FOOD

Food banks may serve specific geographic areas. Call ahead for eligibility requirements.

Adra P. Berry Food Bank ..................425.222.5573
Raging River Community Ch., 31104 SE 86th St, Preston
Th: 3-4 pm. Visit in person. Call any day for information.

Fall City Food Pantry ....................425.269.8098
Fall City UMC, 4326 337th Pl SE, Fall City
1st & 3rd W of month, Noon-1:30pm and 6:30-7:30pm.
Visit in person. Proof of address required.

Hopleink
—Bellevue...............................425.943.7555
14812 Main St, Bellevue
M, 10am-1pm; 4:30pm-7:30pm; Tu: 2pm-7pm;
W, Th: 9:30am-3pm
Serves Bellevue, Mercer Island & Newcastle residents.

—Kirkland/Northshore ..................425.889.7880
11011 120th Ave NE, Kirkland
M, W: 10am-4pm; Tu Th: 12-6:30pm; F, 1-4pm.
Call for more information.

—Redmond...............................425.869.6000
8990 154th Ave NE, Redmond
Emergency Food Bags: M Tu, 1230pm-4:30pm; W, 3:30-
7:30pm; Th, 10:30am-2:30pm. Serves Redmond &
Sammamish areas.

—Shoreline ..............................206.440.7300
17837 Aurora Ave N, Shoreline
M: 1-4pm, W: 1-7:30pm, Tu, Th: 10am-2pm.
Serves residents of Shoreline & Lake Forest Park. ID & Proof of
address required. Also serves homeless individuals in area.

—Sno-Valley ..............................425.333.4163
31957 E. Commercial St, Carnation
Th: 10am-2pm; 2nd & 4th W: 3-7pm. Visit in person.
Call to register. Serves Snoqualmie Valley residents.

Issaquah Food and Clothing Bank .... 425.392.4123
179 1st Ave SE, Issaquah
M, W: 5-7pm; Tu-Th:10am-1pm. Serves residents of the
Issaquah School District.

Mercer Island Youth & Family Services .................206.275.7611
2040 84th Ave SE, Mercer Island
M-Th: 10am-5pm. Contact program coordinator for
eligibility/enrollment information. Call for appointment.

Renewal Food Bank ....................425.736.8132
Highland Covenant Church, 15022 Bel-Red Rd, Bellevue
M, W: 10am-1pm; Tu: 4-6:30pm. Visit in person. ID Requested.

Snoqualmie Valley Food Bank ..........425.888.7832
122 E 3rd St, North Bend
General Public: W: 9:30am-6:30pm; Seniors M: 9:30-
11:00am; Pet Food: 1st W of month. Resource Center, M
Yu, 9:30am-1:30pm; W:9:30am-6pm. ID & Proof of address
required.

Woodinville Storehouse ...............425.483.5252
17110 140th Ave NE, Woodinville
Tu: 6:30-7:20pm; Sa: 9:30-10:20am. Visit in person. ID req'd.

HOT MEALS

Attain Housing Suppers .................425.576.9531
Holy Spirit Lutheran Ch, 2010 NE 124th St, Kirkland
Tu: 6-7pm. Visit in person. Serves anyone in need.

Bothell Community Kitchen ..........425.486.7132
Bothell UM Ch Church, 607 1st St
Su: 5pm-6pm. Visit in person. Serves anyone in need.

Crossroads Meal Program ...............425.452.7300 x769
911 164th Ave NE, Bellevue
M-F: 6:7pm. Serves Bellevue residents only. Call ahead to
verify meal being served. ID required

Issaquah Meals Program .......... 425.679.0342
Issaquah Community Hall, 180 E Sunset Way, Issaquah
M-F: 5:25-6pm. Visit in person; doors open at 5pm.

Open Kitchen Community Meal .........425.883.7553
16540 NE 80th St, Redmond
W: 5-7pm; Provides a free hot meal for anyone in need.
Vegetarian options always available.

POPY'S Cafe ................................206.569.7011
Prince of Peace Lutheran Church, 34514 20th Ave NE, Shoreline
W: 5:30-7pm. Visit in person. Serves anyone in need.

St. Brendan Catholic Church ...........425.483.9400
10100 NE 192nd St, Bothell
Meal Th: 5:6pm. Emergency food bags M-F: 8:30am-4:30pm.

Sophia Way Women's Day Center .... 425.896.7385
3032 Bellevue Way NE, Bellevue
Lunch, Daily, 11:30am; Serves women, with or w/o children.

Vedic Cultural Center ............ 206.979.8002
1420 228th Ave SE, Sammamish
Daily vegetarian meal, 7:30-9:00pm, for anyone in need.

Call Ahead
DENTAL CARE

HealthPoint
—Bothell……………………425.424.6350
10414 Beardslee Blvd, Suite 201
M-F: 7:30am-5:30pm; Drop in hours: W: 7:30am-5:30pm
—Redmond……………………425.883.8000
Together Center, 16345 NE 87th St, Suite C-2
M-F: 7:30am-4pm; every other Sa; 8am-12pm.

International Community Health Services
—Bellevue……………………425.373.3000
1050 140th Ave NE.
M-Sa: 7:30am-6pm.
—Shoreline……………………206.533.2600
16549 Aurora Ave N.
M-Sa: 7:30am-6pm.

Lake Washington Institute of Technology
—Dental Clinic …………………425.739.8130
11605 132nd Ave NE, East Bldg, Room E103, Kirkland
M-Th: 8am-4:30pm; F: reduced hours, please call.

Mobile Dental Van ……………..425.284.1950
24hr voicemail. Free or low-cost dental for those without
private insurance. Call for recorded list of site locations,
then call site location to book appointment.

Public Health Dental Clinic ………420.777.8000
Eastgate Health Center, 14350 SE Eastgate Way, Bellevue
M, Tu, Th, F: 8:30am-5pm; W: hours vary by week. Serves
children, parents of child patients & pregnant women.

Sea Mar Dental Clinic …………….425.998.5980
3801 150th Ave SE, Bellevue
M-Sa: 8am-5pm. Drop-in accepted, but appointments preferred.

MEDICAL CARE

Evergreen Health
—Kirkland………………………425.899.6700
12335 NE 130th Ln, Suite 310, Kirkland
M-F: 8am-5pm. Sa: 8am-noon.
—Redmond…………………425.899.2273
8980 161st Ave NE, Redmond
M-Th: 7am-7pm; F: 7am-6pm; Sa: 8am-4pm.
—Sammamish ……………………425.898.0305
22850 NE 8th St, Suite 103, Sammamish
M-Th: 7am-7pm, T, W, F: 7am-5pm, Th 8am-5pm; Sa 8:30am-12:30pm.
—Woodinville ……………………425.481.6363
16916 140th Ave NE, Suite 101, Woodinville
M-F: 8am-5pm. Sa: 9am-noon.

HealthPoint
—Bothell………………………..425.486.0658
10414 Beardslee Blvd, Suite 201
M-W: 8am-8pm; Th, F: 8am-5pm; Sa: 10am-3pm.

—Redmond……………………425.882.1697
Together Center, 16225 NE 87th St, Suite B-6
M, Tu: 8am-8pm; W-F: 8am-5pm.

Overlake Medical Clinics
—Bellevue Primary Care ……….425.635.6350
Washington Federal Bldg., 400 108th Ave NE, Suite 100
M-F: 7am-6pm; Offers same-day appointments.
—Redmond Primary Care ……….425.635.6430
16315 NE 74th St, Redmond
M-F: 7am-5pm.

Public Health – Eastgate …………206.477.8000
14350 SE Eastgate Way, Bellevue
M, Tu, Th, F: 8am-5pm; W: hours vary by week. Call for
appointment.

RotaCare Free Health Care Clinic …425.828.4304
Hopelink, 14812 Main St, Bellevue
Sa: 9:30-11:30am. Free visit in person clinic for the uninsured.

Sea Mar-Bellevue Medical Clinic …425.460.7140
3801 150th Ave SE, Bellevue
M-Sa: 8am-5pm. Call for appointment or Visit in person.

Snoqualmie Ridge Medical Clinic …425.396.7682
35205 SE Kinsey St, Snoqualmie
M-F: 8am-6pm; Sa: 9am-noon.

Snoqualmie Tribal Health Clinic …425.888.5511
9575 Ethan Wade Way SE, North Bend
M-F: 8:30am-4:30pm. Call or visit in person. Serves
Snoqualmie Valley residents & Snoqualmie Tribal members.

Snoqualmie Valley Hospital Clinic …425.831.2333
9801 Frontier Ave SE, Snoqualmie
M, Tu, Th: 8am-4:30pm; F: 8am-noon. Call or Visit in person.

Swedish Primary Care ……………425.394.0700
751 NE Blakely Dr, Issaquah
M-Th: 7am-7pm, F: 8am-5pm, Sa: 9am-1pm. Call for
appointment.

Swedish Outpatient Clinic …………425.888.2016
37624 SE Fury St., Suite 101, Snoqualmie
M-F: 8am-6pm; Sa: 8am-12pm. Call for appointment.

VA Outpatient Clinic ……………..421.214.1055
13033 Bel-Red Rd, Suite 210, Bellevue
M-F: 8am-4:30pm. Call for appt. Serves veterans enrolled
in VA Puget Sound Health Care System.

CLOTHING

Hopelink-Sno-Valley ………………425.333.4163
31957 E Commercial St, Carnation
2nd and 4th M 2:30pm, F 11am-2pm. Serves area
residents who are food pantry clients.

Issaquah Food & Clothing Bank …425.392.4123
179 1st Ave SE, Issaquah
M, W: 5-7pm, Th: 10am-12pm; volunteers work. Visit in person. Serves
area residents. Photo ID and proof of address required.

YWCA—Working Wardrobe ………..425.556.1350
Serves any job seeker who has a referral from a participating
East King County social services program. See
service dates on referral voucher; typically open Tu, F, and 2nd Sa.

DROP-IN CENTERS

Friends of Youth ………………….425.298.4848
Together Center, 16625 NE 87th St, Ste A-1, Redmond
M-Tu: 9am-3pm, Th, F by appointment only, Th: 9am-1pm, Sa: 11am-5pm.
Serves youth, ages 15-22, who are homeless or at risk of homelessness. Provides
resources, basic needs, a link to case managers and other wraparound services.

Mary’s Place—Northshore Family Ctr.206.621.8474
18118 73rd Ave NE, Kenmore
M-F: 9am-3pm. For families with children. Offers
telephones and computers, lunch, and mailing addresses.

New Bethlehem Project ………….425.679.0350
11920 NE 80th St, Suite 100, Kirkland
M-Sa: 2:8pm; Su: 7am-8pm.
A day center for homeless families; offers showers, laundry, a hot meal and access to computers and case
management. Adults must be accompanied by a child.

SVSS Day Center …………………..425.773.2874
38625 Southeast River St, Snoqualmie
Daily, 8am-6pm.
Provides a safe, friendly space to rest, shower, share a
meal and connect with resources.

Sophia Way Women’s Day Center.425.896.7385
St. Luke’s Lutheran Ch, 3032 Bellevue Way NE, Bellevue
M-F: 8am-3pm. Lunch: M-F: 11:30. Daytime drop-in center
(in the rear of the church) for low-income & homeless
women and women with children. Offers snacks, showers,
laundry facilities, computers, Internet & phones.

Call Ahead