FOOD

Food banks may serve specific geographic areas. Call ahead for eligibility requirements.

Hopelink

M, 10am-1pm; 4:30pm-7:30pm. Tu: 2pm-7pm; W, Th: 9:30am-3pm Serves Bellevue, Mercer Island & Newcastle residents.

11011 120th Ave NE, Kirkland

M, W: 10am-4pm; Tu Th: 12-6:30pm; F, 1-4pm. Call for more information.

—Redmond......425.869.6000 8990 154th Ave NE, Redmond

Emergency Food Bags: M Tu, 1230pm-4:30pm; W, 3:30-7:30pm: Th, 10:30am-2:30pm. Serves Redmond & Sammamish areas.

M: 1-4pm, W: 1-7:30pm, Tu, Th: 10am-2pm. Serves residents of Shoreline & Lake Forest Park. ID & Proof of address required. Also serves homeless individuals in area.

Issaquah Food and Clothing Bank..... 425.392.4123

179 1st Ave SE, Issaquah

M, W: 5-7pm; Tu-Th:10am-1pm. Serves residents of the Issaquah School District.

Mercer Island Youth & Family Services

Snoqualmie Valley Food Bank 425.888.7832 122 E 3rd St, North Bend

General Public: W: 9:30am-6:30pm; Seniors M: 9:30-11:00am; Pet Food: 1st W of month. Resource Center, M Yu, 9;30am-1:30pm;W:9:30am-6pm. ID & Proof of address required.

Tu: 6:30-7:20pm; Sa: 9:30-10:20am. Visit in person. ID req'd.

HOT MEALS

- Bothell Community Kitchen 425.486.7132
- * Bothell UM**Tel95 507ad Ave Closted** Su: 5pm-6pm. Visit in person. Serves anyone in need.
 - Crossroads Meal Program 425.452.7300 x769 911 164th Ave NE, Bellevue

M-F: 6-7pm. Serves Bellevue residents only. Call ahead to verify meal being served. ID required

Issaquah Meals Program 425.679.0342

Issaquah Community Hall, 180 E Sunset Way, Issaquah M-F: 5:25-6pm. Visit in person; doors open at 5pm.

Open Kitchen Community Meal....425.883.7553 16540 NE 80th St, Redmond

W: 5-7pm; Provides a free hot meal for anyone in need. Vegetarian options always available.

- **St. Brendan Catholic Church 425.483.9400** 10100 NE 192nd St, Bothell

Meal Th: 5-6pm. Emergency food bags M-F: 8:30am-4:30pm.

- Sophia Way Women's Day Center425.896.7385 3032 Bellevue Way NE, Bellevue
- Lunch, Daily, 11:30am; Serves women, with or w/o children.

* Call Ahead

EAST & NORTH KING COUNTY

Emergency Services





August 2020

Brochures updated quarterly at www.crisisconnections.org

During the Covid –19 response, please call ahead to verify if these agencies have temporary modified their services and hours.



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DENTAL CARE

HealthPoint

—**Redmond**.....**425.883.8000** Together Center, 16345 NE 87th St, Suite C-2 *M-F: 7:30am-4pm; every other Sa*, 8am-12pm.

International Community Health Services

Lake Washington Institute of Technology

—Dental Clinic......425.739.8130 11605 132nd Ave NE, East Bldg, Room E103, Kirkland *M-Th: 8am-4:30pm; F: reduced hours, please call.*

Public Health Dental Clinic206.477.8000 Eastgate Health Center, 14350 SE Eastgate Way, Bellevue *M*, *Tu*, *Th*, *F: 8am-5pm; W: hours vary by week. Serves children, parents of child patients & pregnant women.*

MEDICAL CARE

Evergreen Health

—**Kirkland......425.899.6700** 12333 NE 130th Ln, Suite 310, Kirkland *M-F: 8am-5pm. Sa: 8am-Noon.*

—**Redmond......425.899.2273** 8980 161st Ave NE, Redmond *M-Th: 7am-7pm; F: 7am-6pm; Sa: 8am-4pm*.

HealthPoint

—**Bothell**......**425.486.0658** 10414 Beardslee Blvd, Suite 201 *M-W: 8am-8pm; Th, F: 8am-5pm; Sa: 10am-3pm*. —Redmond......425.882.1697

Together Center, 16225 NE 87th St, Suite B-6 *M, Tu: 8am-8pm; W-F: 8am-5pm*.

Overlake Medical Clinics

Public Health - Eastgate206.477.8000 14350 SE Eastgate Way, Bellevue *M*, *Tu*, *Th*, *F: 8am-5pm; W: hours vary by week. Call for appointment.*

RotaCare Free Health Care Clinic .. 425.828.4304 Hopelink, 14812 Main St, Bellevue Sa: 9:30-11:30am. Free visit in person clinic for the uninsured.

Sea Mar-Bellevue Medical Clinic ... 425.460.7140 3801 150th Ave SE, Bellevue

M-Sa: 8am-5pm. Call for appointment or Visit in person.

Snoqualmie Ridge Medical Clinic..425.396.7682 35020 SE Kinsey St, Snoqualmie *M-F: 8am-6pm.; Sa: 9am-noon.*

Snoqualmie Tribal Health Clinic ...425.888.5511 9575 Ethan Wade Way SE, North Bend *M-F: 8:30am-4:30pm. Call or visit in person. Serves Snoqualmie Valley residents & Snoqualmie Tribal members.*

Snoqualmie Valley Hospital Clinic.425.831.2333 9801 Frontier Ave SE, Snoqualmie *M*, *Tu*, *Th*: 8am-4:30pm; F: 8am-noon. Call or Visit in person.

Swedish Outpatient Clinic425.888.2016 37624 SE Fury St., Suite 101, Snoqualmie *M-F: 8am-6pm; Sa: 8am-12pm. Call for appointment.*

CLOTHING

2nd and Tth Wid Jorna Filty Cli Dere 20m. Serves area residents who are food pantry clients.

Issaquah Food & Clothing Bank 425.392.4123 179 1st Ave SE Issaquah M, W: 5-7pm, 40, pm: room pm: visit m person. Serves

area residents . Photo ID and proof of address required.

YWCA—Working Wardrobe425.556.1350 Serves any job seekers <u>who have a referral from a</u> <u>participating East King County social services program</u>. See service dates on referral voucher; typically open Tu, F, and 2nd Sa.

DROP-IN CENTERS

Mary's Place—Northshore Family Ctr. 206.621.8474

18118 73rd Ave NE, Kenmore

M-*F*: 9am-3pm. For families with children. Offers telephones and computers, lunch, and mailing addresses.

New Bethlehem Project425.679.0350

11920 NE 80th St, Suite 100, Kirkland

M-Sa: 2-8pm; Su: 7am-8pm

A day center for homeless families; offers showers, laundry, a hot meal and access to computers and case management. Adults must be accompanied by a child.

Sophia Way Women's Day Center.425.896.7385

St. Luke's Lutheran Ch, 3032 Bellevue Way NE, Bellevue M-F: 8am-3pm. Lunch: M-F: 11:30. Daytime drop-in center (in the rear of the church) for low-income & homeless women and women with children. Offers snacks, showers, laundry facilities, computers, Internet & phones.

M,Tu: 9am-3pm, W by appointment only, Th, F: 9am-1pm, Sa, Su: 11am-5pm.

Serves youth, ages 15-22, who are homeless or at risk of homeless. Provides resources, basic needs, a link to case managers and other wraparound services.

* Call Ahead

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