### Emergency Services

**Brochures updated monthly at**

www.crisisconnections.org

#### Food

Food banks may serve specific geographic areas. Call ahead for eligibility requirements.

**Adra P. Berry Food Bank** .......... 425.222.5573
Raging River Community Ch., 31104 SE 86th St, Preston
Th: 1-4 pm. Visit in person. Call any day for information.

**Fall City Food Pantry** ................. 425.269.8098
Fall City UMC, 4326 337th Pl SE, Fall City
1st & 3rd W of month, Noon-1:30pm and 6:30-7:30pm. Visit in person. Proof of address required.

- **Hopelink**
  - **Bellevue**.............................. 425.943.7555
    14812 Main St, Bellevue
    M, 10am-1pm; 4:30pm-7:30pm. Tu: 2pm-7pm;
    W, Th: 9:30am-3pm
    Serves Bellevue, Mercer Island & Newcastle residents.
  - **Kirkland/Northshore** .............. 425.889.7880
    11011 120th Ave NE, Kirkland
    M, W: 10am-4pm; Tu Th: 12-6:30pm; F, 1-4pm.
    Call for more information.
  - **Redmond**............................ 425.869.6000
    8990 154th Ave NE, Redmond
    Emergency Food Bags: M Tu, 12:30pm-4:30pm; W, 3:30-7:30pm: Th, 10:30am-2:30pm. Serves Redmond & Sammamish areas.
  - **Shoreline**............................. 206.440.7300
    17837 Aurora Ave N, Shoreline
    M: 1-4pm, W: 1-7:30pm, Tu, Th: 10am-2pm. Serves residents of Shoreline & Lake Forest Park. ID & Proof of address required. Also serves homeless individuals in area.
  - **Sno-Valley**............................ 425.333.4163
    31957 E. Commercial St, Carnation
    Th: 10am-2pm.; 2nd & 4th W: 3-7pm. Visit in person. Call to register. Serves Snoqualmie Valley residents.
  - **Mercer Island Youth & Family Services** .... 206.275.7611
    2040 84th Ave SE, Mercer Island
    M-Th: 10am-3pm. Contact program coordinator for eligibility/enrollment information. Call for appointment.
  - **Renewal Food Bank** .............. 425.736.8132
    Highland Covenant Church, 15022 Bel-Red Rd, Bellevue
    M, W: 10am-1pm; Tu: 4-6:30pm. Visit in person. ID Requested.

**Snoqualmie Valley Food Bank** .......... 425.888.7832
122 E 3rd St, North Bend
General Public: W: 9:30am-6:30pm; Seniors M: 9:30-11:00am; Pet Food: 1st W of month. Resource Center, M Yu, 9:30am-1:30pm; W: 9:30am-6pm. ID & Proof of address required.

**Woodinville Storehouse** .............. 425.483.5252
17110 140th Ave NE, Woodinville
Tu: 6:30-7:30pm; Sa: 9:30-10:20am. Visit in person. ID req’d.

### HOT MEALS

- **Crossroads Meal Program** .. 425.452.7300 x769
  911 164th Ave NE, Bellevue
  M-F: 6-7pm. Serves Bellevue residents only. Call ahead to verify meal being served. ID required

- **Issaquah Meals Program** .......... 425.679.0342
  Issaquah Community Hall, 180 E Sunset Way, Issaquah
  M-F: 5:6pm. Visit in person; doors open at 5pm.

- **Open Kitchen Community Meal** .... 425.883.7553
  16540 NE 80th St, Redmond
  W: 5-7pm; Provides a free hot meal for anyone in need. Vegetarian options always available.

- **POPY’s Cafe**........................... 206.569.7011
  Prince of Peace Luth Ch, 14514 20th Ave NE, Shoreline
  W: 5-6:30pm. Visit in person. Serves anyone in need.

- **St. Brendan Catholic Church** ....... 425.896.7385
  3032 Bellevue Way NE, Bellevue
  Lunch, Daily, 11:30am; Serves women, with or w/o children.

- **Vedic Cultural Food Truck** ........ 425.896.7385
  3032 Bellevue Way NE, Bellevue
  Lunch, Daily, 11:30am; Serves women, with or w/o children.

### During the Covid –19 response, please call ahead to verify if these agencies have temporary modified their services and hours.

Call Ahead First!
**DENTAL CARE**

**HealthPoint**
- Bothell: 425.424.6350
  10414 Beardseye Blvd, Suite 201
  M-F: 7:30am-5:30pm; Drop in hours: W: 7:30am-5:30pm
- Redmond: 425.883.8000
  Together Center, 16345 NE 87th St, Suite C-2
  M-F: 7:30am-4pm; every other Sa, 8am-12pm.

**International Community Health Services**
- Bellevue: 425.373.3000
  1050 140th Ave NE.
  M-Sa: 7:30am-6pm.
- Shoreline: 206.533.2600
  16549 Aurora Ave N.
  M-Sa: 7:30am-6pm.

**Lake Washington Institute of Technology**
- Dental Clinic: 425.739.8130
  11605 132nd NE, East Bldg.
  M-Thu: 8am-4:30pm; F: reduced hours, please call.

**Mobile Dental Van**
- 425.284.1950
  24hr voicemail. Free or low-cost dental for those without insurance. Call for recorded list of site locations, then call site location to book appointment.

**Public Health Dental Clinic**
- 206.477.8000
  Eastgate Health Center, 14350 SE Eastgate Way, Bellevue
  M, Tu, Th, F: 8am-5pm; W: hours vary by week.
  Services

**MEDICAL CARE**

**children, parents of child patients & pregnant women.**

**Sea Mar Dental Clinic**
- 425.998.5980
  3801 150th Ave SE, Bellevue
  M-Sa: 8am-5pm. Drop-in accepted, but appointments preferred.

**Evergreen Health**
- Kirkland: 425.899.6700
  12333 NE 130th Ln, Suite 310, Kirkland
  M-F: 8am-5pm. Sa: 8am-Noon.
- Redmond: 425.899.2273
  8980 161st Ave NE, Redmond
  M-Th: 7am-7pm; F: 7am-6pm; Sa: 8am-4pm.
- Sammamish: 425.898.0305
  22850 NE 8th St, Suite 103, Sammamish
  M: 7am-7pm, T, W, F: 7am-5pm, Th: 8am-5pm; Sa: 8:30am-12:30pm.

**Woodinville**
- 425.481.6363
  16916 140th Ave NE, Suite 101, Woodinville
  M-F: 8am-5pm. Sa: 9am-Noon.

**Call Ahead First**

**VA Outpatient Clinic**
- 425.214.1055
  13033 Bel-Red Rd, Suite 210, Bellevue
  M-F: 8am-4:30pm. Call for appt. Serves Veterans enrolled in VA Puget Sound Health Care System.

**DROP-IN CENTERS**

**Congregations for the Homeless…**
- 425.289.4044
  515 116th Avenue Northeast Suite 150, Bellevue
  Daily, 8am-8pm. Provides a place for homeless men to relax. Provides three meals per day. Additionally offers case management, computer access, clothing, hygiene items and temporary mail service as available. Serves men ages 18 and older; no children.

**Friends of Youth**
- 425.298.4846
  Together Center, 16225 NE 87th St, Suite 301, Kirkland
  M-Sa: 2-8pm; Su: 7am-8pm
  A day center for homeless families; offers showers, laundry, a hot meal and access to computers and case management. Adults must be accompanied by a child.

**Sophia Way Women’s Day Center**
- 425.896.7385
  St. Luke’s Lutheran Ch, 3032 Bellevue Way NE, Bellevue