

DROP-IN CENTERS

- Catholic Community Services 253.893.7895**
33505 13th Place S, Suite D, Federal Way
All Ages: M-F: 10:00am—3:00pm
Families with children only served by appointment,
Tu, Th: 4:00pm-7:00pm. Provides showers, laundry,
computers, mail receptions, phones, snacks, space for
meal preparation.
- Ray of Hope Resource Center253.833.8925**
2806 Auburn Way North, Auburn
M-Sa: 8:30am-8:00pm. Su: 3:00pm- 8:30pm. Serves
families and individuals in the Auburn area. Offers
laundry and shower facility on select days. Serves
breakfast , lunch and dinner. Please call ahead.

CLOTHING

- Black Diamond Community Center.. 360.886.1011**
31605 3rd Ave, Black Diamond
M-Th: 9:00am-4:00pm. Serves Black Diamond, Cov-
ington, Maple Valley and Ravensdale residents.
- Communities In Schools of Federal Way –Kilo Middle School.....253-945-4769**
4400 South 308th St., Auburn
22nd St SE #D, Auburn
M-F: 8:00am –5:00pm. Offers gently used clothing
to students in the Federal Way School District.
Call to schedule an appointment.
- Help NW206-227-5977**
404 22nd St SE #D, Auburn
Office Hours: M-F: 1:00pm-3:00pm
Provides clothing, coats and blankets to residents
in the Auburn Valley area experiencing homeless-
ness.
- Multi-Service Center—Federal Way253.838.6810**
1200 S 336th St, Federal Way
M, W, F: 10:00am-2:00pm. Provides clothing for
any South King County residents. Closed on holi-
days.
- Plateau Outreach Ministries360-825-8961**
1806 Cole St., Enumclaw
Provides clothing for residents of Enumclaw and
the greater Plateau area. Clients may visit weekly.
- Transform Burien Outreach Center ..206.839.6620**
transformoutreach.org
15623 Des Moines Memorial Dr. South,, Burien
W: 12:00pm-2:00pm; Su: 3:00pm-5:00pm. Serves:
men, women, infant and children; no geographic re-
strictions.

HOT MEALS

- Auburn Food Bank.....253-833-8925**
100 N Street SE, Auburn
Meals: M: 4:30pm- 5:15pm; To Go Dinners provided
4:30pm-5:00pm. Dinners are for anyone in need.
Contact: M-F: 9am-1pm if needed.
- Community Caregiving Network...253.661.0505**
—Christian Faith Center
33645 20th Ave S, Federal Way
Meal: M: 5:30pm-6:30pm. Serves hot meals to
anyone in need.
—Church of the Good Shepherd
345 S 312th Street, Federal Way
Meal: Sa: 1:00pm-2:00pm. Serves hot meals to
anyone in need.
- Kent Community Supper.....253.852.2057**
Kent Lutheran Church, 336 2nd Ave S, Kent
Contact: Tu-F: 10:00am –2:00pm
Meal: M: 4:00pm-5:00pm (To Go Meals Only).
Serves free hot meals and snack bags to anyone in
need once per week.
- Neighbor to Neighbor 253.852.3883**
Kent Seventh Day Adventist Ch. 25213 116th Ave SE,
Kent
Sa: 2:00pm-3:00pm. Provides a sack lunch to any-
one in need.
- Pacific/Algona Community Center ..253.929.1150**
100 3rd Ave SE, Pacific
Office: M-F 8:00am-4:30pm. General Public: Stone
Soup free lunch. M: 11:00AM-1:00PM.
Senior Only Nutrition Lunch: Tu-F: 12:00pm.
- Renton Community Supper**
—Salvation Army,425.255.5974
206 S Tobin Street, Renton
Meal: M-Th: 5:30pm-6:30pm. Pre-packaged hot
meals served four days a week to anyone in need;
(Site Not Located At The Church)
- REACH'S Renton Meal Coalition...425.277.7594**
300 Rainier Ave N, Old Chamber Bldg., Renton
Meals: Breakfast: M-F: 8:00AM-10:00AM.
Dinner: F-Su: 5:30PM-7:00PM Meals served in the
Renton area to anyone in need.
- Trinity Community Church's Hungry Soul Cafe**
.....253-852-1044
3807 Reith Rd S, Kent
Meal: W: 4:30PM-5:30PM. Serves a free nutritious
dinner once per week to anyone in need.

SOUTH KING COUNTY

Emergency Services



OCTOBER 2022

Brochures updated quarterly at
www.crisisconnections.org

During the Covid –19 response, **please**
call **ahead to verify** if these agencies
have temporarily modified their ser-

King County ★
2-1-1
Get Connected. Get Answers.
Crisis Connections · United Way

FOOD BANKS

Food banks may serve specific geographic areas. Call ahead for eligibility requirements.

Auburn Food Bank..... 253.833.8925
930 18th Pl NE, Auburn
M, Tu, Th, F: 9:00am-1:00pm; 2nd W of the month: 4:30pm-6:15pm. Serves Auburn School District residents. Visit twice per month. ID & proof of address are required.

Black Diamond Community Center.. 360.886.1011
31605 3rd Ave, Black Diamond
M-Th: 9:00am-4:00pm. Serves Black Diamond, Covington, Maple Valley and Ravensdale residents.

Des Moines Area Food Bank 206.878.2660
United Methodist Church, 22225 9th Ave S, Des Moines
M, W, F: 9:00am-11:45am; 3rd Tu of month: 6:00pm-8:00pm. Online order pickup. Tu: 1:00-3:00pm by appointment. Serves residents of Des Moines, Kent, Normandy Park, and parts of SeaTac. Call ahead.

Enumclaw Kiwanis Food Bank 253.239.7501
1350 Cole St, Enumclaw
M-W, 9:00am-11:45am. Serves Enumclaw School District residents. Visits: Once per month. Curbside pickup only at this time.

Highline Area Food Bank..... 206.433.9900
Manhattan Comm. Hall, 18300 4th Ave S, Burien
Tu: 12:00pm-2:30pm; Th: 10:00am-12:30pm; 2nd Tu of each month: 5:30pm-7:00pm. Self-select grocery store. Highline residents once per week.

Kent Food Bank..... 253.520.3550
Alliance Center: 515 W Harrison St, Ste. 107, Kent Serves Kent School District residents. Food distributed in pre-packed boxes. Visit twice per month
—Kent Alliance Center
Tu, W, F: 10:00am-1:00pm-General, Th: 10:00am-11:00am-Seniors 55+, Pet Food available.

—Birch Creek Annex
Birch Creek Apartments, 12961 SE 275th St, Kent
M: 10:00am-1:00pm.

Maple Valley Food Bank 425.432.8633
21415 Renton- Maple Valley Rd, Maple Valley
Tu: 10:30am-6:00pm. W: 10:30am-1:00pm Curbside: For those unable to enter the market.

Margie Williams Helping Hands .. 425.255.1446
MLK Mem. Baptist Church, 4519 NE 10th St, Renton
Sa: 8:00am-11:00am. Serves anyone in need and No geographic restrictions.

Muckleshoot Family Res. Center.253.876.3336
39015 172nd Ave SE, Auburn
M-F: 9:00am-4:00pm. Muckleshoot Tribal members only. Home Delivery for Elders, and Disabled adults.

Multi-Service Center—Federal Wy.253.838.6810
1200 S 336th St, Federal Way
M, W, F: 10:00am-2:00pm; closed on holidays. [Special no cook food bags for homeless.]

Plateau Outreach Ministries 360.825.8961
1806 Cole St, Enumclaw
Drive through only. Pantry: W: 9:00am-12:00pm. Emergency Food: M-Sa:10:00am-4:00pm.

Salvation Army—Renton 425.255.5969
206 S Tobin St, Renton
M, T, Th, F: 9:00am-11:30am, 1:00pm-3:30pm Serves: Homeless and residents in the Renton, Mercer Island and Skyway area.

Tukwila Pantry.....206.431.8293
3118 S 140th St, Riverton Park UMC, Tukwila
Tu, Th, Sa: 10:00am-2:00pm. Drive through or walk-up available. Serves: Boulevard Park, Burien, SeaTac and Tukwila residents.

MEDICAL CARE

Health Point
Low cost medical & discount pharmacy services.

—Auburn..... 253.735.0166
126 Auburn Ave, Suite 300, Auburn
M-W: 8:00am-8:00pm; Th F: 8:00am-5:00pm; Sa: 10:00am-3:00pm.

—Federal Way 253.874.7634
33431 13th Pl S, Federal Way
M, W, Th, F: 8:00am-5:00pm; Tu: 8:00am-7:00pm.

—Kent..... 253.852.2866
403 E Meeker St, Suite 200, Kent
M-W: 8:00am-8:00pm; Th F: 8:00am-5:00pm.

—Renton 425.226.5536
200 S 2nd St, Renton
M, Tu: 8:00am-7:00pm; W-F: 8:00am-5:00pm.

—SeaTac 206.277.7200
4040 S 188th St, Suite 201, SeaTac
M, Tu: 8:00am-7:00pm; W-F: 8:00am-5:00pm.

—Tukwila 206.439.3289
Highline Medical, 13030 Military Rd S, Tukwila
M-W: 8:00am-8:00pm; Th, F: 8:00am-5:00pm; Sa: 10:00am-3:00pm.

New Hope Health Center.....206.453.1868
15880 Military Rd S, Tukwila
Redemption Fellowship Sa: 8:30am-10:00am for established patients with chronic conditions only. Call to confirm schedule.

Public Health - Adult Primary Care .206.257.6870
Navos - 1210 SW 136th St, Seattle
M-F: 8:30 am-5:30pm. Services: Medical and Mental

Renton Salvation Army RotaCare .. Visit in Person
720 S Tobin St, Renton
1st & 3rd Sa: 9:00am-11:00am. Drop-in clinic. Free healthcare to low-income families. (Urgent Needs)

Sea Mar Community Health
—Burien Medical Clinic 206.812.6140
14434 Ambaum Blvd SW, Suite 5, Burien
M-Sa: 8:00am-5:00pm.

DENTAL CARE

Christ Community Free Clinic.....253.736.2634
925 East Main St, Auburn
Urgent Dental Care: Appointment required. Serves those without dental insurance. Sign Up: M or F: once per month 8:00am- 5:00pm

Health Point
—Auburn..... 253.735.0166
126 Auburn Ave, Suite #300, Auburn
M-F: 7:15am-5:30pm. Sa: 8:15am-12:30pm

—Federal Way..... 253.874.7646
33431 13th Pl S, Federal Way
M-F: 7:45am-4:00pm. Emergency Walk-In Appts. Th: 7:30am-12:00pm.

—Kent..... 253.796.4071
403 E Meeker St, Suite #200, Kent
M-F: 7:30am-5:30pm; Sa: 8:00am-12:00pm. Emergency Walk-In Appt. M: 7:15am-12:00pm.

—Midway..... 206.870.3600
26401 Pacific Highway S, Suite #101, Des Moines.
M-F: 7:30am-5:30pm; Sa: 8:30am-12:30pm. Emergency Walk-In Appt. as schedule permits.

Sea Mar Community Health
—Burien..... 206.631.7316
18010 8th Ave S, Suite #416, Burien
M-F: 8:00am-5:00pm. Primary/Emergency Dental

—Des Moines..... 206.212.4520
2781 S 242nd St, Des Moines
M-F: 8:00am-5:00pm. Primary/Emergency Dental.

—Federal 253.681.6620
31405 18th Ave S, Federal Way
M-F: 8:00am-5:00pm. Primary/Emergency Dental