



# Get to Know Crisis Connections

## What is Crisis Connections?

Crisis Connections is a nonprofit organization that provides human connection in a world that is increasingly isolated—one call, text, chat, and interaction at a time. We make connections through behavioral health and peer support, personalized basic needs navigation, and a community that prevents crisis and fosters recovery. Every day, we provide services including mobile crisis team visits, eviction prevention, and support from trained specialists who listen, helping people build a path forward during a crisis.

**Our mission is to foster resilience and well-being by connecting people to accessible and compassionate support.**

## How does Crisis Connections work?

Crisis Connections operates free and confidential programs and services 24/7/365 through our contact centers—phone, text, and chat. We give communities across Washington a reliable place to be vulnerable and access the resources needed to build both individual and community resilience. Our programs include 988, Mobile Crisis Dispatch, 24-hour Crisis Lines, 211 for personalized needs assistance, Community Care Hub Intake, Teen Link and Warm Line for peer support, the Recovery Help Line, plus Support After Suicide services.



## Who can use Crisis Connections?

Anyone in Washington State! Whether you're looking for support or resources for yourself, a loved one, or a client, we are here to help you. Our services are 100% free and available for interpretation in 150+ languages.

## Where can I learn more?

Visit [crisisconnections.org](https://crisisconnections.org) to learn more about each of our programs, volunteer and employment opportunities, and additional ways to receive help or get involved.



**People never imagine needing to call a crisis line—but when you're faced with overwhelming challenges, Crisis Connections is here for you.**