FOOD

Food banks may serve specific geographic areas. Call ahead for eligibility requirements.

Adra P. Berry Food Bank.................425.222.5573
Raging River Community Ch., 31104 SE 86th St, Preston
Th: 1-4 pm. Visit in person. Call any day for information.

Fall City Food Pantry...............425.269.8098
Fall City UMC, 4326 337th Pl SE, Fall City
1st & 3rd W of month, Noon-1:30pm and 6:30-7:30pm.
Visit in person. Proof of address required.

Hopelink —Bellevue..........................425.943.7555
14812 Main St, Bellevue
M, 10am-1pm; 4:30pm-7:30pm; Tu: 2pm-7pm;
W, Th: 9:30am-3pm
Serves Bellevue, Mercer Island & Newcastle residents.

—Kirkland/Northshore ..............425.889.7880
11011 120th Ave NE, Kirkland
M, W: 10am-4pm; Tu Th: 12-6:30pm; F, 1-4pm.
Call for more information.

—Redmond..............................425.869.6000
8990 154th Ave NE, Redmond
Emergency Food Bags: M Tu, 1230pm-4:30pm; W, 3:30-
7:30pm: Th, 10:30am-2:30pm. Serves Redmond &
Sammamish areas.

—Shoreline.........................206.440.7300
17837 Aurora Ave N, Shoreline
M: 1-4pm, W: 1-7:30pm, Th: 10am-2pm. Serves
residents of Shoreline & Lake Forest Park. ID & Proof of
address required. Also serves homeless individuals in area.

— Sno-Valley .......................425.889.7880
31957 E. Commercial St, Carnation
Th: 10am-2pm; 2nd & 4th W: 3-7pm. Visit in person.
Call to register. Serves Snoqualmie Valley residents.

Issaquah Food and Clothing Bank.....425.392.4123
179 1st Ave SE, Issaquah.
Call for hours.
Serves residents of the Issaquah School District.

Mercer Island Youth & Family Services
..................................................206.275.7611
2040 84th Ave SE, Mercer Island
M-Th: 10am-5pm. Contact program coordinator for
eligibility/enrollment information. Call for appointment.

Renewal Food Bank...............425.736.8132
Highland Covenant Church, 15022 Bel-Red Rd, Bellevue
M, 12-3pm; Tu, 4:30-6pm; W, 10am-1pm
Visit in person. ID Requested.

Snoqualmie Valley Food Bank ..425.888.7832
122 E 3rd St, North Bend
General Public: W: 9:30am-6:30pm; Seniors M: 9:30-
11:00am; Pet Food: 1st W of month. Resource Center, M
Tu, 9:30am-1:30pm;W:9:30am-6pm. ID & Proof of ad-
dress required.

Woodinville Storehouse...........425.483.5252
17110 140th Ave NE, Woodinville
Tu: 6:30-7:20pm; Sa: 9:30-10:20am. Visit in person. ID req’d.

HOT MEALS

Crossroads Meal Program...... ..425.452.7300
911 164th Ave NE, Bellevue
M-F: 6-7pm. Serves Bellevue residents only. Call ahead to
verify meal being served. ID required

Issaquah Meals Program ..425.679.0342
Issaquah Community Hall, 180 E Sunset Way, Issaquah
M-F: 5-6pm. Visit in person.

Open Kitchen Community
Meal........................................425.883.7553
16540 NE 80th St, Redmond
W: 5-7pm; Provides a free hot meal for anyone in need.
Vegetarian options always available.

POPY’S Cafe ..........................206.569.7011
Prince of Peace Luth Ch,14514 20th Ave NE, Shoreline
W: 5-6:30pm. Visit in person. Serves anyone in need.

St. Brendan Catholic-
Church..................................425.483.9400
10100 NE 192nd St, Bothell
Meal Th: 5-6pm. Emergency food bags M-F: 3:00am-4:30pm.

Sophia Way Women’s Day Center
........................................425.896.7385
3032 Bellevue Way NE , Bellevue
Lunch, Daily, 11:30am; Serves women, with or w/o children.

Vedic Cultural Center .............. 206-979-8002
1420 228th Ave SE Sammamish WA
Meal daily: 7:30-9pm. Meal consists of rice, vegetable
curry (Sabji) and lentil soup (Dal).

Vedic Food Truck: Redmond Bus Stop Parking
Lot 9451 Avondale Road Northeast Redmond WA
Th, 6:30-8:30pm.

During the Covid-19 response,
please call ahead to verify if these
agencies have temporarily modified
their services and hours.

Call Ahead First!
**DENTAL CARE**

**HealthPoint**
—**Bothell**.............................................425.424.6350
10414 Beardslee Blvd, Suite 201
M-F: 7:30am-5:30pm; Drop in hours: W: 7:30am-5:30pm

—**Redmond**............................................425.883.8000
Together Center, 16345 NE 87th St, Suite C-2
M-F: 7:30am-4pm; every other Sa, 8am-12pm.

**International Community Health Services**
—**Bellevue**.............................................425.373.3000
1050 140th Ave NE.
M-Sa: 7:30am-6pm.
—**Shoreline**...........................................206.533.2600
16549 Aurora Ave N.
M-Sa: 7:30am-6pm.

**Lake Washington Institute of Technology**
—**Dental Clinic**........................................425.739.8130
11605 132nd Ave NE, East Bldg., Room E103, Kirkland
M-Th: 8am-4:30pm; F: reduced hours, please call.

**Mobile Dental Van**.................................425.284.1950
24hr voicemail. Free or low-cost dental for those without private insurance. Call for recorded list of site locations, then call site location to book appointment.

**Public Health Dental Clinic**......................206.477.8000
Eastgate Health Center, 14350 SE Eastgate Way, Bellevue
M, Tu, Th, F: 8am-5pm; W: hours vary by week. Serves children, parents of child patients & pregnant women.

**Sea Mar Dental Clinic**.............................425.998.5980
3801 150th Ave SE, Bellevue
M-Sa: 8am-5pm. Drop-in accepted, but appointments preferred.

**MEDICAL CARE**

**Evergreen Health**
—**Kirkland**............................................425.899.6700
12333 NE 130th Ln, Suite 310, Kirkland
M-F: 8am-5pm. Sa: 8am-Noon.

—**Redmond**............................................425.899.2273
8980 161st Ave NE, Redmond
M-Th: 7am-7pm; F: 7am-6pm; Sa: 8am-4pm.

—**Sammamish**........................................425.898.0305
22850 NE 8th St, Suite 103, Sammamish
M: 7am-7pm, T, W, F: 7am-5pm, Th: 8am-5pm; Sa: 8:30am-12:30pm.

—**Woodinville**......................................425.481.6363
16916 140th Ave NE, Suite 101, Woodinville
M-F: 8am-5pm. Sa: 9am-Noon.

**HealthPoint**
—**Bothell**.............................................425.486.0658
10414 Beardslee Blvd, Suite 201
M-W: 8am-8pm; Th, F: 8am-5pm; Sa: 10am-3pm.

—**Redmond**............................................425.882.1697
Together Center, 16225 NE 87th St, Suite B-6
M, Tu: 8am-8pm; W-F: 8am-5pm.

**Overlake Medical Clinics**
—**Bellevue Primary Care**.........................425.635.6350
Washington Federal Bldg., 400 108th Ave NE, Suite 100
M-Th: 7am-6pm; Offers same-day appointments.

—**Redmond Primary Care**.........................425.635.6430
16315 NE 74th St, Redmond
M-F: 7am-5pm.

**Public Health - Eastgate**.......................206.477.8000
14350 SE Eastgate Way, Bellevue
M, Tu, Th, F: 8am-5pm; W: hours vary by week. Call for appointment.

**RotaCare Free Health Care Clinic**.............425.828.4304
Hopelink, 14812 Main St, Bellevue
Sa: 9:30-11:30am. Free visit in person clinic for the uninsured.

**Sea Mar-Bellevue Medical Clinic**..............425.460.7140
3801 150th Ave SE, Bellevue
M-Sa: 8am-5pm. Call for appointment or Visit in person.

**Snoqualmie Ridge Medical Clinic**..............425.396.7682
35020 SE Kinsey St, Snoqualmie
M-F: 8am-6pm; Sa: 9am-Noon.

**Snoqualmie Tribal Health Clinic**..............425.888.5511
9575 Ethan Wade Way SE, North Bend
M-F: 8:30am-4:30pm. Call or visit in person. Serves Snoqualmie Valley residents & Snoqualmie Tribal members.

**Snoqualmie Valley Hospital Clinic**............425.831.2333
9801 Frontier Ave SE, Snoqualmie
M, Tu, Th: 8am-4:30pm; F: 8am-Noon. Call or Visit in person.

**Swedish Primary Care**............................425.394.0700
751 NE Blakely Dr, Issaquah
M-Th: 7am-7pm; F: 8am-5pm, Sa: 9am-1pm. Call for appointment.

**Swedish Outpatient Clinic**.....................425.888.2016
35724 SE Fury St., Suite 101, Snoqualmie
M-F: 8am-6pm; Sa: 8am-12pm. Call for appointment.

**VA Outpatient Clinic**............................425.214.1055
13033 Bel-Red Rd, Suite 210, Bellevue
M-F: 8am-4:30pm. Call for appt. Serves Veterans enrolled in VA Puget Sound Health Care System.

**Hopelink-Sno-Valley**............................425.333.4163
31957 E. Commercial St, Carnation
2nd and 4th W: 3-7pm; Every Th: 10am-2pm. Serves area residents who are food pantry clients.

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**DROP-IN CENTERS**

**Congregations for the Homeless**..............425.289.4044
515 116th Avenue Northeast Suite 150 Bellevue
Daily, 8am-8pm. Provides a place for homeless men to relax. Provides three meals per day. Additionally offers case management, computer access, clothing, hygiene items and temporary mail service as available. Serves men ages 18 and older; no children.

**Friends of Youth**.................................425.298.4846
Together Center, 16625 NE 87th St, Ste A-1, Redmond
M, Tu: 9am-3pm, W by appointment only, Th, F: 9am-1pm, Sa, Su: 11am-5pm.
Serves youth, ages 15-22, who are homeless or at risk of homelessness. Provides resources, basic needs, a link to case managers and other wraparound services.

**New Bethlehem Project**.........................425.679.0350
11920 NE 80th St, Suite 100, Kirkland
Tu-F, 10am-2pm.
A day center for homeless families; offers showers, laundry, a hot meal and access to computers and case management. Adults must be accompanied by a child.

**Sophia Way Women’s Day Center**..............425.896.7385
St. Luke’s Lutheran Ch, 3032 Bellevue Way NE, Bellevue
W Th Sa Su, 8am-3pm.
Daytime drop-in center (in the rear of the church) for low-income & homeless women and women with children. Offers snacks, showers, laundry facilities, computers, Internet & phones.

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Call Ahead First