

## DROP-IN CENTERS

- Catholic Community Services ..... 253.893.7895**  
33505 13th Place S, Suite D, Federal Way  
*All Ages: M-F: 10:00am—3:00pm*  
*(Families with children by appointment Only) Tu, Th: 4:00pm-7:00pm. Provides showers, laundry, computers, mail receptions, phones, snacks, space for meal preparation.*
- Ray of Hope Resource Center .....253.833.8925**  
2806 Auburn Way North, Auburn  
*M-Sa: 8:30am-8:00pm. Su: 3:00pm- 8:30pm. Serves families and individuals in the Auburn area. Offers laundry and shower facility on select days. Serves breakfast and dinner. No restrictions, call ahead.*

## CLOTHING

- Black Diamond Community Center.. 360.886.1011**  
31605 3rd Ave, Black Diamond  
*M-Th: 9:00am-4:00pm. Serves Black Diamond, Covington, Maple Valley and Ravensdale residents.*
- Communities In Schools of Federal Way –Kilo Middle School.....253-945-4769**  
4400 South 308th St., Auburn  
22nd St SE #D, Auburn  
*M-F: 8:00am –5:00pm. Offers gently used clothing to students enrolled n the Federal Way School District. Call to schedule an appointment.*
- Help NW .....206-227-5977**  
404 22nd St SE #D, Auburn  
*Office Hours: M-F: 1:00pm-3:00pm*  
*Offers clothing to residents of Auburn experiencing homelessness.*
- Multi-Service Center—Federal Way253.838.6810**  
1200 S 336th St, Federal Way  
*M, W, F: 10:00am-2:00pm. Serves South King County residents. Closed on holidays*
- Plateau Outreach Ministries .....360-825-8961**  
1806 Cole St., Enumclaw  
*Provides clothing for residents of Enumclaw and surrounding area.*
- Transform Burien Outreach Center ..206.839.6620**  
15623 Des Moines Memorial Dr. South,, Burien  
*W: 12:00pm-2:00pm; Su: 3:00pm-5:00pm. Serves: men, women, and children; no geographic restrictions. Offers clothing and toiletries; no phone inquiries.*

## HOT MEALS

- Auburn Food Bank.....253-833-8925**  
100 N Street SE, Auburn  
*Meals: M: 4:30pm- 5:15pm; To Go Dinners provided 4:30pm-5:00pm. Dinners are for anyone in need. Contact: M-F: 9am-1pm if needed.*
- Community Caregiving Network...253.661.0505**  
—Christian Faith Center  
33645 20th Ave S, Federal Way  
*Meal: M: 5:30pm-6:30pm. Hot meal served to anyone in need.*  
—Church of the Good Shepherd  
345 S 312th Street, Federal Way  
*Meal: Sa: 1:00-2:00pm. Hot meal served to anyone in need.*
- Calvary Chapel South's Community Meal .....253.852.7030**  
1340 West Smith Street, Kent  
*4th Saturday of the month; 11:00am-1:00pm*
- Kent Community Supper.....253.852.2057**  
Kent Lutheran Church, 336 2nd Ave S, Kent  
*Contact: Tu-F: 10:00am -2:00pm*  
*Meal: M: 4:00pm-5:00pm (To Go Only). Hot meal served to anyone in need.*
- Neighbor to Neighbor ..... 253.852.3883**  
Kent Seventh Day Adventist Ch. 25213 116th Ave SE, Kent  
*Meal-Lunch: Sa: 2:00pm-3:00pm. Sack lunch served to anyone in need.*
- Pacific/Algona Community Center .. 253.929.1150**  
100 3rd Ave SE, Pacific  
*Office: M-F 8:00am-4:30pm. Meal: Community lunch M: 11am-1:00pm, Stone Soup free lunch. Senior Only Nutrition Lunch: Tu-F: 12:00pm.*
- Renton Community Supper**  
—Salvation Army, .....425.255.5974  
206 S Tobin Street, Renton  
*Meal: M-Th: 5:30pm-6:30pm. Pre-packaged hot meal served four days a week to anyone in need; (Site Not Located At The Church)*
- REACH'S Renton Meal Coalition...425.277.7594**  
300 Rainier Ave N, Old Chamber Bldg., Renton  
*Meal: F-Su: 5:30-7:00pm . Breakfast and Dinner served to anyone in need in the Renton area.*
- Trinity Community Church's Hungry Soul Cafe .....253-852-1044**  
3807 Reith Rd S, Kent  
*Meal: W: 4:30pm -5:30 pm. Meal served once per week to anyone in need.*

## SOUTH KING COUNTY

# Emergency Services



**JULY 2022**

Brochures updated quarterly at  
[www.crisisconnections.org](http://www.crisisconnections.org)

During the Covid –19 response, **please** call **ahead to verify** if these agencies have temporarily modified their ser-

King County ★  
**2-1-1**<sup>TM</sup>  
Get Connected. Get Answers.  
Crisis Connections · United Way

## FOOD BANKS

Food banks may serve specific geographic areas. Call ahead for eligibility requirements.

**Auburn Food Bank..... 253.833.8925**  
930 18th Pl NE, Auburn  
*M, Tu, Th, F: 9:00am-1:00pm; 2nd W of the month: 4:30pm-6:15pm. Serves Auburn School District residents. ID & proof of address are required.*

**Black Diamond Community Center.. 360.886.1011**  
31605 3rd Ave, Black Diamond  
*M-Th: 9:00am-4:00pm. Serves Black Diamond, Covington, Maple Valley and Ravensdale residents.*

**Des Moines Area Food Bank ..... 206.878.2660**  
United Methodist Church, 22225 9th Ave S, Des Moines  
*M, W, F: 9:00am-11:45am; 3rd Tu of month: 6:00pm-8:00pm. Online order pickup. Tu: 1:00-3:00pm by appointment. Serves residents of Des Moines, Kent, Normandy Park, and parts of SeaTac. Call ahead.*

**Enumclaw Kiwanis Food Bank .... 253.239.7501**  
1350 Cole St, Enumclaw  
*M-W, 9:00am-11:45am. Serves Enumclaw School District residents. Visits: Once per month. Curbside pickup only at this time.*

**Highline Area Food Bank..... 206.433.9900**  
Manhattan Comm. Hall, 18300 4th Ave S, Burien  
*Tu: 12:00pm-2:30pm; Th: 10:00am-12:30pm; 2nd Tu of each month: 5:30pm-7:00pm. Self-select grocery store. Highline residents once per week.*

**Kent Food Bank..... 253.520.3550**  
*Alliance Center: 515 W Harrison St, Ste. 107, Kent Serves Kent School District residents. Food distributed in pre-packed boxes. Visit twice per month*

—Kent Alliance Center  
*Tu, W, F: 10:00am-1:00pm-General, Th: 10:00am-11:00am-Seniors 55+, Pet Food available.*

—Birch Creek Annex  
Birch Creek Apartments, 12961 SE 275th St, Kent  
*M: 10:00am-1:00pm.*

**Maple Valley Food Bank ..... 425.432.8633**  
21415 Renton- Maple Valley Rd, Maple Valley  
*Tu: 10:30am-6:00pm. W: 10:30am -1:00pm Curbside: For those unable to enter the market.*

**Margie Williams Helping Hands .. 425.255.1446**  
MLK Mem. Baptist Church, 4519 NE 10th St, Renton  
*Sa: 8:00am-11:00am. Serves anyone in need and No geographic restrictions.*

**Muckleshoot Family Res. Center 253.876.3336**  
39015 172nd Ave SE, Auburn  
*M-F: 9:00am-4:00pm. Muckleshoot Tribal members only. Home Delivery for Elders, and Disabled*

**Multi-Service Center—Federal Wy.253.838.6810**  
1200 S 336th St, Federal Way  
*M, W, F: 10:00am-2:00pm; closed on holidays. (Special no cook food bags for homeless.)*

**Plateau Outreach Ministries ..... 360.825.8961**  
1806 Cole St, Enumclaw  
*Drive through only. Pantry: W: 9:00am-12:00pm. Emergency Food: M-Sa:10:00am-4:00pm.*

**Salvation Army—Renton ..... 425.255.5969**  
206 S Tobin St, Renton  
*M, T, Th, F: 9:00am -11:30am, 1:00pm-3:30pm Serves: Homeless and residents in the Renton, Mercer Island and Skyway area.*

**St. Stephen the Martyr ..... 253.631.1940**  
13055 SE 192nd St, Renton  
*M, F: 10:00am-11:45am; W: 4:00pm-5:45pm. (Serves residents within parish boundaries)*

**Tukwila Pantry.....206.431.8293**  
3118 S 140th St, Riverton Park UMC, Tukwila  
*Tu, Th, Sa: 10:00am-2:00pm. Drive through or walk-up available. Serves: Boulevard Park, Burien, SeaTac and Tukwila residents.*

## MEDICAL CARE

### Health Point

Low cost medical & discount pharmacy services.

—Auburn..... 253.735.0166  
126 Auburn Ave, Suite 300, Auburn  
*M-W: 8:00am-8:00pm; Th F: 8:00am-5:00pm; Sa: 10:00am-3:00pm.*

—Federal Way ..... 253.874.7634  
33431 13th Pl S, Federal Way  
*M, W-F: 8:00am-5:00pm; Tu: 8:00am-7:00pm.*

—Kent..... 253.852.2866  
403 E Meeker St, Suite 200, Kent  
*M-W: 8:00am-8:00pm; Th F: 8:00am-5:00pm.*

—Renton ..... 425.226.5536  
200 S 2nd St, Renton  
*M, Tu: 8:00am-7:00pm; W-F: 8:00am-5:00pm.*

—SeaTac ..... 206.277.7200  
4040 S 188th St, Suite 201, SeaTac  
*M, Tu: 8:00am-7:00pm; W-F: 8:00am-5:00pm.*

—Tukwila ..... 206.439.3289  
Highline Medical, 13030 Military Rd S, Tukwila  
*M-W: 8:00am-8:00pm; Th, F: 8:00am-5:00pm; Sa: 10:00am-3:00pm.*

**New Hope Health Center.....206.453.1868**  
15880 Military Rd S., Tukwila  
*Redemption Fellowship Sa: 8:30am-10:00am for established patients with chronic conditions only. Call to confirm schedule.*

**Public Health - Adult Primary Care .206.257.6870**  
Navos - Lake Burien, 1210 SW 136th St, Seattle  
*M-F: 8:30 am-5:30pm. Services: Medical and Mental*

**Renton Salvation Army RotaCare .. Visit in Person**  
720 S Tobin St, Renton  
*1st & 3rd Sa: 9:00am-11:00am. Drop-in clinic. Free medical care for urgent needs.*

### Sea Mar Community Health

—Burien Medical Clinic ..... 206.812.6140  
14434 Ambaum Blvd SW, Suite 5, Burien  
*M-Sa: 8:00am-5:00pm.*

## DENTAL CARE

**Christ Community Free Clinic.....253.736.2634**  
925 East Main Street, Auburn  
*Urgent Dental Care: Appointment required. Serves those without dental insurance. Sign Up: M or F: once per month 8:00am- 5:00pm*

### Health Point

—Auburn..... 253.735.0166  
126 Auburn Ave, Suite #300, Auburn  
*M-F: 7:15am-5:30pm. Sa: 8:15am-12:30pm*

—Federal Way..... 253.874.7646  
33431 13th Pl S, Federal Way  
*M-F: 7:45am-4:00pm. Emergency Walk-In Appts. Th: 7:30am-12:00pm.*

—Kent..... 253.796.4071  
403 E Meeker St, Suite #200, Kent  
*M-F: 7:30am-5:30pm; Sa: 8:00am-12:00pm. Emergency Walk-In Appt. M: 7:15am-12:00pm.*

—Midway..... 206.870.3600  
26401 Pacific Highway S, Suite #101, Des Moines.  
*M-F: 7:30am-5:30pm; Sa: 8:30am-12:30pm. Emergency Walk-In Appt. as schedule permits.*

### Sea Mar Community Health

—Burien..... 206.631.7316  
18010 8th Ave S, Suite #416, Burien  
*M-F: 8:00am-5:00pm. Primary/Emergency Dental*

—Des Moines ..... 206.212.4520  
2781 S 242nd St, Des Moines  
*M-F: 8:00am-5:00pm. Primary/Emergency Dental.*

—Federal ..... 253.681.6620  
31405 18th Ave S, Federal Way  
*M-F: 8:00am-5:00pm. Primary/Emergency Dental*