During the Covid-19 response, please call ahead to verify if these agencies have temporary modified their services and hours.

Transform Burien Outreach Center ..... 206.839.6620
14501 4th Ave SW, Burien
W: Noon-2pm; Tue: 3-5pm. Serves anyone. ID required.

HOT MEALS

Auburn Food Bank.......................253-833-8925
100 N St SE Auburn
M, 4:30-5:15pm:
3:30-4:15pm on holidays

Community Caregiving Network ..... 253.661.0505
—Calvary Church
2415 S 320th St, Federal Way
Th: 5-6pm.
—Christian Faith Center
33645 20th Ave S, Federal Way
M: 5:30-6:30pm.
—Church of the Good Shepherd
345 S 312th St, Federal Way
Sa: 1:30-2:30pm.
Kent Community Supper ...............253.852.2057
Kent Lutheran Church, 336 2nd Ave S, Kent
M: 5-6 pm. Serves anyone in need.

Maple Valley Ministers Association
—Hobart Baptist Church ...............425.432.4110
27524 SE 200th St, Maple Valley
M: 5-7pm.
—Grace Road Church
25610 Lawson St, Black Diamond
W: 5-7pm.
—Church of the Good Shepherd
345 S 312th St, Federal Way
F: 5:30–6:30 pm.

Neighbor to Neighbor ................. 253.852.3883
Kent Seventh Day Adventist Ch, 25213 116th Ave SE, Kent
W & Sa: 4:30-5pm. Serves anyone in need.

Pacific/Algonia Community Center .... 253.929.1150
100 3rd Ave SE, Pacific
Stone Soup free lunch: M: 11am-1pm, open to all ages

Renton Community Supper
—Salvation Army ......................425.255.5974
720 S Tobin St., Renton
M-Th: 5:30-6:30pm; Serves anyone in need.
REACH, Old Chamber of Commerce
Visit in Person Only
300 Rainier Ave N, Renton
F-Su: 5:30-6:30pm

Tukwila Pantry Thursday Table ... 206.431.8293
Riverton Way, Tukwila
Tukwila
Th: 5:30-6:30pm, enter through front door
FOOD BANKS

Food banks may serve specific geographic areas. Call ahead for eligibility requirements.

Auburn Food Bank..........................253.833.8925
930 18th Pl NE, Auburn
M, Tu, Th, F: 9am-1pm; 2nd W of the month: 4:30-6:15pm.
Serves Auburn School District residents. ID & proof of address required.

Black Diamond Community Center...360.886.1011
31605 3rd Ave, Black Diamond
M-Th: 9am-4pm. Serves Black Diamond, Covington,
Cumberland, Enumclaw, Hobart, Maple Valley, Palmer,
Ravensdale, Selleck, and Kent (98042 only)

Des Moines Area Food Bank.............206.878.2660
United Methodist Church, 22225 9th Ave S, Des Moines
M, W, F: 9-11:45am; 3rd Tu of month: 6-8pm.
Serves residents of Des Moines and parts of SeaTac & Kent.

Enumclaw Kiwanis Food Bank.............360.825.6188
1350 Cole St, Enumclaw

Highline Area Food Bank...............206.433.9900
Manhattan Community Center, 18300 4th St SE, Burien
Tu: noon-2:30pm; Th: 10am-12:30pm; 2nd Tu of month:
5:30-7pm. Serves residents of the Highline area.

Kent Food Bank..........................253.520.3550
515 S Harrison St Ste. 107, Kent
Serves Kent School District residents.

—Kent Alliance Center
Tu, W, F: 10am-1pm. Seniors 55+, Th: 10-11am

—Birch Creek Annex
Birch Creek Apartments, 12961 SE 275th St, Kent
M: 10am-1pm.

Maple Valley Food Bank...............425.432.8633
21415 Renton Maple Valley Rd, Maple Valley
Tu: 10:30am-7:30pm, Th: 10:30pm-1pm
Emergency Food Bags, M: 8am-4pm; Tu-Th:4pm,

Margie Williams Helping Hands.......425.255.1446
MLK Mem. Baptist Church, 4519 NE 10th St, Renton
Sa: 8-11am. No geographic restrictions.

Muckleshoot Family Res. Center.....360.876.3336
39015 172nd Ave SE, Auburn
M-F: 10am-4pm. Muckleshoot Tribal members only.

Multi-Service Center—Federal Way..253.838.6810
1200 S 336th St, Federal Way
M, W: F:10am-2pm; People w/ disabilities M, W, F: 9:30-10am;

Plateau Outreach Ministries..........360.825.8961
1806 Cole St, Enumclaw
W: 9am-noon. Emergency Food, M-Sa: 10am-4pm

Salvation Army—Renton...............425.255.5969
206 S Tobin St, Renton
M, Tu, Th, F: 9noon-1pm. Visit site for more info.

St. Luke’s Operation Blessing...Visit in person only
515 S 312th St, Federal Way
Tu: 9am-10am. At least 30 minutes early recommended.

St. Stephen the Martyr.................253.631.1940
13055 SE 192nd St, Renton
M, F: 10-11:45am; W: 4-5:45pm. Call for service area.

St. Thomas Catholic Church.........206.242.5501
4415 S 140th St, Tukwila
W: 12:30-1:30pm. Serves Tukwila, Riverton Heights & part of
SeaTac. Requires 2 pieces of current address verification.

Tukwila Pantry..........................206.431.8293
Riverton Park UMC, 3118 S 140th St, Tukwila
Tu, Th, Sa: 12:30-2:30pm. Serves Tukwila, SeaTac, Burien, &
Boulevard Park. First time clients MUST register on Tu or Th.

MEDICAL CARE

Christ Community Free Clinic........253.736.2634
1 A St NW, Auburn
Visit in person, Tu: 5:30pm; 1st & 3rd Sa: 8:30am:

Health Point
Low cost medical & discount pharmacy services.

— Auburn..............................253.735.0166
126 Auburn Ave, Suite 300, Auburn
M-W: 8am-8pm; Th: 8am-5pm; Sa, 10am-3pm.

— Federal Way........................253.874.7634
33431 13th Pl S, Federal Way
M-W: 8am-5pm; Tu, 8am-7pm.

— Kent...................................253.852.2866
403 E Meeker St, Suite 200, Kent
M-W: 8am-8pm; Th: 8am-5pm.

— Renton...............................425.226.5536
200 S 2nd St, Renton
M, Tu: 8am-7pm; W-F: 8am-5pm.

— SeaTac..................................206.277.7200
4040 S 188th St, Suite 201, SeaTac
M, Tu: 8am-7pm; W-F: 8am-5pm.

— Tukwila...............................206.439.3289
Highline Medical, 13030 Military Rd S, Tukwila
M-W: 8am-8pm; Th: 8am-5pm; Sa: 10am-3pm.

New Hope Health Center.............206.453.1868
Fellowship Bible Church, 11200 Military Rd, Tukwila
Sa: 8:30-10am. Call to confirm schedule.

Public Health–Adult Primary Care....206.257.6870
Navos–Lake Burien, 1210 SW 136th St, Burien
M-F: 8:30am-5:30pm. Serves any adults. Not necessary to be a
Navos client.

Renton Salvation Army RotaCare......Visit in Person
720 S Tobin St, Renton
1st & 3rd Sa: 9-11am. Free medical care for urgent needs.

Sea Mar Community Health
— Burien Medical Clinic...............206.812.6140
14434 Ambaum Blvd SW, Suite 5, Burien
M-Sa: 8am-5pm.

— Des Moines Medical Clinic........206.212.4500
2781 S 242nd St, Des Moines
M-F: 8am-5pm.

— Federal Way Medical Clinic........253.681.6600
3140 S 18th Ave S, Federal Way
M-F: 8am-5pm.

— Kent Medical Clinic...............206.436.6380
233 2nd Ave S, Kent
M-F: 8am-5pm. Every other W: Open till 8pm.

DENTAL CARE

Christ Community Free Clinic........253.736.2634
1 A St NW, Auburn
Visit in person. Clinic dates vary. Call to verify. Provides urgent dental care.

Health Point

— Auburn..............................253.735.0166
126 Auburn Ave, Suite 100, Auburn
M-F: 7:15am-5:30pm; Sa 8:15am-12:15pm.

— Federal Way........................253.874.7646
33431 13th Pl S, Federal Way
M-F: 7:45am-4pm. Drop-in: Th: 7:45-4pm.

— Kent...................................253.796.4071
403 E Meeker St, Suite 100, Kent
M-F: 7:30am-5:30pm; Sa: 8am-noon. Drop-in: M: 7:30am-
5:30pm.

— Midway..............................206.870.3600
26401 Pacific Highway S, Suite 201, Des Moines
M-F: 7:30am-5:30pm; Sa: 8:30am-12:30pm.

Sea Mar Community Health
— Burien..............................206.631.7316
18010 8th Ave S, Suite 416, Burien
M-F: 8am-5pm.

— Des Moines..........................206.212.4520
2781 S 242nd St, Des Moines
M-F: 8am-5pm.

— Federal..............................253.681.6620
3140 S 18th Ave S, Federal Way
M-F: 8am-5pm.

Call Ahead