MEDICAL

Country Doctor Community Health Centers  
After-Hours Clinic ............... Visit in Person only  
Swedish Cherry Hill, 550 16th Ave  
M-F: 6-9:30pm; Sa Su: noon-9:30pm. After-hours care for acute conditions with a sliding fee scale based on income.

Carolyn Downs Center ............. 206.299.1900  
2101 E Yesler Way, Suite 150  
M, Tu, Th, F: 9am-5pm; W: 9am-8pm. Call for appointment. Serves adults & children.

Community Clinic .................. 206.299.1600  
500 19th Ave E  
M, Th, F: 9am-5pm; Tu W: 9am-8pm; Call for appointment.

Harborview Medical Center ...... 206.520.5000  
Adult Medicine Clinic  
325 9th Ave, 3rd Floor, West Clinic.  
M-F: 8:30am-5pm

Consulting Nurse Line .......... 206.744.2500  
Telephone only: Available 24hrs

International Medicine Clinic .... 206.520.5000  
325 9th Ave, Ground Floor, West Clinic

International Community Health Services  
Holly Park Clinic .................. 206.788.3500  
3815 S Othello St  
M Tu Th-Fa: 7:30am-6pm; W: 8:30am-7pm.

International District Clinic .... 206.788.3700  
730 8th Ave S  
M, Tu, Th, F: 7:30am-6pm; W Th: 7:30am-7pm; Sa: 8:30am-5pm.

Neighborcare Health  
45th Street Clinic .................. 206.633.3350  
1629 45th St  
M, Tu, F, 8am-5:30pm; W: 9am-5:30pm; Tu, 8am-7pm; Sa: 9am-3pm; W hours vary. Homeless Youth Clinic; W, Th: 6-9pm, for youth ages 12-26.

Ballard Homeless Medical Clinic- 206.782.5939  
Nyer Urness House, 1535 NW 56th St, Ste 200  
M, Tu, Th, F: 9am-6:30pm; W: 10am-4:30pm. Serves homeless people in Ballard and primarily homeless, low-income people.

Columbia City Clinic .............. 206.461.6957  
4400 37th Ave S  
M, Th, F: 7-4:30pm; Tu, Tu: 7:45am-6:30pm; W: 9am-6pm; Sa: 8am-4pm

High Point Clinic .................. 206.461.6950  
6020 35th Ave SW  
M, W, Th: 7:30am-7:30pm; Tu, F: 7:30am-5:30pm; Sa: 9am-12:30pm. Opens at 9:30am: 1st & 3rd W.

Lake City Clinic .................. 206.417.0326  
12721 30th Ave NE, Suite 101  
M: 8am-7pm; Tu: 8am-5pm; W: 9am-5pm; Th, F: 8am-5pm.

Meridian Clinic .................... 206.296.4990  
10521 Meridian Ave N, Suite A  
M Tu, F, 8am-5:30pm; Th, 8am-6:30pm; Sa, 8am-4pm; W hours vary.

Pike Market Clinic ............... 206.728.4143  
1930 Post Alley  
M, Tu, Th: 8am-5pm; W: 9:30am-5pm; F: 8am-4pm. Only serves adults.

Rainier Beach Clinic .............. 206.722.8444  
9245 Rainier Ave S  
M-Th: 7:30am-7:30pm; F: 7:30am-5:30pm; Sa: 10am-1:30pm. Opens at 9am 1st & 3rd W.

St. Vincent de Paul Aurora Clinic... 206.568.7600  
13555 Aurora Ave N  
M W F, 11am-4:30pm. Call for an appointment.

Public Health  
Downtown Health Center .......... 206.477.8222  
2124 4th Ave  
M-F: 8am-5pm.

Haller Lake—Haller Lake ...... 206.363.4105 x230  
2152 N 122nd St  
M: 4-8pm; W: 5-9pm; F: 9am-1pm; Call for appointment. $10 donation requested. No one turned away if unable to pay.

Rotacare Free Clinic ............. Visit in Person  
North Helpline, 12736 33rd Ave NE  
Sa: 10am-1pm. Free basic healthcare for acute needs.

*Call Ahead First!
DENTAL REFERRAL

DENTISTLINK ...........................................844.888.5465
www.dentistlink.org
Call M Tu Th F, 9am-5pm; W, 10am-5pm.

INTERNATIONAL COMMUNITY HEALTH SERVICES

Holly Park Clinic................. 206.788.3502
3815 S Othello St
M, Tu, Th-Sa: 7:30am-6pm; W, 8:30am-7pm.

International District Clinic...... 206.788.3757
720 8th Ave S
M-Sa: 7:30am-6pm. Call for appointment.

NEIGHBORCARE HEALTH

Sites may focus on serving children under 18 and their parents unless otherwise noted.

45th Street Clinic................. 206.548.2964
1629 N 45th St
M Th F, 8am-5:30pm; Tu, 8am-7pm; Sa, 9am-3pm. W Hours vary.

Central Area Clinic............. 206.461.7801
2101 E Yesler Way, 2nd Floor
M-F, 7:15am-6pm.

Georgetown Clinic............. 206.461.6943
6200 13th Ave S
M-F: 7:15am-6pm.

High Point Clinic............... 206.461.6966
6020 35th Ave SW
M-F: 7am-5:30pm, Sa: 9am-1pm. Closed for lunch 11:45am-12:30pm.

Rainier Beach Clinic........... 206.461.6981
9245 Rainier Ave S
M-F: 6:45am-5:30pm. Closed from: 8-9:30am 1st & 3rd W.

Pacific Tower Clinic........... 206.548.5850
1200 12th Ave S, Suite 401
M-F: 7am-6pm. Serves adult established patients of other Neighborcare clinics and adults needing urgent care.

Odessa Brown Children's Clinic ... 206.987.7210
2101 E Yesler Way, Suite 100
M-Th: 8am-5pm. F: 8am-1pm. General dental care for children ages 1-16.

Pima Community Dental Clinic..... 206.529.6677
9709 3rd Ave NE
Hours vary by term, usually M-Th: 8am-5pm & F: 8am-3pm. Dental care at student teaching clinic.

PUBLIC HEALTH CENTERS

Columbia City Dental Clinic ....... 206.535.2497
4400 37th Ave S
M-F: 8:30am-5:30pm. Serves children ages 1-18 and pregnant women.

Downtown Clinic ..................... 206.477.8300
2124 4th Ave
M-F: 8am-5pm. Serves only people experiencing homelessness, ages 13+.

North Seattle Clinic............... 206.205.8580
12359 Lake City Way NE
M-F: 8am-5pm. Serves youth ages 1-18 and pregnant women.

South Park Dental Clinic ........ 206.762.3263
8915 14th Ave S
M-Sa: 8am-5pm. Emergency & routine dental services for adults & children.

Sea Mar—White Center Clinic ..... 206.965.1005
9650 15th Ave SW Suite 100, Seattle
M-Sa: 8am-5pm. Emergency and routine dental for all ages.

Seattle Indian Health Board ...... 206.324.9360
611 12th Ave S
M-F: 8:30am-6pm Call for appointment. Serves American Indian and Alaska Native communities.

Urgent Care Clinic................... 206.543.5850
1959 NE Pacific St, Room B-307
M-F: 8:30am-4:30pm. Closed for lunch, noon-1:30pm.

MOBILE DENTAL

Arcora Foundation.................. 888.286.9105
Mobile dental van offers oral health services for children and pregnant women on a year-round basis.

EYE CARE

Int’l Dist. Vision Clinic............ 206.788.3505
720 8th Ave S, Seattle
M-F: 8am-5pm
Operates a vision clinic for adults and children. Provide complete eye exams and an optical shop.

UpLift Northwest.................. 206.728.5627
2515 Western Ave
Call to schedule appointment or drop-in: Th: 7:45am. Free eye exams and glasses for those with no Medicaid or other insurance coverage.

ONE EYESIGHT

Dental and Vision Insurance Program

Arcora Foundation:.................. 888.286.9105
Provides dental services to people who are homeles.

Washington Apple Health provides medical benefits for persons below 138% of the Federal Poverty Level not eligible for Medicare. Call the WA Health Plan Finder at 855.923.4633 or visit www.wahealthplanfinder.org to sign up. Programs listed in this brochure bill Apple Health unless otherwise indicated.

NEEDLE EXCHANGE

Capitol Hill Needle Exchange .... 206.263.2000
1161 11th Ave, Robert Clewis Center 2
M-Sa: 6:30-8:30pm. Provides new sterile syringes exchange for used ones. Distributes clean injection supplies sexual safety items. Provides harm reduction education and vein care consultation.

People’s Harm Reduction AllianceVisit in Person
1415 NE 43rd St and University Way NE,
Table located in alley behind Post Office. Visit in person, Su: 1-5pm; M, Tu, Th: 5-7pm; F: 1-5pm. Provides new sterile syringes in exchange for used ones. Distributes clean injection supplies and sexual safety items. Provides harm reduction education and vein care consultation.

HEALTH INSURANCE

Health and Dental Insurance Referrals ...........................................800.756.5437
401 5th Ave
Call M-F: 8am-5pm. Provides information and referral to health care providers for low-income adults and children living in King County. Includes for-profit medical and dental clinics that accept Medicaid.