Country Doctor Community Health Centers
After-Hours Clinic..................Visit in Person only
Swedish Cherry Hill, 550 16th Ave
M-F: 6:30-8:30pm; Su, noon-9:30pm. After-hours care for acute conditions with a sliding fee scale based on income.
Carolyn Downs Center .........206.299.1900
2101 E Yesler Way, Suite 150
M, Tu, Th, F: 9am-5pm; W: 9am-8pm. Call for appointment. Serves adults & children.
Community Clinic...............206.299.1600
500 19th Ave E
M, Th: 9am-5pm; Tu W: 9am-8pm; Call for appointment.
Harborview Medical Center ....206.520.5000
Adult Medicine Clinic
325 9th Ave, 3rd Floor, West Clinic.
M-F: 8:30am-5pm
Consulting Nurse Line............206.744.2500
Telephone only: Available 24hrs
International Medicine Clinic.....206.520.5000
325 9th Ave, Ground Floor, West Clinic
M-W: 8am-4:30pm; Th: 8am-8pm.
Health care for refugees & immigrants, age 16+, who have been in U.S. less than 12 mos. Interpreters available.
Pioneer Square Medical Clinic....206.744.1500
206 3rd Ave S
M, Tu, Th, F: 7am-5pm; W: 8am-5pm. Established patients call for appt. New patients walk in when clinic opens.
Third Avenue Center.............206.521.1231
2028 3rd Ave
M-F: 8am-4pm. Visit in person only. First appt. at 8:30am.

International Community Health Services
Holly Park Clinic .....................206.788.3500
3815 S Othello St
M Tu Th-Sa: 7:30am-6pm; W, 8:30am-7pm.
International District Clinic.......206.788.3700
720 8th Ave S
M, Tu, Th: 7:30am-6pm; W Th: 7:30am-7pm; Sa: 8:30am-5pm.

Neighborhood Health
45th Street Clinic.....................206.633.3350
1629 N 45th St
M, Th, F: 8am-5:30pm; W: 9am-5:30pm; Tu, 8am-7pm; Sa: 9am-3pm; W hours vary. Homeless Youth Clinic: W, Th: 6-9pm, for youth ages 12-26.
Ballard Homeless Medical Clinic..206.782.5939
Nyer Urmess House, 1753 NW 56th St, Ste 200
M,Tu, Th, F: 9am-4:30pm; W: 10am-4:30pm. Serves homeless people in Ballard and primarily homeless, low-income people.

Columbia City Clinic...............206.461.6957
4400 37th Ave S
M, Th: 7:45am-7:30pm; Tu, 7:45am-6pm: W: 9am-6pm; F: 7:45am-5pm;
Sa: 8am-4pm
High Point Clinic...............206.461.6950
6020 35th Ave SW
M, W, Th: 7:30am-7:30pm; Tu, F: 7:30am-5:30pm; Sa: 9am-12:30pm. Opens at 9:30am; 1st & 3rd W.
Lake City Clinic.................206.417.0326
12721 30th Ave NE, Suite 101
M: 8am-7pm; Tu: 8am-5pm; W: 9am-5pm; Th: 8am-5pm.
Meridian Clinic...............206.296.4990
10521 Meridian Ave N, Suite A
M Tu F, 8am-5:30pm; Th, 8am-6:30pm; Sa, 8am-4pm; W hours vary.
Pike Market Clinic...............206.728.4143
1930 Post Alley
M, Tu, Th: 8am-5pm; W: 9:30am-5pm; F: 8-4pm.
Only serves adults.
Rainier Beach Clinic..............206.722.8444
9245 Rainier Ave S
M-Th: 7:30am-7:30pm; F: 7:30am-5:30pm; Sa: 10am-1:30pm. Opens at 9am 1st & 3rd W.
St. Vincent de Paul Aurora Clinic.....206.548.7600
1355 Aurora Ave N
M W F, 11am-4:30pm. Call for an appointment.

Public Health
Downtown Health Center ..........206.477.8222
2124 4th Ave
M-F: 8am-5pm.

Lahai Health—Haller Lake.......206.363.4105 x230
2152 N 122nd St
M: 8am; W: 5-9pm; F: 9am-1pm; Call for appointment. $10 donation requested. No one turned away if unable to pay.
Rotacare Free Clinic...............Visit in Person
North Helpline, 12736 33rd Ave NE
Sa: 10am-1pm. Free basic healthcare for acute needs. Visit in person only. Answers calls only on Saturdays.

Seattle Indian Health Board ......206.324.9360
611 12th Ave S, Suite 200
M-F: 8:30am-6pm. Open to anyone. Primarily serves American Indians & Alaska Natives.

Sea Mar Community Health Centers
Seattle Clinic..................206.762.3730
8720 14th Ave S
M-Sa: 8am-5pm. Appointments preferred, Walk-ins okay.

White Center Clinic...............206.965.1000
9650 15th Ave SW, Suite 100
M-Sa: 8am-5pm. Appointments preferred, Walk-ins okay.

*Call Ahead First!
**DENTAL REFERRAL**

**DENTISTLINK** ⏯ 844.888.5465
www.dentistlink.org
Call M Tu Th F, 9am-5pm; W, 10am-5pm.

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**DENTAL**

**International Community Health Services**
**Holly Park Clinic** 206.788.3502
3815 S Othello St
M, Tu, Th-Sa: 7:30am-6pm; W, 8:30am-7pm.

**International District Clinic** 206.788.3757
720 8th Ave S
M-Sa: 7:30am-6pm. Call for appointment.

**Neighborhood Health**
Sites may focus on serving children under 18 and their parents unless otherwise noted.

**45th Street Clinic** 206.548.2964
1629 N 45th St
M Th F, 8am-5:30pm; Tu, 8am-7pm; Sa, 9am-3pm. W Hours vary.

**Georgetown Clinic** 206.461.6943
6200 13th Ave S
M-F: 7:15am-6pm.

**High Point Clinic** 206.461.6966
6020 35th Ave SW
M-F: 7am-5:30pm; Sa: 9am-1pm. Closed for lunch 11:45am-12:30pm.

**Rainier Beach Clinic** 206.461.6981
9245 Rainier Ave S
M-F: 6:45am-5:30pm. Closed from: 8:30am 1st & 3rd W.

**Pacific Tower Clinic** 206.548.5850
1200 12th Ave S, Suite 401
M-F: 7am-6pm. Serves adult established patients of other Neighborhood clinics and adults needing urgent care.

**Odessa Brown Children’s Clinic** 206.987.7210
2101 E Yesler Way, Suite 100
M-Th: 8am-5pm. F: 8am-1pm. General dental care for children ages 1-16.

**Pima Community Dental Clinic** 206.529.6677
9709 3rd Ave NE
Hours vary by term, usually M-Th: 8am-5pm & F: 8am-3pm. Dental care at student teaching clinic.

**Public Health Centers**
**Columbia City Dental Clinic** 206.535.2497
4400 37th Ave S
M-F: 8:30am-5:30pm. Serves children ages 1-18 and pregnant women.

**Downtown Clinic** 206.477.8300
2124 4th Ave
M-F: 8am-5pm. Serves only people experiencing homelessness, ages 13+.

**North Seattle Clinic** 206.205.8580
12359 Lake City Way NE
M-F: 8am-5pm. Serves youth ages 1-18 and pregnant women.

**Sea Mar Community Health**
**South Park Dental Clinic** 206.762.3263
8915 14th Ave S
M-Sa: 8am-5pm. Emergency & routine dental services for adults & children.

**Sea Mar—White Center Clinic** 206.965.1005
9650 15th Ave SW Suite 100, Seattle
M-Sa: 8am-5pm. Emergency and routine dental for all

**Seattle Indian Health Board** 206.324.9360
611 12th Ave S
M-F: 8:30am-6pm Call for appointment. Serves American Indian and Alaska Native communities.

**UW—School of Dentistry**
**Dental Student Clinic** 206.616.6996
1959 NE Pacific St, Room B-307
M-F: 8am-5pm. Dental services provided by students supervised by experienced, licensed dentists.

**Urgent Care Clinic** 206.543.5850
1959 NE Pacific St, Room B-307
M-F: 8:30am-4:30pm. Closed for lunch, noon-1:30pm.

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**MOBILE DENTAL**

**Mobile Dental Van** 425.284.1950
Recorded message. Free or low cost dental care for those without insurance.

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**EYE CARE**

**International Community Health Services - Int’l Dist. Vision Clinic** 206.788.3505
720 8th Ave S, Seattle
M-F: 8am-5pm
Operates a vision clinic for adults and children. Provide complete eye exams and an optical shop.

**UpLift Northwest** 206.728.5627
2515 Western Ave
Call to schedule appointment or drop-in: Th: 7-4:30am. Free eye exams and glasses for those with no Medicaid or other insurance coverage. Closed July & August.

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**OneSight** 888.935.4589
M-F: 8am-5pm Eastern Time
Administers a program to provide free glasses to people in need. Must have a letter verifying financial and eyewear need from a local non-profit and current prescription.

**YWCA of Seattle/King County**
**Health Access Department** 206.461.4420
1118 5th Ave
9am-5pm. Vocational. Only provides vouchers for free eye exams and glasses to anyone who is homeless in the city of Seattle.

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**NEEDLE EXCHANGE**

**Capitol Hill Needle Exchange** 206.263.2000
1161 11th Ave, Robert Clewis Center 2
M-Sa: 6:30-8:30pm. Provides new sterile syringes in exchange for used ones. Distributes clean injection supplies and sexual safety items. Provides harm reduction education and vein care consultation.

**People’s Harm Reduction Alliance. Visit in Person**
1415 NE 43rd St and University Way NE, Table located in alley behind Post Office. Visit in person.
Su: 1-5pm; M, Tu, Th: 5-7pm; F: 1-5pm. Provides new sterile syringes in exchange for used ones. Distributes clean injection supplies and sexual safety items. Provides harm reduction education and vein care consultation.

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**HEALTH INSURANCE**

**Health and Dental Insurance Referrals** 800.756.5437
401 5th Ave
Call M-F: 8am -5pm. Provides information and referral to health care providers for low-income adults and children living in King County. Includes for-profit medical and dental clinics that accept Medicaid. Washington Apple Health provides medical benefits for persons below 138% of the Federal Poverty Level not eligible for Medicare. Call the WA Health Plan Finder at 855.923.4633 or visit www.wahealthplanfinder.org to sign up. Programs listed in this brochure bill Apple Health unless otherwise indicated.

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*Call Ahead*