Country Doctor Health Centers
— Carolyn Downs Center  206-299-1900
  2101 E Yesler Way, Suite #150, Seattle
  M, Th, F: 9am-5pm; Tu, W: 9am-8:30pm.
  Call for appointment.
— After-Hours Clinic  206-709-7199
  2101 E Yesler Way, Suite #150, Seattle
  M-F: 6pm-9pm; Sa, Su: 11am-5pm.
  After-hours care for acute conditions with
  a sliding fee scale based on income.
— Community Clinic  206-299-1600
  500 19th Ave E, Seattle
  M, Th, F: 9am-5pm. Tu, W: 9am-8:30pm.
  Call for appointment.

Harborview Medical Center
— Adult Clinic  206-520-5000
  325 9th Ave 3rd Floor, Seattle
  M, W, Th, F: 8am-4:30pm. Tu: 8am-8pm.
  Provides outpatient medical and surgical
  services.
— International Clinic  206-520-5000
  325 9th Ave, Ground Floor, West Clinic
  M-W, F: 8am-4:30pm; Th: 8am-8pm.
  Comprehensive healthcare services for
  refugees & immigrants, age 16 or older.
  Interpreter are available onsite.
— Pioneer Square Clinic  206-744-1500
  206 3rd Ave South, Seattle
  Tu, Th, F: 8:05am-4pm; W: 9am-4pm.
  Provides primary health care for adults.
— Third Avenue Center  206-521-1231
  2028 3rd Ave, Seattle
  M, Tu, Th, F: 8am-4pm. W: 8am-4pm.
  Same day clinic provides general medical
  care.

International Community Health
— Holly Park Clinic  206-788-3500
  3815 S Othello St, Seattle
  M-Sa: 8am-5pm.
— International Dist. Clinic  206-788-3700
  720 8th Ave South, Seattle
  M-Sa: 8am-5pm.

Neighborhood Health
— 45th Street Clinic  206-633-3350
  1629 N 45th St, Seattle
  M-F, 8am-5:30pm;
  1st & 3rd W: 9:30am-5:30pm.
— Homeless Youth Clinic  206-633-7650
  1629 N 45th St, Seattle
  W, Th: 6pm-9pm.
  Offers medical care for youth ages 12-26.
— Ballard Medical Clinic  206-782-5939
  1753 NW 56th St, Ste 200
  M-Th 9am-4:30pm.
— Columbia City Clinic  206-461-6957
  4400 37th Ave S, Seattle
  M-F: 8am-5pm; Sa: 9:30am-1:30pm.
— High Point Clinic  206-461-6950
  6020 35th Ave SW, Seattle
  M-F: 8am-5pm. 1st & 3rd W: 9:30am-4:30pm.
— Lake City Clinic  206-417-0326
  12721 30th Ave NE, Suite #101, Seattle
  M-F: 8am-5pm.
— Meridian Clinic  206-296-4990
  10521 Meridian Ave N, Suite A, Seattle
  M, Tu, Th, F: 8am-5pm;
  1st & 3rd W: 9:30am-5pm.
— Pike Place Market Clinic  206-728-4143
  1930 Post Alley, Seattle
  M, Tu, Th: 8am-5pm;
  W: 9:30am-5pm;
  F: 8am-4pm.
— Rainier Beach Clinic  206-722-8444
  9245 Rainier Ave S, Seattle
  M, Tu, Th: 7:30am-7:30pm;
  Sa: 9:30am-1:30pm;
  1st & 3rd W: 9:30am-4:30pm;
  2nd & 5th W: 8am-4:30pm.
— St. Vincent de Paul Clinic  206-548-7600
  1355 Aurora Ave N, Seattle
  W, F: 9am-4:30pm.

Public Health Belltown  206-477-8222
  2124 4th Ave, Seattle
  M-F: 8am-5pm.
  Provides primary care for low-income
  children and adults.

Lahai Health Haller Lake  206-363-4105 x230
  2152 N 122nd St
  M: 4pm-8pm. F: 9am-1pm
  $10 donation requested; however, no one will be
  turned away if unable to pay.

Sea Mar Health Centers
— Seattle Clinic  206-762-3730
  8720 14th Ave S, Seattle
  M-Sa: 8am-5pm.
  Appointments preferred; Walk-ins okay.
— White Center Clinic  206-965-1000
  9650 15th Ave SW, Suite #100, Seattle
  M-Sa: 8am-5pm.

Due to Covid-19, services may temporarily modify their programs.
Please call ahead to verify.

Brochures updated quarterly at www.crisisconnections.org
**DENTAL REFERRAL**

**DENTISTLINK**  844-888-5465
www.dentistlink.org
Call M-F: 8am-5pm.

**DENTAL**

**International Health Services**
— Holly Park Clinic    206-788-3502
3815 S Othello St
M-F: 8am-6pm; 2nd Sa: 8am-6pm.
— International Dist. Clinic  206-788-3757
720 8th Ave S
M-F: 8am-6pm. 1st Sa: 8am-6pm.

**NeighborCare Health**
Sites may focus on serving children under 18 and their parents, unless otherwise noted.
— 45th Street Clinic  206-548-2964
1629 N 45th St
M-F: 6:45am-5:30pm; 1st & 3rd W: 9:30am-5:30pm.
— Georgetown Clinic  206-461-6943
6200 13th Ave S
M-F: 7:15am-6pm.
— High Point Clinic  206-461-6966
6020 35th Ave SW
M-F: 6:45am-5:30pm.
— Pacific Tower Clinic  206-548-5850
1200 12th Ave S, Suite 401
M-F: 7am-6pm.
— Rainier Beach Clinic  206-461-6981
9245 Rainier Ave S
M-F: 6:45am-5:30pm; 1st & 3rd W: 9:30am-5:30pm.

**Odessa Brown Clinic**  206-987-7210
2101 E Yesler Way, Suite 100
M-Th: 8am-5pm. F: 8am-1pm.
Provides care for children ages 1-15.

**Pima Comm. Dental Clinic**  206-529-6677
9709 3rd Ave NE
M-Th: 8am-5pm,
F: 8am-3pm; hours vary per semester.
Provides dental care at a student teaching facility.

**Public Health Centers**
— Columbia City  206-263-1505
4400 37th Ave S
M-F: 8am-5pm.

— Belltown    206-477-8300
2124 4th Ave
M-F: 8am-5pm.
Provides care for those who are homeless, ages 13 and older.

**Sea Mar Community Health**
— South Park    206-762-3263
8915 14th Ave S
M-Sa: 8am-5pm.
Primary and emergency dental care, including exams, extractions, fillings, root canals, and x-rays.
— White Center    206-965-1005
9650 15th Ave SW Suite 100
M-Sa: 8am-5pm.
Primary and emergency dental care for children and adolescents only.

**Seattle Indian Health Board**  206-324-9360
1611 12th Ave S
M-F: 8:30am-6pm.
Call for an appointment.
Serves American Indian and Alaska Natives only.

**UW—School of Dentistry**
— Dental Student Clinic    206-616-6996
1959 NE Pacific St, Room B-307
M-F: 8am-5pm.
Dental services performed by students under the direct supervision by faculty of the School of Dentistry.
— Urgent Care Clinic    206-543-5850
1959 NE Pacific St, Room B-307
M-F: 8:30am-12pm, 1:30pm-4:30pm.
After hour service is available at the University of Washington’s Medical Center’s Emergency Department.

**MOBILE DENTAL**

**Mobile Dental Van** medicalteams.org
Mobile Dental Clinic Schedule is online.
Free or low cost dental care for low-income adults and children.

**EYE CARE**

**UpLift Northwest**  206-686-2759
2515 Western Ave
Leave a voicemail to schedule appointment.
Provides exams and glasses for Medicaid clients or those who have no vision insurance.

**YWCA**  206-461-4420
19703 68th Ave W, Lynnwood
M-F: 9am-5pm.
Provides free eye exams, and glasses to those homeless in Seattle and King County.

**NEEDLE EXCHANGE**

**Capitol Hill Needle Exch.**  206-263-2000
1161 11th Ave, Robert Clewis Center 2
M-Sa: 6:30pm-8:30pm.
Provides new sterile syringes in exchange for used ones. Also distributes clean injection supplies and sexual safety items.

**People’s Harm Reduction Alliance**
4548 Brooklyn Ave NE,
Su: 1-5pm; M, Tu, Th: 5-7pm; F: 1pm-5pm.
Distributes clean injection supplies and sexual safety items. Provides harm reduction education and vein care consultation.
Overdose prevention training and naloxone.
Provides same day suboxone induction.
Visit in person.

**HEALTH INSURANCE**

**Public Health**  800-756-5437
401 5th Ave, Suite 1000, Seattle
M-F: 8am-6pm, by phone.
Provides telephone referral to low-cost health providers through the Community Health Access Program (CHAP).

**Apple Health** 855-923-4633
http://www.wahealthplanfinder.org
M-F: 8am-6pm, by phone.
Provides medical benefits for adults with income below 138% of the Federal Poverty Level (FPL), and for children in families with Income up to 300% of the FPL. Coverage includes primary care, substance abuse care, and mental health care.
Enrollment is ongoing and never closes.