Food banks may serve specific geographic areas. Call ahead for eligibility requirements.

Adra P. Berry Food Bank .......... 425.222.5573
Raging River Community Ch., 31104 SE 86th St, Preston
Th: 3-4 pm. Visit in person. Call any day for information.

Fall City Food Pantry .......... 425.269.8098
Fall City UMC, 4326 337th Pl SE, Fall City
1st & 3rd W of month, Noon-1:30pm and 6:30-7:30pm.
Visit in person. Proof of address required.

Hoplalink — Bellevue .. 425.943.7555
14812 Main St, Bellevue
M, Tu: 10am-1pm; W, Th: 9:30am-3pm
Serves Bellevue, Mercer Island & Newcastle residents.

— Kirkland/Northshore .. 425.889.7880
11011 120th Ave NE, Kirkland
M, W, Tu: 10am-4pm; Th: 12-6:30pm. Call for more information.

— Redmond .. 425.869.6000
8990 154th Ave NE, Redmond
Emergency Food Bags: M, Tu: 1230pm-4:30pm; W, Th: 3:30-7:30pm
Serves Redmond & Sammamish areas.

— Shoreline .. 206.440.7300
17837 Aurora Ave N, Shoreline
M, W, Tu-Th: 10am-2pm. Serves residents of Shoreline & Lake Forest Park. ID & Proof of address required. Also serves homeless individuals in area.

— Sno-Valley .. 425.333.4163
31957 E. Commercial St, Carnation
M, W: 7-10pm. Tu-Th: 10am-1pm. Serves residents of Issaquah & Lake Forest Park. ID & Proof of address required. Also serves homeless individuals in area.

Issaquah Food and Clothing Bank .. 425.392.4123
179 1st Ave SE, Issaquah
M, W: 7-10pm. Tu-Th: 10am-1pm. Serves residents of the Issaquah School District.

Mercer Island Youth & Family Services ..
206.275.7611
2040 84th Ave SE, Mercer Island
M-Th: 10am-5pm. Contact program coordinator for eligibility/enrollment information. Call for appointment.

Renewal Food Bank .. 425.736.8132
Highland Covenant Church, 15022 Bel-Red Rd, Bellevue
M, W: 10am-1pm; Tu: 4-6:30pm. Visit in person. ID Requested.

Snoqualmie Valley Food Bank .. 425.888.7832
122 E 3rd St, North Bend
General Public: M, Tu: 9:30am-6:30pm; W: 9:30am-11:00am; Pet Food: 1st W of month. Resource Center, M, Tu: 9:30am-1:30pm; W, Th: 9:30am-6pm. ID & Proof of address required.

Woodinville Storehouse .. 425.483.5252
17110 140th Ave NE, Woodinville
Tu: 6:30-7:20pm; Th: 9:30-10:20am. Visit in person. ID req’d.

HOT MEALS

Attain Housing Suppers .. 425.576.9531
Holy Spirit Lutheran Ch, 10021 NE 124th St, Kirkland
M-Th: 4-6pm. Visit in person. Serves those in need.

Bothell Community Kitchen .. 425.486.7132
Bothell UMC, 18515 92nd Ave NE, Bothell
M-F: 5:30pm-6pm. Visit in person. Serves anyone in need.

Crossroads Meal Program .. 425.452.7300 x769
911 164th Ave NE, Bellevue
M-F: 11am-1pm. Serves Bellevue residents only. Call ahead to verify meal being served. ID required.

Issaquah Meals Program .. 425.679.0342
Issaquah Community Hall, 180 E Sunset Way, Issaquah
M-F: 11am-1pm. Visit in person. Serves anyone in need.

Open Kitchen Community Meal .. 425.883.7553
16540 NE 80th St, Redmond
W: 7-9pm. Provides a free hot meal for anyone in need. Call ahead to verify availability.

POPY’s Cafe .. 206.569.7011
Prince of Peace Lutheran Ch, 14514 20th Ave NE, Shoreline
W: 5-6:30pm. Visit in person. Serves anyone in need.

St. Brendan Catholic Church .. 425.483.9400
10100 NE 192nd St, Bothell
M-Th: 4-6pm. Emergency food bags M-F: 8:30am-4:30pm.

Sophia Way Women’s Day Center .. 425.896.7385
3032 Bellevue Way NE, Bellevue
Tu-Th: 9am-5pm. Visit in person. Serves women, with or w/o children.

Teen Feed .. 425.822.3088
YWCA Kirkland Teen Union, 348 Kirkland Ave, Kirkland
M-Th: 4-6pm. Visit in person. Serves Kirkland area youth, ages 13-22.

Vedic Cultural Center .. 206.979.8002
1420 228th Ave SE, Sammamish
Daily vegetarian meal, 7:30-9:00pm, for anyone in need.
**DENTAL CARE**

HealthPoint  
— Bothell .......................... 425.424.6350  
10414 Beardslee Blvd, Suite 201  
M-F: 7:30am-5pm; Drop in hours: M: 7:30am-5:30pm  
— Redmond ......................... 425.883.8000  
Together Center, 16345 NE 87th St, Suite C-2  
M-F: 8am-4pm; Drop in hours: F: 8am-4pm.

International Community Health Services  
— Bellevue .................................. 425.373.3000  
1050 140th Ave NE.  
M-Sa: 7:30am-6pm.  
— Shoreline ............................ 206.533.2600  
16549 Aurora Ave N.  
M-Sa: 7:30am-6pm.

Lake Washington Institute of Technology  
— Dental Clinic .................................. 425.739.8130  
11605 132nd Ave NE, East Bldg., Room E103, Kirkland  
M-Th: 8am-4:30pm; F: reduced hours, please call.

Mobile Dental Van ....................... 425.284.1950  
24hr voicemail. Free or low-cost dental for those without private insurance. Call for recorded list of site locations, then call site location to book appointment.

Public Health Dental Clinic ............... 206.477.8000  
Eastgate Health Center, 14350 SE Eastgate Way, Bellevue  
M, Tu, Th, F: 8am-5pm; W: hours vary by week. Serves children, parents of child patients & pregnant women.

Sea Mar Dental Clinic .................. 425.998.5980  
3801 150th Ave SE, Bellevue  
M-Sa: 8am-5pm. Drop-in accepted, but appointments preferred.

**MEDICAL CARE**

Evergreen Health  
— Kirkland .................................. 425.899.6700  
12333 NE 130th Ln, Suite 310, Kirkland  
M-F: 8am-5pm. Sa: 8am-Noon.

— Redmond .................................. 425.899.2273  
8980 161st Ave NE, Redmond  
M-Th: 7am-7pm; F: 7am-6pm; Sa: 8am-4pm.

— Sammamish ............................. 425.898.0305  
22850 NE 8th St, Suite 103, Sammamish  
M-Th: 7am-7pm, W, F: 7am-5pm, Sa: 8:30am-12:30pm.

— Woodinville ......................... 425.481.6363  
16916 140th Ave NE, Suite 101, Woodinville  
M-F: 8am-5pm. Sa: 9am-Noon.

HealthPoint  
— Bothell .................................. 425.486.0658  
10414 Beardslee Blvd, Suite 201  
M-W: 8am-8pm; Th, F: 8am-5pm; Sa: 10am-3pm.

— Redmond .................................. 425.882.1697  
Together Center, 16225 NE 87th St, Suite B-6  
M, Tu: 8am-8pm; W-F: 8am-5pm.

Overlake Medical Clinics  
— Bellevue Primary Care ................. 425.635.6350  
Washington Federal Bldg., 400 108th Ave NE, Suite 100  
M-F: 7am-6pm; Offers same-day appointments.

— Redmond Primary Care ................ 425.635.6430  
16315 NE 74th St, Redmond  
M-F: 7am-5pm.

Public Health - Eastgate .................. 206.477.8000  
14350 SE Eastgate Way, Bellevue  
M, Tu, Th, F: 8am-5pm; W: hours vary by week. Call for appointment.

RotaCare Free Health Care Clinic .. 425.828.4304  
Hopelink, 14812 Main St, Bellevue  
Sa: 9:30-11:30am. Free visit in person clinic for the uninsured.

Sea Mar-Bellevue Medical Clinic ... 425.460.7140  
3801 150th Ave SE, Bellevue  
M-Sa: 8am-5pm. Call for appointment or Visit in person.

Snoqualmie Ridge Medical Clinic .. 425.396.7682  
35020 SE Kinsey St, Snoqualmie  
M-F: 8am-6pm.; Sa: 9am-noon.

Snoqualmie Tribal Health Clinic ... 425.888.5511  
9575 Ethan Wade Way SE, North Bend  
M-F: 8:30am-4:30pm. Call or visit in person. Serves Snoqualmie Valley residents & Snoqualmie Tribal members.

Snoqualmie Valley Hospital Clinic ... 425.831.2333  
9801 Frontier Ave SE, Snoqualmie  
M, Tu, Th: 8am-4:30pm; F: 8am-noon. Call or Visit in person.

Swedish Primary Care .................. 425.394.0700  
751 NE Blakely Dr, Issaquah  
M-Th: 7am-7pm; F: 8am-5pm, Sa: 9am-1pm. Call for appointment.

Swedish Outpatient Clinic ............... 425.888.2016  
37624 SE Fury St., Suite 101, Snoqualmie  
M-F: 8am-6pm; Sa: 8am-12pm. Call for appointment.

VA Outpatient Clinic ................... 425.214.1055  
13033 Bel-Red Rd, Suite 210, Bellevue  
M-F: 8am-4:30pm. Call for appt. Serves Veterans enrolled in VA Puget Sound Health Care System.

**CLOTHING**

Hopelink-Sno-Valley .................. 425.333.4163  
31957 E. Commercial St, Carnation  
2nd and 4th W: 3-7pm; Every Th: 10am-2pm. Serves area residents who are food pantry clients.

Issaquah Food & Clothing Bank .... 425.392.4123  
179 1st Ave SE, Issaquah  
M, W: 5-7pm, Tu, Th: 10am-1pm. Visit in person. Serves area residents. Photo ID and proof of address required.

YWCA—Working Wardrobe ............... 425.556.1350  
Serves any job seekers who have a referral from participating East King County social services program. See service dates on referral voucher; typically open Tu, F, and 2nd Sa.

**DROP-IN CENTERS**

Mary's Place—Northshore Family Ct. 206.621.8474  
18118 73rd Ave NE, Kenmore  
M-F: 9am-3pm. For families with children. Offers telephones and computers, lunch, and mailing addresses.

New Bethlehem Project ............... 425.679.0350  
11920 NE 80th St, Suite 100, Kirkland  
M-Sa: 2:30pm; Su: 7am-8pm  
A day center for homeless families; offers showers, laundry, a hot meal and access to computers and case management. Adults must be accompanied by a child.

Sophia Way Women’s Day Center. 425.896.7385  
St. Luke’s Lutheran Ch, 3032 Bellevue Way NE, Bellevue  

Friends of Youth .......................... 425.298.4846  
Together Center, 16625 NE 87th St, Ste A-1, Redmond  
M,Tu: 9am-3pm, W by appointment only, Th, F: 9am-1pm, Sa, Su: 11am-5pm. Serves youth, ages 15-22, who are homeless or at risk of homelessness. Provides resources, basic needs, a link to case managers and other wraparound services.