Food banks may serve specific geographic areas. Call ahead for eligibility requirements.

Adra P. Berry Food Bank..............425.222.5573
Raging River Community Ch., 31104 SE 86th St, Preston
Th: 3-4 pm. Visit in person. Call any day for information.

Fall City Food Pantry...............425.269.8098
Fall City UMC, 4326 337th Pl SE, Fall City
1st & 3rd W of month, Noon-1:30pm and 6:30-7:30pm.
Visit in person. Proof of address required.

Hопelink
—Bellevue........................................425.943.7555
14812 Main St, Bellevue
M: 10am-1pm; 4:30pm-7:30pm; Tu: 2pm-7pm;
W, Th: 9:30am-3pm
Serves Bellevue, Mercer Island & Newcastle residents.

—Kirkland/Northshore .................425.889.7880
11011 120th Ave NE, Kirkland
M, W: 10am-4pm; Tu Th: 12:6-30pm; F, 1-4pm.
Call for more information.

—Redmond........................................425.869.6000
8990 154th Ave NE, Redmond
Emergency Food Bags: M Tu, 1230pm-4:30pm; W, 3:30-
7:30pm: Th, 10:30am-2:30pm. Serves Redmond &
Sammamish areas.

—Shoreline ......................................206.440.7300
17837 Aurora Ave N, Shoreline
M: 1-4pm, W: 1-7:30pm, Tu, Th: 10am-2pm. Serves
residents of Shoreline & Lake Forest Park. ID & Proof of
address required. Also serves homeless individuals in area.

—Sno-Valley ....................................425.333.4163
31957 E. Commercial St, Carnation
Th: 10am-2pm; 2nd & 4th W: 3-7pm. Visit in person.
Call to register. Serves Snoqualmie Valley residents.

Issaquah Food and Clothing Bank.....425.392.4123
179 1st Ave SE, Issaquah
M, W: 5-7pm; Tu-Th:10am-1pm. Serves residents of the
Issaquah School District.

Mercer Island Youth & Family Services........................................206.275.7611
2040 84th Ave SE, Mercer Island
M-Th: 10am-5pm. Contact program coordinator for eligibility/enrollment information. Call for appointment.

Renewal Food Bank...................425.736.8132
Highland Covenant Church, 15022 Bel-Red Rd, Bellevue
M, W: 10am-1pm; Tu: 4-6:30pm. Visit in person. ID Requested.

Snoqualmie Valley Food Bank......425.888.7832
122 E 3rd St, North Bend
General Public: W: 9:30am-6:30pm; Seniors M: 9:30-
11:00am; Pet Food: 1st W of month. Resource Center, M
Yu, 9:30am-1:30pm; W:9:30am6pm. ID & Proof of address
required.

Woodinville Storehouse ...............425.483.5252
17110 140th Ave NE, Woodinville
Tu: 6:30-7:20pm; Sa: 9:30-10:20am. Visit in person. ID req’d.

HOT MEALS

Attain Housing Suppers ..............425.576.9531
Holy Spirit Lutheran Ch, 10021 NE 124th St, Kirkland
Tu: 6-7pm. Visit in person. Serves anyone in need.

Bothell Community Kitchen.........425.486.7132
Bothell UMC, 18515 92nd Ave NE, Bothell
Su: 5pm-6pm. Visit in person. Serves anyone in need.

Crossroads Meal Program ....425.452.7300 x769
911 164th Ave NE, Bellevue
M-F: 6-7pm. Serves Bellevue residents only. Call ahead to verify meal being served. ID required

Issaquah Meals Program .............425.679.0342
Issaquah Community Hall, 180 E Sunset Way, Issaquah
M-F: 5:25-6pm. Visit in person; doors open at 5pm.

Open Kitchen Community Meal ....425.883.7553
16540 NE 80th St, Redmond
W: 5-7pm; Provides a free hot meal for anyone in need.
Vegetarian options always available.

POPY’S Cafe............................206.569.7011
Prince of Peace Luth Ch,14514 20th Ave NE, Shoreline
W: 5-6:30pm. Visit in person. Serves anyone in need.

St. Brendan Catholic Church ..........425.483.9400
10100 NE 192nd St, Bothell
Meal Th: 5-6pm. Emergency food bags M-F: 8:30am-4:30pm.

Sophia Way Women’s Day Center ....425.896.7385
3032 Bellevue Way NE, Bellevue
Lunch, Daily, 11:30am; Serves women, with or w/o children.

Teen Feed............................425.822.3088
YMCA Kirkland Teen Union, 348 Kirkland Ave, Kirkland

Vedic Cultural Center...............206.979.8002
1420 228th Ave SE, Sammamish
Daily vegetarian meal, 7:30-9:00pm, for anyone in need.
**DENTAL CARE**

**HealthPoint**
— Bothell ........................................... 425.424.6350
  10414 Beardslee Blvd, Suite 201
  M-F: 7:30am-5:30pm; Drop-in hours: W: 7:30am-5:30pm
— Redmond ........................................... 425.883.8000
  Together Center, 16345 NE 87th St, Suite C-2
  M-F: 7:30am-4pm; every other Sa, 8am-12pm.

**International Community Health Services**
— Bellevue .......................................... 425.373.3000
  1050 140th Ave NE.
  M-Sa: 7:30am-6pm.
— Shoreline ......................................... 206.533.2600
  16549 Aurora Ave N.
  M-Sa: 7:30am-6pm.

**Lake Washington Institute of Technology**
— Dental Clinic .................................... 425.739.8130
  11605 132nd Ave NE, East Bldg, Room E103, Kirkland
  M-Th: 8am-4:30pm; F: reduced hours, please call.

**Mobile Dental Van** ............................. 425.284.1950
  24hr voicemail. Free or low-cost dental for those without private insurance. Call for recorded list of site locations, then call site location to book appointment.

**Public Health Dental Clinic** .............. 206.477.8000
  Eastgate Health Center, 14350 SE Eastgate Way, Bellevue
  M, Tu, Th, F: 8am-5pm; W: hours vary by week. Serves children, parents of child patients & pregnant women.

**Sea Mar Dental Clinic** ....................... 425.998.5980
  3801 150th Ave SE, Bellevue
  M-Sa: 8am-5pm. Drop-in accepted, but appointments preferred.

**MEDICAL CARE**

**Evergreen Health**
— Kirkland .......................................... 425.899.6700
  12333 NE 130th Ln, Suite 310, Kirkland
  M-F: 8am-5pm. Sa: 8am-Noon.
— Redmond ........................................... 425.899.2273
  8980 161st Ave NE, Redmond
  M-Th: 7am-7pm; F: 7am-6pm; Sa: 8am-4pm.
— Sammamish ....................................... 425.898.0305
  22880 NE 8th St, Suite 103, Sammamish
  M-Th: 7am-7pm, T, W, F: 7am-5pm, Th: 8am-5pm; Sa: 8:30am-12:30pm.
— Woodinville ..................................... 425.481.6363
  16916 140th Ave NE, Suite 101, Woodinville
  M-F: 8am-5pm. Sa: 9am-Noon.

**HealthPoint**
— Bothell .......................................... 425.486.0658
  10414 Beardslee Blvd, Suite 201
  M-W: 8am-8pm; Th, F: 8am-5pm; Sa: 10am-3pm.
— Redmond .......................................... 425.882.1697
  Together Center, 16225 NE 87th St, Suite B-6
  M, Tu: 8am-8pm; W-F: 8am-5pm.

**Overlake Medical Clinics**
— Bellevue Primary Care ....................... 425.635.6350
  Washington Federal Bldg., 400 108th Ave NE, Suite 100
  M-F: 7am-6pm; Offers same-day appointments.
— Redmond Primary Care ....................... 425.635.6430
  16315 NE 74th St, Redmond
  M-F: 7am-5pm.

**Public Health - Eastgate** ................. 206.477.8000
  14350 SE Eastgate Way, Bellevue
  M, Tu, Th, F: 8am-5pm; W: hours vary by week. Call for appointment.

**RotaCare Free Health Care Clinic** ....... 425.828.4304
  Hopelink, 14812 Main St, Bellevue
  Sa: 9:30-11:30am. Free visit in person clinic for the uninsured.

**Sea Mar-Bellevue Medical Clinic** ....... 425.460.7140
  3801 150th Ave SE, Bellevue
  M-Sa: 8am-5pm. Call for appointment or Visit in person.

**Snoqualmie Ridge Medical Clinic** ....... 425.396.7682
  35020 SE Kinsey St, Snoqualmie
  M-F: 8am-6pm; Sa: 9am-Noon.

**Snoqualmie Tribal Health Clinic** ......... 425.888.5511
  9575 Ethan Wade Way SE, North Bend
  M-F: 8:30am-4:30pm. Call or visit in person. Serves Snoqualmie Valley residents & Snoqualmie Tribal members.

**Snoqualmie Valley Hospital Clinic** ....... 425.831.2333
  9801 Frontier Ave SE, Snoqualmie
  M, Tu, Th: 8am-4:30pm; F: 8am-Noon. Call or Visit in person.

**Swedish Primary Care** ...................... 425.394.0700
  751 NE Blakely Dr, Issaquah
  M-Th: 7am-7pm; F: 8am-5pm; Sa: 9am-1pm. Call for appointment.

**Swedish Outpatient Clinic** ............... 425.888.2016
  37624 SE Fury St., Suite 101, Snoqualmie
  M-F: 8am-6pm; Sa: 8am-12pm. Call for appointment.

**VA Outpatient Clinic** ...................... 425.214.1055
  13033 Bel-Red Rd, Suite 210, Bellevue
  M-F: 8am-4:30pm. Call for appt. Serves Veterans enrolled in VA Puget Sound Health Care System.

**CLOTHING**

**Hopelink-Sno-Valley** ....................... 425.333.4163
  31957 E Commercial St, Carnation
  2nd and 4th W, 2nd & 4th F, 10am-2pm. Serves area residents who are food pantry clients.

**Temporarily Closed**

**Issaquah Food & Clothing Bank** ........... 425.392.4123
  1791 1st NE, Issaquah
  M, W: 12pm-4pm; Th: 12pm-1pm. Visit in person. Serves area residents. Photo ID and proof of address required.

**YWCA—Working Wardrobe** ............... 425.556.1350
  Serves any job seeker who has a referral from a participating King County social services program. See service dates on referral voucher; typically open Tu, F, and 2nd Sa.

**DROP-IN CENTERS**

Mary’s Place—Northshore FamilyCtr. 206.621.8474
  18118 73rd Ave NE, Kenmore
  M-F: 9am-3pm. For families with children. Offers telephones and computers, lunch, and mailing addresses.

**New Bethlehem Project** ................. 425.679.0350
  11920 NE 80th St, Suite 100, Kirkland
  M-Sa: 2-8pm; Su: 7am-8pm
  A day center for homeless families; offers showers, laundry, a hot meal and access to computers and case management. Adults must be accompanied by a child.

**Sophia Way Women’s Day Center** ........ 425.896.7385
  St. Luke’s Lutheran Ch, 3032 Bellevue Way NE, Bellevue

**Friends of Youth** ............................ 425.298.4846
  Together Center, 16625 NE 87th St, Ste A-1, Redmond
  M Tu: 9am-3pm, W by appointment only, Th, F: 9am-1pm, Sa, Su: 11am-5pm.
  Serves youth, ages 15-22, who are homeless or at risk of homelessness. Provides resources, basic needs, a link to case managers and other wraparound services.