**DROP-IN CENTERS**

**Catholic Community Services** ... 253.893.7895
33505 13th Place S, Suite D, Federal Way
All Ages: M-F: 10:00am—3:00pm
Families with children only served by appointment, Tu, Th: 4:00pm-7:00pm. Provides showers, laundry, computers, mail receptions, phones, snacks, space for meal preparation.

**Ray of Hope Resource Center** .............253.833.8925
2806 Auburn Way North, Auburn
M-Sa: 8:30am-8:00pm; Su: 3:00pm-8:30pm. Serves families and individuals in the Auburn area. Offers laundry and shower facility on select days. Serves breakfast, lunch and dinner. Please call ahead.

**BLACK DIAMOND COMMUNITY CENTER** .. 360.886.1011
31605 3rd Ave, Black Diamond
M-Th: 9:00am-4:00pm. Serves Black Diamond, Covington, Maple Valley and Ravensdale residents.

**COMMUNITIES IN SCHOOLS OF FEDERAL WAY—KILo MIDDLE SCHOOL** ........253.945.4769
4400 South 308th St., Auburn
22nd St SE #D, Auburn
M-F: 8:00am - 5:00pm. Offers gently used clothing to students in the Federal Way School District. Call to schedule an appointment.

**Help NW** ........................................206-227-5977
404 22nd St SE #D, Auburn
Office Hours: M-F: 1:00pm-3:00pm
Provides clothing, coats and blankets to residents in the Auburn Valley area experiencing homelessness.

**MULTI-SERVICE CENTER—FEDERAL WAY**253.838.6810
1200 S 336th St, Federal Way
M, W, F: 10:00am-2:00pm. Provides clothing for any South King County residents. Closed on holidays.

**PLATEAU OUTREACH MINISTRIES** ..........360-825-8961
1806 Cole St., Enumclaw
Provides clothing for residents of Enumclaw and the greater Plateau area. Clients may visit weekly.

**TRANSFORM BURIEN OUTREACH CENTER** ..206.839.6620
transformoutreach.org
15623 Des Moines Memorial Dr. South, Burien
W: 12:00pm-2:00pm; Su: 3:00pm-5:00pm. Serves men, women, infant and children; no geographic restrictions.

**CLOTHING**

**AUBURN FOOD BANK** 253-833-8925
100 N Street SE, Auburn
Meals: M: 4:30pm-5:15pm; To Go Dinners provided 4:30pm-5:00pm. Dinners are for anyone in need. Contact: M-F: 9am-1pm if needed.

**COMMUNITY CAREGIVING NETWORK** 253.661.0505
—Christian Faith Center
33645 20th Ave S, Federal Way
Meal: M: 5:30pm-6:30pm. Serves hot meals to anyone in need.
—Church of the Good Shepherd
345 S 312th Street, Federal Way
Meal: Sa: 1:00pm-2:00pm. Serves hot meals to anyone in need.

**Kent Community Supper** 253.852.2057
K(C)T Luther(S)an Church, 336 2nd Ave S, Kent
Contact: Tu-F: 10:00am - 2:00pm
Meal: M: 4:00pm-5:00pm (To Go Meals Only). Serves free hot meals and snack bags to anyone in need once per week.

**NEIGHBOR TO NEIGHBOR** 253.852.3883
Kent Seventh Day Adventist Ch, 26213 116th Ave SE, Kent
Sa: 2:00pm-3:00pm. Provides a sack lunch to anyone in need.

**PACIFIC/ALGONA COMMUNITY CENTER** 253.929.1150
100 1st Ave N, Pacific
Office: M-F 8:00am-12:00noon. General Public: Stone Soup free lunch. M: 11:00AM-1:00PM.
Senior Only Nutrition Lunch: Tu-F: 12:00pm.

**RENTON COMMUNITY SUPPER**—Salvation Army, 425.255.5974
204 S Tobin Street, Renton
Meal: M-Th: 5:30pm-6:30pm. Pre-packaged hot meals served four days a week to anyone in need; (Site Not Located At The Church)

**REACH’S RENTON MEAL COALITION** 425.277.7594
300 Rainier Ave N, Old Chamber Bldg., Renton
Meals: Breakfast: M-F: 6:30AM-12:00PM; Dinner: F-Su: 5:30PM-7:00PM Meals served in the Renton area to anyone in need.

**TRINITY COMMUNITY CHURCH’S HUNGRY SOUL CAFE** 253-852-1044
3807 Reith Rd S, Kent
Meal: W: 4:30PM-5:30PM. Serves a free nutritious dinner once per week to anyone in need.
FOOD BANKS

Food banks may serve specific geographic areas. Call ahead for eligibility requirements.

Auburn Food Bank ........... 253.833.8925
930 18th Pl NE, Auburn M, Tu, Th, F: 9:00am-1:00pm; 2nd W of the month: 4:30pm-6:15pm. Serves Auburn School District residents. Visit twice per month. ID & proof of address are required.

Black Diamond Community Center. . . 360.886.1011
31605 3rd Ave, Black Diamond M-Th: 9:00am-4:00pm. Serves Black Diamond, Covington, Maple Valley and Ravensdale residents.

Des Moines Area Food Bank .... 206.878.2660
United Methodist Church, 22225 9th Ave S, Des Moines M, W, F: 9:00am-11:45am; 3rd Tu of month: 6:00pm-8:00pm. Online order pickup. Tu: 1:00-3:00pm by appointment. Serves residents of Des Moines, Kent, Normandy Park, and parts of SeaTac. Call ahead.

Enumclaw Kiwanis Food Bank .... 253.239.7501
1350 Cole St, Enumclaw M-W, 9:00am-11:45am. Serves Enumclaw School District residents. Visits: Once per month. Curbside pickup only at this time.

Highline Area Food Bank .... 206.433.9900
Manhattan Comm. Hall, 18300 4th Ave S, Burien Tu: 12:00pm-2:30pm; Th: 10:00am-12:30pm; 2nd Tu of each month: 5:30pm-7:00pm. Self-select grocery store. Highline residents once per week.

Kent Food Bank ........... 253.520.3550
Alliance Center; 515 W Harrison St, Ste. 107, Kent Serves Kent School District residents. Food distributed in pre-packed boxes. Visit twice per month.

—Kent Alliance Center
Tu, W, F: 10:00am-1:00pm-General, Th: 10:00am-11:00am-Seniors 55+, Pet Food available.

—Birch Creek Annex
Birch Creek Apartments, 12961 SE 275th St, Kent M: 10:00am-1:00pm.

Maple Valley Food Bank .......... 425.432.8633
21415 Renton- Maple Valley Rd, Maple Valley Tu: 10:30am-6:00pm. W: 10:30am-1:00pm Curbside: For those unable to enter the market.

Margie Williams Helping Hands .. 425.255.1446
MLK Mem. Baptist Church, 4519 NE 10th St, Renton Sa: 8:00am-11:00am. Serves anyone in need and No geographic restrictions.

Muckleshoot Family Res. Center. 253.876.3336
39015 172nd Ave SE, Auburn M-F: 9:00am-4:00pm. Muckleshoot Tribal members only. Home Delivery for Elders, and Disabled adults.

Multi-Service Center—Federal Wy. 253.838.6810
1200 S 336th St, Federal Way M, W, F: 10:00am-2:00pm; closed on holidays. Special no cook food bags for homeless.

Plateau Outreach Ministries ..... 360.825.8961
1806 Cole St, Enumclaw Drive through only. Pantry: W: 9:00am-12:00pm. Emergency Food: M-Sa: 10:00am-4:00pm.

Salvation Army—Renton ....... 425.255.5969
206 S Tobin St, Renton M, T, Th, F: 9:00am-11:30am, 1:00pm-3:30pm. Serves: Homeless and residents in the Renton, Mercer Island and Skyway area.

Tukwila Pantry ............. 206.431.8293
3118 S 140th St, Riverton Park UMC, Tukwila Tu, Th, Sa: 10:00am-2:00pm. Drive through or walk-up available. Serves: Boulevard Park, Burien, SeaTac and Tukwila residents.

Green River Outreach Ministries .. 360.838.9933
310 2nd Ave, Green River Tu: 11:30am, 1:00pm. Serves: Senior citizens.

Food banks may serve specific geographic areas. Call ahead for eligibility requirements.

New Hope Health Center .......... 206.453.1868
15880 Military Rd S, Tukwila
Redemption Fellowship
Sa: 8:30am-10:00am for established patients with chronic conditions only. Call to confirm schedule.

Public Health—Adult Primary Care. 206.257.6870
Navos - 1210 SW 136th St, Seattle
M-F: 8:30 am-5:30pm. Services: Medical and Mental

Renton Salvation Army RotaCare.. Visit in Person
720 S Tobin St, Renton
1st & 3rd Sa: 9:00am-11:00am. Drop-in clinic. Free healthcare to low-income families. [ Urgent Needs]

Sea Mar Community Health
—Burien Medical Clinic .......... 206.812.6140
14434 Amaba Blvd SW, Suite 5, Burien M-Sa: 8:00am-5:00pm.

M E D I C A L  C A R E

Health Point
Low cost medical & discount pharmacy services.

—Auburn.................................. 253.735.0166
126 Auburn Ave, Suite #300, Auburn
M-F: 7:15am-5:30pm. Sa: 8:15am-12:30pm

—Federal Way.......................... 253.874.7666
33431 13th Pl S, Federal Way
M-F: 7:45am-4:00pm. Emergency Walk-In Appts.
Th: 7:30am-12:00pm.

—Kent............................ 253.796.4071
403 E Meeker St, Suite #200, Kent
M-F: 7:30am-5:30pm; Sa: 8:00am-12:00pm.
Emergency Walk-In Appts. M: 7:15am-12:00pm.

—Midway.......................... 206.870.3600
26401 Pacific Highway S, Suite #101, Des Moines.
M-F: 7:30am-5:30pm; Sa: 8:30am-12:30pm.
Emergency Walk-In Appt. as schedule permits.

Sea Mar Community Health
—Burien.................................. 206.631.7316
18010 8th Ave S, Suite #416, Burien
M-F: 8:00am-5:00pm. Primary/Emergency Dental

—Des Moines.......................... 206.212.4520
2781 S 242nd St, Des Moines
M-F: 8:00am-5:00pm. Primary/Emergency Dental.

—Federal.......................... 253.681.6620
31405 18th Ave S, Federal Way
M-F: 8:00am-5:00pm. Primary/Emergency Dental