

**MEDICAL**

**Country Doctor Community Health Centers**

**After-Hours Clinic** .....Visit in Person only  
Swedish Cherry Hill, 550 16th Ave  
*M-F: 6-9:30pm; Sa Su, noon-9:30pm. After-hours care for acute conditions with a sliding fee scale based on income.*

**Carolyn Downs Center** .....206.299.1900  
2101 E Yesler Way, Suite 150  
*M, Tu, Th, F: 9am-5pm; W: 9am-8pm. Call for appointment. Serves adults & children.*

**Community Clinic** .....206.299.1600  
500 19th Ave E  
*M, Th, F: 9am-5pm; Tu W: 9am-8pm; Call for appointment.*

**Harborview Medical Center** .....206.520.5000

**Adult Medicine Clinic**  
325 9th Ave, 3rd Floor, West Clinic.  
*M-F: 8:30am-5pm*

**Consulting Nurse Line** .....206.744.2500  
Telephone only: Available 24hrs

**International Medicine Clinic** ....206.520.5000  
325 9th Ave, Ground Floor, West Clinic  
*M-W, F: 8am-4:30pm; Th: 8am-8pm.*  
*Health care for refugees & immigrants, age 16+, who have been in U.S. less than 12 mos. Interpreters available.*

**Pioneer Square Medical Clinic** ..206.744.1500  
206 3rd Ave S  
*M, Tu, Th, F: 7am-5pm; W: 8am-5pm. Established patients call for appt. New patients walk-in when clinic opens.*

**Third Avenue Center** .....206.521.1231  
2028 3rd Ave  
*M-F, 8am-4pm. Visit in person only. First appt. at 8:30am.*

**International Community Health Services**

**Holly Park Clinic**.....206.788.3500  
3815 S Othello St  
*M Tu Th-Sa: 7:30am-6pm; W, 8:30am-7pm.*

**International District Clinic**.....206.788.3700  
720 8th Ave S  
*M, Tu, F: 7:30am-6pm; W Th, 7:30am-7pm; Sa: 8:30am-5pm.*

**Neighborcare Health**

**45th Street Clinic**.....206.633.3350  
1629 N 45th St  
*M, Th F, 8am-5:30pm; W: 9am-5:30pm; Tu, 8am-*

*7pm; Sa: 9am-3pm; W hours vary. Homeless Youth Clinic: W, Th: 6-9pm, for youth ages 12-26.*

**Ballard Homeless Medical Clinic..206.782.5939**

Nyer Urness House, 1753 NW 56th St, Ste 200  
*M,Tu, Th, F: 9am-4:30pm; W: 10am-4:30pm. Serves homeless people in Ballard and primarily homeless, low-income people.*

**Columbia City Clinic** ..... 206.461.6957  
4400 37th Ave S

*M, Th: 7:45am-7:30pm; Tu, 7:45am-6pm; W: 9am-6pm; F: 7:45am-5pm; Sa: 8am-4pm*

**High Point Clinic**..... 206.461.6950  
6020 35th Ave SW

*M, W, Th: 7:30am-7:30pm; Tu, F: 7:30am-5:30pm; Sa: 9am-12:30pm. Opens at 9:30am: 1st & 3rd W.*

**Lake City Clinic**..... 206.417.0326  
12721 30th Ave NE, Suite 101

*M: 8am-7pm; Tu: 8am-5pm; W: 9am-5pm; Th, F: 8am-5pm.*

**Meridian Clinic** ..... 206.296.4990  
10521 Meridian Ave N, Suite A

*M Tu F, 8am-5:30pm; Th, 8am-6:30pm; Sa, 8am-4pm; W hours vary.*

**Pike Market Clinic** ..... 206.728.4143  
1930 Post Alley

*M, Tu, Th: 8am-5pm; W: 9:30am-5pm; F: 8am-4pm. Only serves adults.*

**Rainier Beach Clinic** .....206.722.8444  
9245 Rainier Ave S

*M-Th: 7:30am-7:30pm; F: 7:30am-5:30pm; Sa: 10am-1:30pm. Opens at 9am 1st & 3rd W.*

**St. Vincent de Paul Aurora Clinic**...206.548.7600  
13555 Aurora Ave N

*M W F, 11am-4:30pm. Call for an appointment.*

**Public Health**

**Downtown Health Center** ..... 206.477.8222  
2124 4th Ave  
*M-F: 8am-5pm.*

**Lahai Health—Haller Lake**..... 206.363.4105 x230  
2152 N 122nd St

*M: 4-8pm; W: 5-9pm; F: 9am-1pm; Call for appointment. \$10 donation requested. No one turned away if unable to pay.*

**RotaCare Free Clinic** ..... Visit in Person  
North Helpline, 12736 33rd Ave NE

*Sa: 10am-1pm. Free basic healthcare for acute*

**\*Call Ahead First!**

**SEATTLE**

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**Health Services**



**October 2021**

Brochures updated monthly  
at  
[www.crisisconnections.org](http://www.crisisconnections.org)

During the Covid –19 response, please call ahead to verify if these agencies have temporary modified their services and hours.





## DENTAL REFERRAL

**DENTISTLINK** .....844.888.5465  
www.dentistlink.org  
Call M Tu Th F, 9am-5pm; W, 10am-5pm.

## DENTAL

### International Community Health Services

**Holly Park Clinic**..... 206.788.3502  
3815 S Othello St  
M, Tu, Th-Sa: 7:30am-6pm; W, 8:30am-7pm.

**International District Clinic**..... 206.788.3757  
720 8th Ave S  
M-Sa: 7:30am-6pm. Call for appointment.

### Neighborcare Health

Sites may focus on serving children under 18 and their parents unless otherwise noted.

**45th Street Clinic**..... 206.548.2964  
1629 N 45th St  
M Th F, 8am-5:30pm; Tu, 8am-7pm; Sa, 9am-3pm. W Hours vary.

**Central Area Clinic**..... 206.461.7801  
2101 E Yesler Way, 2nd Floor  
M-F, 7:15am-6pm.

**Georgetown Clinic** ..... 206.461.6943  
6200 13th Ave S  
M-F: 7:15am-6pm.

**High Point Clinic**..... 206.461.6966  
6020 35th Ave SW  
M-F: 7am-5:30pm, Sa: 9am-1pm. Closed for lunch 11:45am-12:30pm.

**Rainier Beach Clinic** ..... 206.461.6981  
9245 Rainier Ave S  
M-F: 6:45am-5:30pm. Closed from: 8-9:30am 1st & 3rd W.

**Pacific Tower Clinic** ..... 206.548.5850  
1200 12th Ave S, Suite 401  
M-F: 7am-6pm. Serves adult established patients of other Neighborcare clinics and adults needing urgent care.

**Odessa Brown Children's Clinic** ...206.987.7210  
2101 E Yesler Way, Suite 100  
M-Th: 8am-5pm. F: 8am-1pm. General dental care for children ages 1-16.

**Pima Community Dental Clinic**.....206.529.6677  
9709 3rd Ave NE  
Hours vary by term, usually M-Th: 8am-5pm & F: 8am-3pm. Dental care at student teaching clinic.



### Public Health Centers

**Columbia City Dental Clinic** .....206.535.2497  
4400 37th Ave S  
M-F: 8:30am-5:30pm. Serves children ages 1-18 and pregnant women.

**Downtown Clinic**..... 206.477.8300  
2124 4th Ave  
M-F: 8am-5pm. Serves only people experiencing homelessness, ages 13+.

**North Seattle Clinic** .....206.205.8580  
12359 Lake City Way NE  
M-F: 8am-5pm. Serves youth ages 1-18 and pregnant women.

**South Park Dental Clinic** .....206.762.3263  
8915 14th Ave S  
M-Sa: 8am-5pm. Emergency & routine dental services for adults & children.

**Sea Mar—White Center Clinic** .....206.965.1005  
9650 15th Ave SW Suite 100, Seattle  
M-Sa: 8am-5pm. Emergency and routine dental for all

**Seattle Indian Health Board** .....206.324.9360  
611 12th Ave S  
M-F: 8:30am-6pm Call for appointment. Serves American Indian and Alaska Native communities.

**Urgent Care Clinic**.....206.543.5850  
1959 NE Pacific St, Room B-307  
M-F: 8:30am-4:30pm. Closed for lunch, noon-1:30pm.

## MOBILE DENTAL

**Arcora Foundation**:.....888.286.9105  
Mobile dental van offers oral health services for children and pregnant women on a year-round basis.

## EYE CARE

**Int'l Dist. Vision Clinic**.....  
206.788.3505  
720 8th Ave S, Seattle  
M-F: 8am-5pm  
Operates a vision clinic for adults and children. Provide complete eye exams and an optical shop.

**UpLift Northwest** .....206.728.5627  
2515 Western Ave  
Call to schedule appointment or drop-in: Th: 7:45am. Free eye exams and glasses for those with no Medicaid or other insurance coverage.



**OneSight** .....888.935.4589  
M-F: 8am-5pm Eastern Time  
Administers a program to provide free glasses to people in need. Must have a letter verifying financial and eyewear need from a local non-profit and current prescription.

### YWCA of Seattle/King County -

**Health Access Department**.....206.461.4420  
1118 5th Ave  
9am-5pm. Voicemail only. Provides vouchers for free eye exams and glasses to anyone who is homeless in the city of Seattle.

## NEEDLE EXCHANGE

**Capitol Hill Needle Exchange** .....206.263.2000  
1161 11th Ave, Robert Clewis Center 2  
M-Sa: 6:30-8:30pm. Provides new sterile syringe-exchange for used ones. Distributes clean injection supplies and sexual safety items. Provides harm reduction education and vein care consultation.

**People's Harm Reduction Alliance** Visit in Person  
1415 NE 43rd St and University Way NE, Table located in alley behind Post Office. Visit in person. Su: 1-5pm; M, Tu, Th: 5-7pm; F: 1-5pm. Provides new sterile syringes in exchange for used ones. Distributes clean injection supplies and sexual safety items. Provides harm reduction education and vein care consultation.

## HEALTH INSURANCE

**Health and Dental Insurance Referrals** .....800.756.5437  
401 5th Ave  
Call M-F: 8am -5pm. Provides information and referral to health care providers for low-income adults and children living in King County. Includes for-profit medical and dental clinics that accept Medicaid.

Washington Apple Health provides medical benefits for persons below 138% of the Federal Poverty Level not eligible for Medicare. Call the WA Health Plan Finder at 855.923.4633 or visit [www.wahealthplanfinder.org](http://www.wahealthplanfinder.org) to sign up. Programs listed in this brochure bill Apple Health unless otherwise indicated.