



Get to Know Crisis Connections

What is Crisis Connections?

Crisis Connections is a nonprofit organization that provides human connection in a world that is increasingly isolated—one call, text, chat, and interaction at a time. We make connections through behavioral health and peer support, personalized basic needs navigation, and a community that prevents crisis and fosters recovery. Every day, we provide services including mobile crisis team visits, eviction prevention, and support from trained specialists who listen, helping people build a path forward during a crisis.

Our mission is to foster resilience and well-being by connecting people to accessible and compassionate support.

How does Crisis Connections work?

Crisis Connections operates free and confidential programs and services 24/7/365 through our contact centers—phone, text, and chat. We give communities across Washington a reliable place to be vulnerable and access the resources needed to build both individual and community resilience. Our programs include 988, Mobile Crisis Dispatch, 24-hour Crisis Lines, 211 for personalized needs assistance, Community Care Hub Intake, Teen Link and Warm Line for peer support, the Recovery Help Line, plus Support After Suicide services.

Who can use Crisis Connections?

Anyone in Washington State! Whether you're looking for support or resources for yourself, a loved one, or a client, we are here to help you. Our services are 100% free and available for interpretation in 150+ languages.



Where can I learn more?

Visit crisisconnections.org to learn more about each of our programs, volunteer and employment opportunities, and additional ways to receive help or get involved.



People never imagine needing to call a crisis line—but when you're faced with overwhelming challenges, Crisis Connections is here for you.

