*Call Ahead First!

**MEDICAL**

**Country Doctor Community Health Centers**

*After-Hours Clinic*..............Visit in Person only
Swedish Cherry Hill, 550 16th Ave
M-F: 6-9:30pm; Sa Su, noon-9:30pm. After-hours care for acute conditions with a sliding fee scale based on income.

**Carolyn Downs Center**............206.299.1900
2101 E Yesler Way, Suite 150
M, Tu, Th, F: 9am-5pm; W: 9am-8pm. Call for appointment. Serves adults & children.

**Community Clinic**...............206.299.1600
500 19th Ave E
M, Th, F: 9am-5pm; Tu W: 9am-8pm; Call for appointment.

**Harborview Medical Center**........206.520.5000

**Adult Medicine Clinic**
325 9th Ave, 3rd Floor, West Clinic.
M-F: 8:30am-5pm

**Consulting Nurse Line**...........206.744.2500
Telephone only; Available 24hrs

**International Medicine Clinic**....206.520.5000
325 9th Ave, Ground Floor, West Clinic
M-W, F: 8am-4:30pm; Th: 8am-8pm.
Health care for refugees & immigrants, age 16+, who have been in U.S. less than 12 mos. Interpreters available.

**Pioneer Square Medical Clinic**....206.744.1500
206 3rd Ave S
M, Tu, Th, F: 7am-5pm; W: 8am-5pm. Established patients call for appt. New patients walk-in when clinic opens.

**Third Avenue Center**............206.521.1231
2028 3rd Ave
M-F, 8am-4pm. Visit in person only. First appt. at 8:30am.

**International Community Health Services**

**Holly Park Clinic**..................206.788.3500
3815 S Othello St
M Tu Th-Sa: 7:30am-6pm; W: 8:30am-7pm.

**International District Clinic**.....206.788.3700
720 8th Ave S
M, Tu, F: 7:30am-6pm; W Th: 7:30am-7pm; Sa: 8:30am-5pm.

**Neighborhood Health**

**45th Street Clinic**..............206.633.3350
1629 N 45th St
M, Th F: 8am-5:30pm; W: 9am-5:30pm; Tu, 8am-7pm; Sa: 9am-3pm; W hours vary.

**Ballard Homeless Medical Clinic**.206.782.5939
Nyer Urness House, 1753 NW 56th St, Ste 200
M,Tu, Th, F: 9am-4:30pm; W: 10am-4:30pm. Serves homeless people in Ballard and primarily homeless, low-income people.

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**Columbia City Clinic**............206.461.6957
4400 37th Ave S
M, Th: 7:45am-7:30pm; Tu, 7:45am-6pm: W: 9am-6pm; F: 7:45am-5pm; Sa: 8am-4pm

**High Point Clinic**...............206.461.6950
6020 35th Ave SW
M, W, Th: 7:30am-7:30pm; Tu, F: 7:30am-5:30pm; Sa: 9am-12:30pm. Opens at 9:30am 1st & 3rd W.

**Lake City Clinic**.................206.417.0326
12721 30th Ave NE, Suite 101
M: 8am-7pm; Tu: 8am-5pm; W: 9am-5pm; Th, F: 8am-5pm.

**Meridian Clinic**...............206.296.4990
10521 Meridian Ave N, Suite A
M Tu F, 8am-5:30pm; Th, 8am-6:30pm: Sa, 8am-4pm; W hours vary.

**Pike Market Clinic**..............206.728.4143
1930 Post Alley
M, Tu, Th: 8am-5pm; W: 9:30am-5pm; F: 8am-4pm.
Only serves adults.

**Rainier Beach Clinic**............206.722.8444
9245 Rainier Ave S
M-Th: 7:30am-7:30pm; F: 7:30am-5:30pm; Sa: 10am-1:30pm. Opens at 9am 1st & 3rd W.

**St. Vincent de Paul Aurora Clinic**.....206.548.7600
1355 Aurora Ave N
M W F, 11am-4:30pm. Call for an appointment.

**Public Health**

**Downtown Health Center**........206.477.8222
2124 4th Ave
M-F: 8am-5pm.

**Lahai Health—Haller Lake**.......206.363.4105 x230
2152 N 122nd St
M: 4:8pm; W: 5-9pm; F: 9am-1pm; Call for appointment. $10 donation requested. No one turned away if unable to pay.

**RotaCare Free Clinic**............Visit in Person
North Helpline, 12736 33rd Ave NE
Sa: 10am-1pm. Free basic healthcare for acute needs. Visit in person only. Answers calls only on Saturdays.

**Seattle Indian Health Board**.....206.324.9360
611 12th Ave S, Suite 200
M-F: 8:30am-6pm. Sa: 9am-2pm. Open to anyone.
Primarily serves American Indians & Alaska Natives.

**Sea Mar Community Health Centers**

**Seattle Clinic**....................206.762.3730
8720 14th Ave S
M-Sa: 8am-5pm. Appointments preferred, Walk-ins okay.

**White Center Clinic**.............206.965.1000
9650 15th Ave SW, Suite 100
M-Sa: 8am-5pm. Appointments preferred, Walk-ins okay.

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*Call Ahead First!

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**SEATTLE**

**Health Services**

*Call Ahead First!

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**March 2022**

Brochures updated monthly at www.crisisconnections.org

**During the Covid –19 response, please call ahead to verify if these agencies have temporarily modified their services and hours.**
**DENTAL REFERRAL**

**DENTISTLINK...........................................844.888.5465**
www.dentistlink.org
Call M Tu Th F, 9am-5pm; W, 10am-5pm.

**DENTAL**

**International Community Health Services**

**Holly Park Clinic.............................206.788.3502**
3815 S Othello St
M, Tu, Th-Sa: 7:30am-6pm; W, 8:30am-7pm.

**International District Clinic..........206.788.3757**
720 8th Ave S
M-SA: 7:30am-6pm. Call for appointment.

**Neighborhood Health**
Sites may focus on serving children under 18 and their parents unless otherwise noted.

**45th Street Clinic.............................206.548.2964**
1629 N 45th St
M Th F, 8am-5:30pm; Tu, 8am-7pm; Sa, 9am-3pm. W Hours vary.

**Georgetown Clinic............................206.461.6943**
6200 13th Ave S
M-F: 7:15am-6pm.

**High Point Clinic.................................206.461.6966**
6020 35th Ave SW
M-F: 7am-5:30pm, Sa: 9am-1pm. Closed for lunch 11:45am-12:30pm.

**Rainier Beach Clinic..........................206.461.6981**
9245 Rainier Ave S
M-F: 6:45am-5:30pm. Closed from: 8-9:30am 1st & 3rd W.

**Pacific Tower Clinic...........................206.548.5850**
1200 12th Ave S, Suite 401
M-F: 7am-6pm. Serves adult established patients of other Neighborhood clinics and adults needing urgent care.

**Odessa Brown Children’s Clinic........206.987.7210**
2101 E Yesler Way, Suite 100
M-Th: 8am-5pm. F: 8am-1pm. General dental care for children ages 1-16.

**Pima Community Dental Clinic........206.529.6677**
9709 3rd Ave NE
Hours vary by term, usually M-Th: 8am-5pm & F: 8am-3pm. Dental care at student teaching clinic.

**Public Health Centers**

**Columbia City Dental Clinic..............206.535.2497**
4400 37th Ave S
M-F: 8:30am-5:30pm. Serves children ages 1-18 and pregnant women.

**Downtown Clinic..............................206.477.8300**
2124 4th Ave
M-F: 8am-5pm. Serves only people experiencing homelessness ages 13+.

**North Seattle Clinic........................206.205.8580**
12359 Lake City Way NE
M-F: 8am-5pm. Serves youth ages 1-18 and pregnant women.

**Sea Mar Community Health**

**South Park Dental Clinic..............206.762.3263**
8915 14th Ave S
M-SA: 8am-5pm. Emergency & routine dental services for adults & children.

**Sea Mar—White Center Clinic........206.965.1005**
9650 15th Ave SW Suite 100, Seattle
M-SA: 8am-5pm. Emergency and routine dental for all

**Seattle Indian Health Board...........206.324.9360**
611 12th Ave S
M-F: 8:30am-6pm Call for appointment. Serves American Indian and Alaska Native communities.

**UW—School of Dentistry**

**Dental Student Clinic...............206.616.6996**
1959 NE Pacific St, Room B307
M-F: 8am-5pm Dental services provided by students supervised by experienced, licensed dentists.

**Urgent Care Clinic.......................206.543.5850**
1959 NE Pacific St, Room B307
M-F: 8:30am-4:30pm. Closed for lunch, noon-1:30pm.

**Mobile Dental Van............................425.284.1950**
Recorded message. Free or low cost dental care for those without insurance.

**MOBILE DENTAL**

**EYE CARE**

**Int’l Dist. Vision Clinic..............206.788.3505**
720 8th Ave S, Seattle
M-F: 8am-5pm
Operates a vision clinic for adults and children. Provide complete eye exams and an optical shop.

**UpLift Northwest............................206.728.5627**
2515 Western Ave
Call to schedule appointment or drop-in: Th: 7:45am. Free eye exams and glasses for those with no Medicaid or other insurance coverage. Closed July & August.

**OneSight...........................................888.935.4589**

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**M-F: 8am-5pm Eastern Time**
Administers a program to provide free glasses to people in need. Must have a letter verifying financial and eyewear need from a local non-profit and current prescription.

**YWCA of Seattle/King County**

**Health Access Department..............206.461.4420**
9118 5th Ave
9am-5pm. Voicemail only. Provides vouchers for free eye exams and glasses to anyone who is homeless in the city of Seattle.

**Temporarily Closed**

**Capitol Hill Needle Exchange..........206.263.2000**
1161 11th Ave, Robert Clewis Center 2

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**NEEDLE EXCHANGE**

**M-F: 6:30-8:30pm. Provides new sterile syringes in exchange for used ones. Distributes clean injection supplies and sexual safety items. Provides harm reduction education and vein care consultation.

**People’s Harm Reduction Alliance. Visit in Person**
1415 NE 43rd St and University Way NE, Table located in alley behind Post Office. Visit in person. Sa: 1-5pm; M, Tu, Th: 5-7pm; F: 1-5pm. Provides new sterile syringes in exchange for used ones. Distributes clean injection supplies and sexual safety items. Provides harm reduction education and vein care consultation.

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**Health and Dental Insurance Referrals**

800.756.5437

**401 5th Ave**
Call M-F: 8am -5pm. Provides information and referral to health care providers for low-income adults and children living in King County. Includes for-profit medical and dental clinics that accept Medicaid.

Washington Apple Health provides medical benefits for persons below 138% of the Federal Poverty level not eligible for Medicare. Call the WA Health Plan Finder at 855.923.4633 or visit www.wahealthplanfinder.org to sign up. Programs listed in this brochure billed Apple Health unless otherwise indicated.

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**HEALTH INSURANCE**

**Call Ahead**