### DROP-IN CENTERS

**Catholic Community Services** 253.893.7895  
33505 13th Ave S, Suite D, Federal Way  
M Tu Th F, 10am-4pm. Provides showers, laundry, computers, phones, mail reception, space for meal preparation.

**KentHOPE** 253.480.2325  
9009 Canyon Drive, Kent. Daily, 7am-7pm. Showers, laundry, & 3 meals per day for women & children experiencing homelessness.

**Ray of Hope Resource Center** 253-833-8925  
2806 Auburn Way North Auburn WA 98002  
M-Sa: 8:30am-8pm; Su, 3-8:30pm. Hospitality center- Offers showers No restrictions.

**REACH Center of Hope** 425.277.7594  
1055 S Grady Way, Level P2, Renton  
Day Center: 24 hours daily. Serves homeless women, and families with children. Offers meals, showers, laundry, clothing & hygiene items.

**Black Diamond Community Center** 360.886.1011  
31605 3rd Ave, Black Diamond  
M-TH: 9am-4pm. Serves Black Diamond & surrounding areas.

### CLOTHING

**Circle of Caring Friends Charity** 253.632.2543  
Distributes clothing to households in need. Call for an appointment. M-F, 10am-4pm.

**Multi-Service Center—Federal Way** 253.838.6810  
1200 S 336th St, Federal Way  
M, W, F: 10am-2pm. Serves South King County residents.

**St. Thomas Catholic Church** 206.242.5501  
4415 S. 140th St, Tukwila  
W: 1:30-2:30pm; Serves residents of Tukwila and N. SeaTac.

**Transform Burien Outreach Center** 206.839.6620  
14501 4th Ave SW, Burien  
W: Noon-2pm; Su: 3-5pm. Serves anyone. ID required.

### HOT MEALS

**Auburn Food Bank** 253-833-8925  
100 N St SE Auburn  M, 4:30-5:15pm; 3:30-4:15pm on holidays  
Church By the Side of the Road 206-243-5024

3455 South 14th Street Tukwila WA 98168  
Provides a free hot lunch once a week to anyone in need. Tu, noon-2pm.

**Federal Way Community Caregiving Network** 253.661.0505

—Christian Faith Center  
33645 20th Ave S, Federal Way  M: 5:30-6:30pm.

—Church of the Good Shepherd  
345 S 312th St, Federal Way  Sa: 1-2pm.

**Kent Community Supper** 253.852.2057  
Kent Lutheran Church, 336 2nd Ave S, Kent  
M: 6-7pm. Serves anyone in need.

**Messiah Lutheran Church** 253-833-5280.  
Provides hot meal twice a week for anyone in need. Th, 5:30-6:30pm; Su, 2-3pm; 2nd Su of the month, 4pm.

**Pacific/Algona Community Center** 253.929.1150  
100 3rd Ave SE, Pacific  
Stone Soup free lunch: M: 11am-1pm, open to all ages.

**Renton Community Supper** 425.255.5974  
720 S Tobin St, Renton  
M-Th: 5:30-6:30pm; Serves anyone in need.

**REACH, Old Chamber of Commerce** 206.839.6620  
14501 4th Ave SW, Burien  
Hot Meal: W F, noon-2pm; Su: 3-5pm. Groceries: Su: 3-5pm.

**REACH, Old Chamber of Commerce** 300 Rainier Ave N, Renton  
F-Su: 5:30-6:30pm
**FOOD BANKS**

Food banks may serve specific geographic areas. Call ahead for eligibility requirements.

**Auburn Food Bank** 253.833.8925
930 18th Pl NE, Auburn
M, Tu, Th, F: 9am-1pm; 2nd W of the month: 4:30-6:15pm. Serves Auburn School District residents. ID & proof of address required.

**Black Diamond Community Center** 360.886.1011
3165 3rd Ave, Black Diamond
M-Th: 9am-4pm. Serves Black Diamond, Covington, Camptown, Enumclaw, Hobart, Maple Valley, Palmer, Ravensdale, Selleck, and Kent (98042 only)

**Des Moines Area Food Bank** 206.878.2660
United Methodist Church, 22225 9th Ave S, Des Moines
M, W, F: 9-11:45am; 3rd Tu of month: 6-8pm. Serves residents of Des Moines and parts of SeaTac & Kent.

**Enumclaw Kiwanis Food Bank** 360.825.6188
1350 Cole St, Enumclaw

**Highline Area Food Bank** 206.433.9900
Manhattan Community Center, 18300 4th Ave S, Burien
Tu: noon-2:30pm; Th: 10am-12:30pm; 2nd Tu of month: 5:30-7pm. Serves residents of the Highline area.

**Kent Food Bank** 253.520.3550
515 W Harrison St, Ste. 107, Kent
Serves Kent School District residents.
— **Kent Alliance Center**
Tu, W, F: 10am-1pm. Seniors 55+, Th: 10-11am
— **Birch Creek Annex**
Birch Creek Apartments, 12961 SE 275th St, Kent
M: 10am-1pm.

**Maple Valley Food Bank** 425.432.8633
21415 Renton Maple Valley Rd, Maple Valley
Tu: 10:30am-7:30pm. W: 10:30pm-1pm
Emergency Food Bags, M, F: 8am-6pm; Tu-Th: 1-4pm.

**Margie Williams Helping Hands** 425.255.1446
MLK Mem. Baptist Church, 4519 NE 10th St, Renton
Sa: 8-11am. No geographic restrictions.

**Muckleshoot Family Res. Center** 253.876.3336
39015 172nd Ave SE, Auburn
M-F: 10am-4pm. Muckleshoot Tribal members only.

**Multi-Service Center** — **Federal Way** 253.838.6810
1200 S 336th St, Federal Way
M, W, F: 10am-2pm; People w/ disabilities M, W, F: 9:30-10am; 4th Tu of month: 5-6pm. Fed. Way Sch. Dist. Residents.

**Plateau Outreach Ministries** 360.825.8961
1806 Cole St, Enumclaw
W: 9am-noon. Emergency Food, M-Sa: 10am-4pm

**Salvation Army** — **Renton** 425.255.5969
206 S Tobin St, Renton
M, T, Th, F: 9-noon, 1-4pm. Visit site for more info.

**St. Stephen the Martyr** 253.631.1940
13055 SE 192nd St, Renton
M: 10-11:45am; W: 4-5:45pm. Call for service area.

**Tukwila Pantry** 206.431.8293
Riverton Park UMC, 3118 S 140th St, Tukwila
Tu, Th, Sa: 12:30-2:30pm. Serves Tukwila, SeaTac, Burien, & Boulevard Park. First time clients MUST register on Tu or Th.

**Health Point**
Low cost medical & discount pharmacy services.
— **Auburn** 253.735.0166
126 Aubrn Ave, Suite 300, Auburn
M-W: 8am-8pm; Th F: 8am-5pm; Sa: 10am-3pm.
— **Federal Way** 253.874.7634
33431 13th Pl S, Federal Way
M, W-F: 8am-5pm; Tu: 8am-7pm.
— **Kent** 253.852.2866
403 E Meeker St, Suite 200, Kent
M-W: 8am-8pm; Th F: 8am-5pm.
— **Renton** 425.226.5536
200 S 2nd St, Renton
M: 8am-7pm; W-F: 8am-5pm.

**SeaTac** 425.436.6600
232 S 18th Ave, SeaTac
M-F: 8am-5pm. Every other W: Open till 8pm.

**Kent Medical Clinic** 206.436.6380
232 S 18th Ave, Kent
M-F: 8am-5pm. Every other W: Open till 8pm.

**Kent Family Medical Clinic**
1200 S 192nd St, Renton
M-F: 8am-5pm. Serves adults. Not necessary to be a Navos client.

**Renton Salvation Army Rotacare...Visit in Person**
720 S Tobin St, Renton
1st & 3rd Sa: 9-11am. Free medical care for urgent needs.

**Sea Mar Community Health**
— **Burien Medical Clinic** 206.812.6140
14434 Ambaum Blvd SW, Suite 5, Burien
M-Sa: 8am-5pm.
— **Des Moines Medical Clinic** 206.212.4500
2781 S 242nd St, Des Moines
M-F: 8am-5pm.
— **Federal Way Medical Clinic** 253.681.6600
31405 18th Ave S, Federal Way
M-F: 8am-5pm.
— **Kent Medical Clinic** 206.436.6380
232 S 18th Ave, Kent
M-F: 8am-5pm. Every other W: Open till 8pm.

**DENTAL CARE**

**Health Point**
— **Auburn** 253.804.8713
126 Aubrn Ave, Suite 100, Auburn
M-F: 7:30am-5:30pm. Drop-in: Tu: 7:45-6pm.
— **Federal Way** 253.874.7646
33431 13th Pl S, Federal Way
M-F: 7:45am-4pm. Drop-in: Th: 7:45-4pm.
— **Kent** 253.796.4071
403 E Meeker St, Suite 100, Kent
M-F: 7:30am-5:30pm; Sa: 8am-noon. Drop-in: M-
7:30am-5:30pm.
— **Midway** 206.970.3600
26401 Pacific Highway S, Suite 201, Des Moines
M-F: 7:30am-5:30pm; Sa: 8:30am-12:30pm. Drop-in:
W: 7:30am-5:30pm

**Sea Mar Community Health**
— **Burien** 206.631.7316
18010 8th Ave S, Suite 416, Burien
M-F: 8am-5pm.
— **Des Moines** 206.212.4520
2781 S 242nd St, Des Moines
M-F: 8am-5pm.
— **Federal** 253.681.6620
31405 18th Ave S, Federal Way
M-F: 8am-5pm.

Call ahead first!