FOOD BANKS

Food banks may serve specific geographic areas. Call ahead for eligibility requirements.

Adra P. Berry Food Bank 425-222-5573

31104 SE 86th St, Issaquah.

Th: 1pm-3pm.

Visit in person. Call any day for information.

Fall City Food Pantry 425-269-8098

4326 337th PI SE, Fall City

1st & 3rd W: 12pm-1:30pm, 6:30pm-7:30pm. Visit in person. Proof of address required.

Hopelink

—<u>Bellevue</u> 425-943-7555

14812 Main St. Bellevue

M, Th: 1pm-4pm, 5pm-7pm;

T, W: 10am-2pm.

Serves Bellevue, Mercer Island, and Newcastle residents.

-Kirkland/Northshore 425-889-7880

11011 120th Ave NE, Kirkland

M: lpm-4pm. T, Th: lpm-4pm, 5pm-7pm. W: l0am-3pm.

Operates a food pantry for Kirkland, Kenmore, Bothell, and Woodinville area

residents. Call for more information.

-Redmond 425-889-7880

8990 154th Ave NE, Redmond M, W: 1pm-4pm, T: 10am-3pm,

Th: 10am-12pm.

Serves Redmond and Sammamish areas.

—Shoreline 206-440-7300

17837 Aurora Ave N. Shoreline

T: 10am-3pm, W: 1pm-4pm, 5pm-7pm.

Th: 1pm-4pm.

Serves residents of Shoreline & Lake Forest Park. ID and Proof of address required.

Also serves homeless individuals in area.

—<u>Sno-Valley 425-889-7880</u>

31957 E. Commercial St, Carnation M: 4pm-6pm, W: 3pm-5pm, Th: 10am-12pm. Visit in person. Call to register. Serves

Snoqualmie Valley residents.

Issaguah Food Bank 425-392-4123

179 1st Ave SE, Issaquah.

Open every other week, M-Th: 1pm-7pm.

Food pantry available to all.

Youth & Family Services 206-275-7611

2040 84th Ave SE, Mercer Island

T: 3pm-6pm, W: 9am-12pm.

Contact program coordinator for eligibility.

Renewal Food Bank 425-736-8132

15022 Bel-Red Rd, Bellevue

M: 12pm-3pm; Tu: 4pm-6:30pm;

W: 10am-1pm.

Visit in person once per week.

Snoqualmie Valley Food Bank 425-888-7832

122 E 3rd St, North Bend

M: 11:30am-12:45pm. Tu: 3pm-6:15pm.

W: 9:30am-4:15pm. Please Call Ahead.

Woodinville Storehouse 206-595-6419

17110 140th Ave NE, Woodinville

Tu: 6:30pm-7:15pm; Sa: 9am-10:20am.

Visit in person.

HOT MEALS

Crossroads Meal Program 425-452-7300

911 164th Ave NE, Bellevue

M-F: 6pm-7pm.

Provides hot meals for anyone in need.

<u>Issaquah Meals Program</u> 425-679-0342

180 E Sunset Way, Issaquah

M-F: 5pm-6pm.

Visit in person; No ID required.

Open Kitchen

16540 NE 80th St, Redmond

W: 5pm-7pm.

Provides a free hot meal for anyone in need.

425-883-7553

POPY's Café 206-569-7011

14514 20th Ave NE, Shoreline

W: 5pm-6:30pm.

Visit in person. Serves anyone in need.

St. Brendan Catholic Church 425-483-9400

10100 NE 192nd St. Bothell

Th: 5pm-6pm.

Provides a free hot meal to anyone in need.

Sophia Place Day Center 425-896-7385

3032 Bellevue Way NE, Bellevue

Breakfast: 6am-10am. Lunch: 11:30am-1pm.

Serves women, with or without children.

Vedic Cultural Center 206-979-8002

1420 228th Ave SE. Sammamish. WA

Daily: 7:30pm-9pm.

Provides a free vegetarian hot meal for anyone.

Vedic Food Truck 425-499-6408

9451 Avondale Road Northeast, Redmond

Th. 6:30pm-8:30pm.

Location is adjacent to bus stop in parking

lot.

EAST & NORTH KING COUNTY

Emergency Services







1st Quarter 2024

Brochures updated quarterly at www.crisisconnections.org

Due to Covid-19, services may temporarily modify their programs.

Please call ahead to verify.



FOOD BENEFITS

King County 211 Basic Food Dial 211

M-F: 9am-5pm.

Offers screening and application appointments with a Basic Food Specialist. Call for more information.

Within Reach 888-436-6392

M-Th: 8am-5:30pm; F: 8am-5pm.
Offers a toll-free phone line with screening and application assistance for Basic Food and WIC nutrition programs.

DENTAL CARE

HealthPoint

—<u>Bothell 425-424-6350</u> 10414 Beardslee Blvd, Suite #201

Reamond 42 16225 NE 87th Street Suite 150, Building A-Forest M-F: 7:30am-4pm; Every other Sa: 8am-12pm.

International Community Health

—<u>Bellevue 425-373-3030</u> 1050 140th Ave NE.

M-F: 8am-6pm; 4th Sa: 8am-6pm.

—Shoreline 206-533-2660 16549 Aurora Ave North

M-F: 8am-6pm; 3rd Sa: 8am-6pm.

LWTech Dental Clinic 425-739-8130
11605 132nd Ave NE, East Bldg, Room E103,
Kirkland

Call for hours.

Mobile Dental Van Visit Website

Offers mobile dental care options for residents in King who do not have dental insurance. Visit website for more information: www.medicalteams.org/mobiledental

Public Health Dental Clinic 206-477-8000

14350 SE Eastgate Way, Bellevue M-F: 8am-5pm.

Provides general dental care services for children ages 1-18; also low-income pregnant women and adults who are Medicaid Eligible.

Sea Mar Dental Clinic 425-998-5980

3801 150th Ave SE, Bellevue M-F: 8am- 5pm. Offers dental care on a sliding scale. Call for appointment.

MEDICAL CARE

EvergreenHealth

—<u>Kirkland 425-899-6700</u> 12333 NE 130th Ln, Suite 310, Kirkland M-F: 8am-5pm; Sa: 8am-12pm.

—<u>Redmond</u> 425-899-2273 8980 161st Ave NE, Redmond M-Th: 7am-7pm; F: 7am-6pm;

Sa: 8am-4pm.

—<u>Sammamish</u> 425-898-0305 22850 NE 8th St, Suite 103, Sammamish M:7am-7pm; T, W, F:7am-5pm; Th:8am-5pm; Sa:8:30am-12:30pm.

—<u>Woodinville</u> 425-481-6363 16916 140th Ave NE, Suite 101 M-F: 8am-5pm; Sa: 9am-12pm.

HealthPoint

—<u>Bothell</u> 425-486-0658

10414 Beardslee Blvd, Suite 201

M-W: 8am-8pm; Th, F: 8am-5pm; Sa: 10am-3pm.

—<u>Redmond</u> 425-882-1697

16225 NE 87th St, Suite 150, Bldg. A-Forest
M, Tu: 8am-8pm; W-F: 8am-5pm.

Overlake Medical Clinics

—<u>Bellevue Primary Care</u> 425-635-6350 400 108th Ave NE, Suite 100 M-F: 7am-6pm.

—Redmond Primary Care 425-635-6430 16315 NE 74th St, Redmond M-F: 7am-5pm.

Public Health - Eastgate 206-477-8000 14350 SE Eastgate Way, Bellevue

M, Tu, Th, F: 8am-5pm; W: hours vary.

<u>Sea Mar - Bellevue</u> 425-460-7140

3801 150th Ave SE, Bellevue M-Sa: 8am-5pm.

Snoqualmie Ridge Clinic 425-831-2313 35020 SE Kinsey St, Snoqualmie

M-F: 8am-6pm.

Snoqualmie Valley Hospital 425-831-2333

9801 Frontier Ave SE, Snoqualmie M-F: 8am-6pm.

Swedish

—<u>Outpatient Clinic</u> 425-888-2016 37624 SE Fury St., Suite #101, Snoqualmie M-F: 8am-6pm; Sa: 8am-12pm. —<u>Primary Care 425-394-0700</u> 751 NE Blakely Dr. 5th Floor, Issaquah M-F: 8am-5pm.

VA Outpatient Clinic 800-329-8387

13033 Bel-Red Rd, Suite #210, Bellevue M-F: 8am-4:30pm. Call for appointment. Serves Veterans enrolled in VA Puget Sound Healthcare System.

DROP-IN CENTERS

Porchlight 425-289-4044

13668 Southeast Eastgate Way, Bellevue Daily, 5am-11pm.

Provides a place for homeless men to relax. Provides three meals per day. Additionally offers case management, computer access, clothing, hygiene items, and temporary mail service.

Serves men ages 18 and older; no children.

Friends of Youth 425-298-4846

16625 NE 87th St Ste A-1, Redmond M, Tu: 9am-3pm, Th-F: 9am-1pm, Sa-Su: 11am-5pm. W by appointment only. Serves youth, ages 15-22, who are homeless or at risk of homelessness.

Provides resources, basic needs, a link to case managers, and other services.

God's Li'l Acre Day Center 206-497-0838

12521 33rd Avenue NE, Seattle. M-F: 9am-12pm, 1pm-4pm.

Offers a small neighborhood day center for those in need. Services include: laundry and shower facility, storage of belongings, and access to resources.

New Bethlehem Project 425-315-3873

8045 120th Avenue Northeast Suite #100, Kirkland

M-F: 10am-2pm.

Day center for homeless families that offers hygiene services, hot meals, and access to computers. Case management offered as well. Families with minor children <u>only</u>, no single adults.

<u>Sophia's Place</u> 425-896-7385

3032 Bellevue Way NE, Bellevue.

Daily: 8am-3pm.

Operates a daytime drop-in center for women experiencing homelessness. Offers meals, hygiene facilities, phone and computer access, temporary mail service, and other resources. Single women and women with children are both welcome.