 13-20)



youth suicide prevention education



Teen Link (ages 15+)



visit us online to learn more

crisisconnections.org

## business office

#### **Business Office**

206.461.3210

206.461.8368 fax Weekdays 9AM-5PM info@crisisconnections.org









Crisis Connections is a non-profit organization, state-licensed as an emergency telephone service and chemical dependency provider. We are accredited by CONTACT USA and the Alliance of Information & Referral Systems. Crisis Connections is an equal opportunity employer & service provider.

















#### support

24-Hour Crisis Line **1.866.4CRISIS**(427.4747) or 206.461.3222 or 7-1-1 WA Relay 24/7/365 crisisconnections.org

*Immediate help for people in crisis* 

Teen Link **1.866.TEENLINK**(833.6546)

or 206.461.4922 Evenings 6-10<sub>PM</sub> 866teenlink.org A confidential help line for teens

**WA Recovery Help Line** 1.866.789.1511

24/7/365

warecoveryhelpline.org Substance use disorder, problem gambling, & mental health

**WA Warm Line 1.877.500.WARM**(9276)

or 206.933.7001 Evenings 5-9<sub>PM</sub> Peer support for people living with emotional & mental health challenges

have you lost a loved one to suicide?

find support here

phone emotional support 24-hour crisis line

support groups

drop-in support group: 1st and 3rd monday of the month at 6:30pm six-week bereavement group

cc cares

care package companion mentor

#### resources

#### King County 2-1-1 2-1-1 or 1.800.621.4636

206.461.3610 Try or 7-1-1 WA Relay Weekdays 8AM-6PM 211kingcounty.org *Information & referrals to community* services

#### **Community Living Connections** 1.844.348.5464

206.962.8467 Weekdays 8AM-6PM Serves older adults, persons with disabilities, & their families

### **Community Resources Online**

211kingcounty.org

"You were wonderful and helped me so much. I still have a place to live, and I am so grateful. My situation has most definitely improved. I am so blessed." - Veteran Facing Eviction

# connect to community services

search

dial

email

chat

# training

#### **Community Training** 206.461.3210

Weekdays 9<sub>AM</sub>-5<sub>PM</sub> training@crisisconnections.org







#### community youth health training curricula

critical de-briefing

- Suicide Assessment, Intervention & Treatment (6 CEUs)\*
- Suicide Assessment, Screening & Referral (3 CEUs)\*
- ASIST | Applied Suicide Intervention Skills Training (13 CEUs)\*
- **Dealing with Difficult Behaviors**
- The Art of Referral & Accessing **Community Resources**
- Adult Mental Health First Aid
- Youth Mental Health First Aid
- \* This training has been approved for CEUs for Washington State Licensed Mental Health Counselors, Licensed Marriage & Family Therapists, and Licensed Social Workers. WMHCA Provider #1305.

