During the Covid-19 response, please call ahead to verify if these agencies have temporary modified their services and hours.

**Call Ahead**

**MEDICAL**

Country Doctor Community Health Centers  
**After-Hours Clinic**  
Visit in Person only  
Swedish Cherry Hill, 550 16th Ave  
M-F: 6-9:30pm; Sa Su; noon-9:30pm. After-hours care for acute conditions with a sliding fee scale based on income.

Carolyn Downs Center  
**206.299.1900**  
2101 E Yesler Way, Suite 150  
M, Tu, Th, F: 9am-5pm; W: 9am-8pm. Call for appointment. Serves adults & children.

Community Clinic  
**206.299.1600**  
500 19th Ave E  
M, Th, F: 9am-5pm; Tu W: 9am-8pm; Call for appointment.

Harborview Medical Center  
**206.520.5000**  
Adult Medicine Clinic  
325 9th Ave, 3rd Floor, West Clinic.  
M-F: 8:30am-5pm  
Consulting Nurse Line  
**206.744.2500**  
Telephone only: Available 24hrs

International Medicine Clinic  
**206.520.5000**  
325 9th Ave, Ground Floor, West Clinic  
M-W: F: 8am-4:30pm; Th: 8am-8pm.  
Health care for refugees & immigrants, age 16+, who have been in U.S. less than 12 mos. Interpreters available.

Pioneer Square Medical Clinic  
**206.744.1500**  
206 3rd Ave S  
M, Tu, Th, F: 7am-5pm; W: 8am-5pm. Established patients call for appt. New patients walk-in when clinic opens.

Third Avenue Center  
**206.521.1231**  
2028 3rd Ave  
M-F: 8am-4pm. Visit in person only. First appt. at 8:30am.

International Community Health Services  
**206.788.3500**  
3815 S Othello St  
M Tu Th-Sa: 7:30am-6pm; W: 8:30am-7pm.

International District Clinic  
**206.788.3700**  
720 8th Ave S  
M, Tu, Th, F: 7:30am-6pm; W:Th, 7:30am-7pm; Sa: 8:30am-5pm.

Neighborhood Health  
**45th Street Clinic**  
**206.633.3350**  
1629 N 45th St  
M, Th, F, 8am-5:30pm; W: 9am-5:30pm; Tu, 8am-7pm; Sa: 9am-3pm; W hours vary.  
**Homeless Youth Clinic**  
W, Th: 6-9pm, for youth ages 12-26.

Ballard Homeless Medical Clinic  
**206.782.5939**  
Nyer Urrness House, 1753 NW 56th St, Ste 200  
M, Tu, Th, F: 9am-4:30pm; W: 10am-4:30pm. Serves homeless people in Ballard and primarily homeless, low-income people.

Columbia City Clinic  
**206.461.6957**  
4400 37th Ave S  
M, Th: 7:45am-7:30pm; Tu, 7:45am-6pm; W: 9am-6pm; F: 7:45am-5pm;  
Sa: 8am-4pm

High Point Clinic  
**206.461.6950**  
6020 35th Ave SW  
M, W, Th; 7:30am-7:30pm; Tu, F; 7:30am-5:30pm; Sa: 9am-12:30pm. Opens at 9:30am. 1st & 3rd W.

Lake City Clinic  
**206.417.0326**  
12721 30th Ave NE, Suite 101  
M: 8am-7pm; Tu: 8am-5pm; W: 9am-5pm; Th, F: 8am-5pm.

Meridian Clinic  
**206.296.4990**  
10521 Meridian Ave N, Suite A  
M Tu F, 8am-5:30pm; Th, 8am-6:30pm; Sa, 8am-4pm; W hours vary.

Pike Market Clinic  
**206.728.4143**  
1930 Post Alley  
M, Tu, Th: 8am-5pm; W: 9:30am-5pm; F: 8am-4pm.  
Only serves adults.

Rainier Beach Clinic  
**206.722.8444**  
9245 Rainier Ave S  
M-Th: 7:30am-7:30pm; F: 7:30am-5:30pm; Sa: 10am-1:30pm. Opens at 9am 1st & 3rd W.

St. Vincent de Paul Aurora Clinic  
**206.548.7600**  
13555 Aurora Ave N  
M W F, 11am-4:30pm. Call for an appointment.

Public Health  
**Downtown Health Center**  
**206.477.8222**  
2124 4th Ave  
M-F: 8am-5pm.

Lahtis Health—Haller Lake  
**206.363.4105 x230**  
2152 N 122nd St  
M: 8-8pm; W: 5-9pm; F: 9-1pm; Call for appointment. $10 donation requested. No one turned away if unable to pay.

RotaCare Free Clinic  
**Visit in Person**  
North Helpline, 12736 33rd Ave NE  
Sa: 10am-1pm. Free basic healthcare for acute needs.  
Visit in person only. Answers calls only on Saturdays.

Seattle Indian Health Board  
**206.324.9360**  
611 12th Ave S, Suite 200  
M-F: 8:30am-6pm; Sa: 9am-2pm. Open to anyone.  
Primarily serves American Indians & Alaska Natives.

Sea Mar Community Health Centers  
**Seattle Clinic**  
**206.762.3730**  
8720 14th Ave S  
M-Sa: 8am-5pm. Appointments preferred, Walk-ins okay.  
Pre-natal women seen at anytime.

White Center Clinic  
**206.965.1000**  
9650 1st Ave SW, Suite 100  
M-Sa: 8am-5pm. Appointments preferred, Walk-ins okay.
DENTAL REFERRAL

DENTISTLINK........................................844.888.5465
www.dentistlink.org
Call M Tu Th F, 9am-5pm; W, 10am-5pm.

DENTAL

International Community Health Services
Holly Park Clinic ....................... 206.788.3502
3815 S Othello St
M, Tu, Th-Fri: 7:30am-6pm; W, 8:30am-7pm.
International District Clinic ...... 206.788.3757
720 8th Ave S
M: 7:30am-6pm. Call for appointment.

Neighborhood Health
Sites may focus on serving children under 18 and their parents unless otherwise noted.

45th Street Clinic ................. 206.548.2964
1629 N 45th St
M Tu Th F, 8am-5:30pm; Tu, 8am-7pm; Sa, 9am-5pm. W Hours vary.
Central Area Clinic ............... 206.461.7801
2101 E Yesler Way, 2nd Floor
M-F: 7:15am-6pm.
Georgetown Clinic ............... 206.461.6943
6200 13th Ave S
M-F: 7:15am-6pm.

High Point Clinic ............... 206.461.6966
6020 35th Ave SW
M-F: 7am-5:30pm, Sa: 9am-1pm. Closed for lunch 11:45am-12:30pm.
Rainier Beach Clinic .............. 206.461.6981
9245 Rainier Ave S
M-F: 6:45am-5:30pm. Closed from: 8-9:30am 1st & 3rd W.

Pacific Tower Clinic .............. 206.548.5850
1200 12th Ave S, Suite 401
M-F: 7am-6pm. Serves adult established patients of other Neighborhood clinics and adults needing urgent care.

Odessa Brown Children's Clinic....... 206.987.7210
2101 E Yesler Way, Suite 100
M-Th: 8am-5pm. F: 8am-1pm. General dental care for children ages 1-16.

Pima Community Dental Clinic ..... 206.529.6677
9709 3rd Ave NE
Hours vary by term, usually M-Th: 8am-5pm & F: 8am-3pm.
Dental care at student teaching clinic.

Public Health Centers
Columbia City Dental Clinic ....... 206.535.2497
4400 37th Ave S
M-F: 8:30am-5:30pm. Serves children ages 1-18 and pregnant women.

Downtown Clinic ...................... 206.477.8300
2124 4th Ave
M-F: 8am-5pm. Serves only people experiencing homelessness, ages 13+.

North Seattle Clinic ............. 206.205.8580
12359 Lake City Way NE
M-F: 8am-5pm. Serves youth ages 1-18 and pregnant women.

Sea Mar Community Health
South Park Dental Clinic .......... 206.762.3263
8915 14th Ave S
M-Sa: 8am-5pm. Emergency & routine dental services for adults & children.

Sea Mar—White Center Clinic .... 206.965.1005
9650 15th Ave SW Suite 100, Seattle
M-Sa: 8am-5pm. Emergency and routine dental for all

Seattle Indian Health Board ....... 206.324.9360
611 12th Ave S
M-F: 8:30am-6pm Call for appointment. Serves American Indian and Alaska Native communities.

uw—School of Dentistry
Center for Pediatric Dentistry .. 206.543.5800
6222 NE 47th St
M-F: 8am-5pm. Dental care for children, ages birth to 18, and those with special needs up to age 20.

Dental Student Clinic ............. 206.616.6996
1959 NE Pacific St, Room B-307
M-F: 8am-5pm. Dental services provided by students supervised by experienced, licensed dentists.

Urgent Care Clinic ................. 206.543.5850
1959 NE Pacific St, Room B-307
M-F: 8am-4:30pm. Closed for lunch, noon-1:30pm.

Mobile Dental Van ................. 425.284.1950
Recorded message. Free or low cost dental care for those without insurance.

International Community Health Services - Int'l Dist. Vision Clinic .......... 206.788.3505
720 8th Ave S, Seattle
M-F: 8am-5pm

*MOBILE DENTAL

Operates a vision clinic for adults and children. Provides complete eye exams and an optical shop.

Millionair Club Charity .............. 206.728.5627

*EYE CARE

2515 Western Ave
Call to schedule appointment or drop-in: Th: 7:45am. Free eye exams and glasses for those with no Medicaid or other insurance coverage. Closed July & August.

OneSight........................................888.935.4589
M-F: 8am-5pm Eastern Time
Administers a program to provide free glasses to people in need. Must have a letter verifying financial and eyewear need from a local non-profit and current prescription.

YWCA of Seattle/King County -
Health Access Department ........ 206.461.4420
1118 5th Ave
9am-5pm. Voicemail only. Provides vouchers for free eye exams and glasses to anyone who is homeless in the city of Seattle.

Capitol Hill Needle Exchange ...... 206.263.2000
1161 11th Ave, Robert Clewis Center 2
M-Sa: 6:30-8:30pm. Provides new sterile syringes in exchange for used ones. Distributes clean injection supplies and sexual safety items. Provides harm reduction education and vein care consultation.

People's Harm Reduction Alliance. Visit in Person
1415 NE 43rd St and University Way NE,
Table located in alley behind Post Office. Visit in person.
Su: 1-5pm; M, Tu, Th: 5-7pm; F: 1-5pm. Provides new sterile syringes in exchange for used ones. Distributes clean injection supplies and sexual safety items. Provides harm reduction education and vein care consultation.

Health and Dental Insurance Referrals ........................................800.756.5437
401 5th Ave
Call M-F: 8am -5pm. Provides information and referral to health care providers for low-income adults and children living in King County. Includes for-profit medical and dental clinics that accept Medicaid.

Washington Apple Health provides medical benefits for persons below 138% of the Federal Poverty Level not eligible for Medicare. Call the WA Health Plan Finder at 855.923.4633 or visit www.wahealthplanfinder.org to sign up. Programs listed in this brochure bill Apple Health unless otherwise indicated.

*Call Ahead