**DROP-IN CENTERS**

**Arcadia Drop-In Center** 253-740-7189
932 Auburn Way S, Auburn
Hours: M-F: 2:30pm-6pm.
Offers youth and young adults aged 12-24 with drop-in services, counseling, and resources.
Provides access to basic needs including food, showers, and laundry service.

**Catholic Comm. Services** 253-893-7895
33505 13th Place S, Suite D, Federal Way
All Ages: M-F: 10am-3pm.
Families with children: Tu, Th: 4pm-7pm.
Provides showers, laundry, computers, mail service, phones, and other services.

**Ray of Hope Resource Center** 253-833-8925
2806 Auburn Way North, Auburn
M-Sa: 8:30am-8pm. Su: 2pm–8:30pm.
Serves families and individuals. Offers laundry and shower facility on select days, and offers breakfast, lunch, and dinner. Please call ahead.

**HOT MEALS**

**Auburn Food Bank** 253-833-8925
100 N Street SE, Auburn
Meals: M: 4:30pm-5pm.
Provides a free to-go dinner to anyone in need.

**Calvary Chapel South** 253-852-7030
1340 West Smith Street, Kent
Meal: 4th Sa of Month: 11am-1pm.
Provides a hot meal once a month to anyone in need. Also offers clothing and hygiene kits.

**Hungry Soul Café** 253-852-1044
3807 Reith Rd S, Kent
Meal: W: 4:30pm–5:30pm.
Serves a free nutritious dinner once per week to anyone in need.

**Kent Community Supper** 253-852-2057
Kent Lutheran Church
336 2nd Ave S, Kent
Office: Tu-F: 10am-2pm. Meal: M: 5pm-6pm.
Serves a free hot dinner once a week. Snack bags may be available during office hours.

**Neighbor to Neighbor** 253-852-3883
Kent Seventh Day Adventist Church
25213 116th Ave SE, Kent
Sa: 2pm-3pm.
Provides a sack lunch to anyone in need.

---

**Pacific/Algona Comm. Center** 253-929-1150
100 3rd Ave SE, Pacific
Office: M-F: 8:30am–4:30pm.
General Public: M: 11am-12:30pm.
Seniors Nutrition Lunch: Tu-F: 12pm.
Offers a lunch for seniors, and a separate lunch for the general community.

**Renton Community Supper** 425-255-5974
720 S Tobin Street, Renton
Meal: M-Th: 4pm-5pm.
Provides a hot meal four days a week. Available to anyone in need.

**CLOTHING**

**Kent Food Bank** 253-520-3550
515 West Harrison Street Suite 107, Kent
W, F: 10am-12:15pm.
Operates a small clothing closet for residents of the Kent School District.

**KentHOPE** 253-480-2325
9009 Canyon Drive, Kent
M-F: 10am-2pm.
Operates a day center for homeless women and women with children. Provides clothing and hygiene items.

---

**Call Ahead First!**
FOOD BANKS

Food banks may serve specific geographic areas. Call ahead for eligibility requirements.

Auburn Food Bank  253-833-8925
2804 Auburn Way North, Auburn
M, Tu, Th, F: 9am-1pm.
2nd W: 4:30pm-5:30pm.
Serves Auburn School District residents.

Black Diamond Comm. Center  360-886-1011
31605 3rd Ave, Black Diamond
M-Th: 9am-4pm.
Serves residents of Black Diamond, Covington,
Maple Valley, and Ravensdale.

Des Moines Food Bank  206-878-2660
United Methodist Church
22225 9th Ave S, Des Moines
M, W, F: 9am-11:45am; 3rd Tu: 6pm-8pm.
Serves Enumclaw School District residents.

Enumclaw Kiwanis  253-239-7501
1350 Cole St, Enumclaw
M-W: 9am-11:45am.
Serves Enumclaw School District residents. May visit once per month.

Highline Area Food Bank  206-433-9900
18300 4th Ave S, Burien
Tu: 12pm-2:30pm; Th: 10am-12:30pm;
2nd Tu: 5:30pm-7pm.
Serves Highland area residents. May visit weekly.

Kent Food Bank  253-520-3550
—Kent Alliance Center
515 W Harrison St, Ste. 107, Kent
General: W: 10am-1pm.
Seniors 55+: Th 10am-11am.
Serves Kent School District residents; clients may visit twice per month.

—Birch Creek Annex
12961 SE 275th St, Kent
M: 10am-1pm.
Provides food for Kent School District residents.

Maple Valley Food Bank  425-432-8633
21415 Renton-MAPLE VALLEY RD, Maple Valley
Tu: 10:30am-6pm. W: 10:30am-1pm.
Serves residents of Maple Valley, Black
Diamond, or other cities located within the
Tahoma School District.
Limited home delivery.

Margie Williams Helping Hands  425-255-1446
4519 NE 10th St, Renton
Sa: 8am-10:30am.
Serves anyone in need.

Muckleshoot Family Resource  253-876-3336
39015 172nd Ave SE, Auburn
M-F: 9am-4pm.
Muckleshoot Tribal members only.
Home Delivery for Elders and disabled adults.

Multi-Service Center  253-838-6810
1200 S 336th St, Federal Way
M, W, F: 10am-2pm; closed on holidays.
Provides food for anyone in need.

Plateau Outreach Ministries  360-825-8961x3
1720 1/2 Wells, Enumclaw
Pantry: M: 12pm-3pm; Tu, W: 9am-12pm.
Emergency Food: M-Sa: 10am-3pm
Provides weekly food to anyone in need.

Salvation Army - Renton  425-255-5969
206 S Tobin St, Renton
M, Tu, Th, F: 9am-11:30am, 1pm-3:15pm.
Serves Renton, Mercer Island, and Skyway.

Tukwila Pantry  206-431-8293
3118 S 140th St, Riverton Park UMC, Tukwila
Tu, Th, Sa: 10am-2pm.
Serves Boulevard Park, Burien, SeaTac, and
Tukwila residents.

—Tukwila  206-439-3289
Highline Clinic, 13030 Military Rd S, Tukwila
M-W: 8am-8pm; Th, F: 8am-5pm;
Sa: 10am-3pm.

Sea Mar Comm. Health  206-812-6140
14434 Ambaum Blvd SW, Suite 5, Burien
M-Sa: 8am-5pm.
Offers diagnosis, treatment, and health
management.

DENTAL CARE

Christ Comm. Free Clinic  253-736-2634
925 East Main St, Auburn
One M or F a month: 8am-5pm.
Urgent dental care; serves those without dental
insurance. Appointment required.

HealthPoint
Emergency walk-in appointments as schedule
permits.

—Auburn  253-735-0166
126 Auburn Ave, Suite #300, Auburn
M-F: 7:15am-5:30pm. Sa: 8:15am-12:30pm.

—Federal Way  253-874-7646
33431 13th Pl S, Federal Way
M-F: 7:45am-4pm.
Emergency Walk-In: Th: 7:30am-12pm.

—Kent  253-796-4071
403 E Meeker St, Suite 200, Kent
M-F: 7:30am-5:30pm; Sa: 8am-12pm.
Emergency Walk-In: M: 7:15am-12pm.

—Midway  206-870-3600
26401 Pacific Highway S, Suite 101
M-F: 7:30am-5:30pm; Sa: 8:30am-12:30pm.

Sea Mar Community Health
Provides both primary and emergency
dental care.

—Burien  206-631-7316
18010 8th Ave S, Suite 416, Burien
M-F: 8am-5pm.

—Des Moines  206-212-4520
2781 S 242nd St, Des Moines
M-F: 8am-5pm.

—Federal Way  253-681-6620
31405 18th Ave S, Federal Way
M-F: 8am-5pm.

MEDICAL CARE

HealthPoint
Low cost medical & pharmacy services.

—Auburn  253-735-0166
126 Auburn Ave, Suite 300, Auburn
M-W: 8am-8pm; Th F: 8am-5pm;
Sa: 10am-3pm.

—Federal Way  253-874-7634
33431 13th Pl S, Federal Way
M, W, Th, F: 8am-5pm; Tu: 8am-7pm.

—Kent  253-852-2866
403 E Meeker St, Suite 200, Kent
M-W: 8am-8pm; Th, F: 8am-5pm.

—Midway  206-870-3590
26401 Pacific Hwy S Suite 101, Des Moines
M-W: 8am-8pm; Th F: 8am-5pm.
Sa: 10am-3pm

—Renton  425-226-5536
200 S 2nd St, Renton
M, Tu: 8am-7pm; W-F: 8am-5pm.

—SeaTac  206-277-7200
4040 S 188th St, Suite 201, SeaTac
M, Tu: 8am-7pm; W-F: 8am-5pm.