Country Doctor Health Centers
—Carolyn Downs Center  206-299-1900
2101 E Yesler Way, Suite 150, Seattle
M, Th, F: 9am-5pm. Tu, W: 9am-8:30pm.
Call for appointment.
—After-Hours Clinic  206-709-7199
2101 E Yesler Way, Suite 150, Seattle
M-F: 6pm-9pm. Sa, Su: 11am-5pm.
After-hours care for acute conditions with
a sliding fee scale based on income.
—Community Clinic  206-299-1600
500 19th Ave E, Seattle
M: 9am-5pm. Tu, W: 9am-8:30pm.
Th, F: 9am-5pm.
Call for appointment.

Harborview Medical Center
—Adult Clinic  206-520-5000
325 9th Ave 3rd Floor, Seattle
M, W, Th, F: 8am-4:30pm. Tu: 8am-8pm.
Provides medical services to anyone 17 &
older.
—International Clinic  206-520-5000
325 9th Ave, Ground Floor, West Clinic
M-W, F: 8am-4:30pm; Th: 8am-8pm.
Health services for refugees & immigrants,
16 or older. Interpreters are available onsite.
—Pioneer Square Clinic  206-744-1500
206 3rd Ave South, Seattle
Tu, Th, F: 8:05am-4pm; W: 9am-4pm.
Provides primary health care for adults.
—Third Avenue Center  206-521-1231
2028 3rd Ave, Seattle
M, Tu, Th, F: 8am-4pm. W: 8am-4pm.
Same day clinic provides general care.

International Community Health
—Holly Park Clinic  206-788-3500
3815 S Othello St, Seattle
M-Sa: 8am-5pm.
Call for appointment.
—International Dist. Clinic  206-788-3700
720 8th Ave South, Seattle
M-Sa: 8am-5pm.
Call for appointment. Enhanced language
support for limited or non-English
speaking patients.

Neighborcare Health
—45th Street Clinic  206-633-3350
1629 N 45th St, Seattle
M-F: 8am-5:30pm; 1st & 3rd W: 9:30am-
5:30pm. Call for appointment.
—Homeless Youth Clinic  206-633-7650
1629 N 45th St, Seattle
W, Th: 6pm-9pm.
Offers care for homeless youth ages 12-26.
—Homeless Medical Care  206-782-5939
Ballard Clinic, 1753 NW 56th St, Ste 200,
Seattle
M-Th: 9am-4:30pm.
—Columbia City Clinic  206-461-6957
4400 37th Ave S, Seattle
M-F: 8am-5pm; Sa: 9:30am-1:30pm.
—High Point Clinic  206-461-6950
6020 35th Ave SW, Seattle
M-F: 8am-5pm. 1st & 3rd W: 9:30am-
4:30pm.
—Lake City Clinic  206-417-0326
12721 30th Ave NE, Suite 101, Seattle
M-F: 8am-5pm.
—Meridian Clinic  206-296-4990
10521 Meridian Ave N, Suite A, Seattle
M, Tu, Th, F: 8am-5pm;
1st & 3rd W: 9:30am-4:30pm.
—Pike Place Clinic  206-728-4143
1930 Post Alley, Seattle
M, Tu, Th: 8am-5pm; W: 9:30am-5pm;
F: 8am-4pm.
—Rainier Beach Clinic  206-722-8444
9245 Rainier Ave S, Seattle
M, Tu, Th, F: 7:30am-7:30pm;
Sa: 9:30am-1:30pm;
1st & 3rd W: 9:30am-4:30pm;
2nd, 4th, & 5th W: 8am-4:30pm.
—St. Vincent de Paul Clinic  206-548-7600
1355 Aurora Ave N, Seattle
W, F: 9am-4:30pm.

Public Health Belltown  206-477-8222
2124 4th Ave, Seattle
M-F: 8am-5pm.
Provides primary care for low-income
children and adults.

Lahai Health-Haller Lake  206-363-4105x230
2152 N 122nd St, Seattle
M: 4pm-8pm. F: 9am-1pm.
$10 donation requested; however, none will be
turned away if unable to pay.

Sea Mar Health Centers
—Seattle Clinic  206-762-3730
8720 14th Ave S, Seattle
M-Sa: 8am-5pm.
—White Center Clinic  206-965-1000
9550 15th Ave SW, Suite 100, Seattle
M-Sa: 8am-5pm.
**International Health Services**

Free or low cost dental care for low-income adults and children without insurance.

**DENTAL REFERRAL**

[DENTAL](#)

www.dentistlink.org

Call M-F: 8am-5pm.

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**MOBILE DENTAL**

Mobile Dental Van  Visit Website

www.medicalteams.org/mobiledental

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**International Dist. Clinic** 206-543-5850
959 NE Pacific St, Room B-229, Seattle
M-F: 8:30am-12pm, 1:30pm-4:30pm.
Provides urgent care dental services for patients who need immediate care.

**Holly Park Clinic** 206-788-3502
3815 S Othello St, Seattle
M-F: 8am-6pm; 2nd Sa: 8am-6pm.

**International Dist. Clinic** 206-788-3757
720 8th Ave S, Seattle
M-F: 8am-6pm. 1st Sa: 8am-6pm.

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**DENTAL**

**Sea Mar Community Health**

— South Park  206-762-3263
8915 14th Ave S, Seattle
M-Sa: 8am-5pm.
Primary and emergency dental care, including exams, extractions, fillings, root canals, and x-rays.

— White Center  206-965-1005
9650 15th Ave SW, Suite 100, Seattle
M-Sa: 8am-5pm.
Primary and emergency dental care for children and adolescents only.

**Seattle Indian Health Board** 206-324-9360
611 12th Ave S, Seattle
M-F: 8:30am-6pm.
Call for an appointment.
Serves American Indian and Alaska Natives only.

**UW—School of Dentistry**

— Dental Student Clinic  206-616-6996
1959 NE Pacific St, Room B-307, Seattle
M-F: 8am-5pm.
Dental services performed by students under the direct supervision by faculty of the School of Dentistry.

— Urgent Care Clinic  206-543-5850
959 NE Pacific St, Room B-229, Seattle
M-F: 8:30am-12pm, 1:30pm-4:30pm.
Provides urgent care dental services for patients who need immediate care.

**International Health Services**

— Holly Park Clinic  206-788-3502
3815 S Othello St, Seattle
M-F: 8am-6pm; 2nd Sa: 8am-6pm.

**Public Health Centers**

— Columbia City  206-263-1505
4400 37th Ave S, Seattle
M-F: 8am-5pm.
Provides dental care for low-income adults and children ages 1-18 years old.

— Belltown  206-477-8300
2124 4th Ave, Seattle
M-F: 8am-5pm.
Provides care for those who are homeless, ages 13 and older.

**Neighborhood Health**

Sites may focus on serving children under 18 and their parents, unless otherwise noted.

— 45th Street Clinic  206-548-2964
1629 N 45th St, Seattle
M-F: 6:45am-5:30pm; 1st & 3rd W: 9:30am-5:30pm.

— Georgetown Clinic  206-461-6943
6200 13th Ave S, Seattle
M-F: 7:15am-6pm.

— High Point Clinic  206-461-6966
6020 35th Ave SE, Seattle
M-F: 6:45am-5:30pm.

— Pacific Tower Clinic  206-548-5850
1200 12th Ave S, Suite 401, Seattle
M-F: 7am-6pm.

— Rainier Beach Clinic  206-461-6981
9245 Rainier Ave S, Seattle
M-F: 6:45am-5:30pm; 1st W: 9:30am-5:30pm.

**Odessa Brown Clinic**  206-987-7210x1
2101 E Yesler Way, Suite 100, Seattle
M-Th: 8am-5pm. F: 8am-1pm.

**Pima Comm. Dental Clinic**  206-529-6677
9709 3rd Ave NE, Seattle
M-Th: 8am-5pm.
F: 8am-3pm; hours vary per semester.
Provides dental care at a student teaching facility.

**RWJF**

Operates a vision clinic for adults and children. Call to set an appointment.

**UpLift Northwest**  206-686-2759
2515 Western Ave, Seattle
Leave a voicemail to schedule appointment.
Provides exams and glasses for Medicaid clients or those who have no vision insurance.

**YWCA**  206-461-4420
19703 68th Ave W, Lynnwood
M-F: 9am-5pm.
Provides free eye exams, and glasses to those homeless in Seattle and King County.

**NEEDLE EXCHANGE**

**Capitol Hill Needle Exch.**  206-263-2000
1161 11th Ave, Robert Clewis Center 2, Seattle
M-Sa: 6:30pm-8:30pm.
Provides new sterile syringes in exchange for used ones. Also distributes clean injection supplies and sexual safety items.

**People’s Harm Reduction Alliance**

4547 Brooklyn Ave NE, Seattle
Su: 1-5pm. M, Tu, Th: 5-7pm. F: 1pm-5pm.
Distributes clean injection supplies and sexual safety items. Provides harm reduction education and vein care consultation. Overdose prevention training and naloxone.
Provides same day suboxone induction.
Visit in person.

**EYE CARE**

International Comm. Health  206-788-3505
720 8th Ave S, Seattle
M, Tu, Th: 9am-5pm; W: 9am-1pm.
Operates a vision clinic for adults and children. Call to set an appointment.

**UpLift Northwest**  206-686-2759
2515 Western Ave, Seattle
Leave a voicemail to schedule appointment.
Provides exams and glasses for Medicaid clients or those who have no vision insurance.

**YWCA**  206-461-4420
19703 68th Ave W, Lynnwood
M-F: 9am-5pm.
Provides free eye exams, and glasses to those homeless in Seattle and King County.

**HEALTH INSURANCE**

**Public Health**

800-756-5437
401 5th Ave, Suite 1000, Seattle
M-F: 8am-6pm, by phone.
Provides telephone referral to low-cost health providers through the Community Health Access Program (CHAP).

**Apple Health**

855-923-4633
http://www.wahealthplanfinder.org
M-F: 7:30am-5:30pm, by phone.
Provides medical benefits for adults with income below 138% of the Federal Poverty Level (FPL), and for children in families with Income up to 300% of the FPL. Coverage includes primary care, substance abuse care, and mental health care. Enrollment is ongoing and never closes.