

# MEDICAL

## Country Doctor Health Centers

**Carolyn Downs Center | 206-299-1900**  
2101 E Yesler Way, Suite 150, Seattle  
M, Th, F: 9am-5pm; Tu, W: 9am-8:30pm  
**Call for appointment.**

**After-Hours Clinic | 206-709-7199**  
2101 E Yesler Way, Suite 150, Seattle  
M-F: 6pm-9pm; Sa, Su: 11am-5pm  
After-hours care for acute conditions with a sliding fee scale based on income.

**Community Clinic | 206-299-1600**  
500 19th Ave E, Seattle  
M, Th, F: 9am-5pm; Tu, W: 9am-8:30pm  
**Call for appointment.**

## Harborview Medical Center

**Adult Clinic | 206-520-5000**  
325 9th Ave 3rd Floor, Seattle  
M, W, Th, F: 8am-4:30pm; Tu: 8am-8pm  
Provides medical services to anyone 17 & older.

**International Clinic | 206-520-5000**  
325 9th Ave, Ground Floor, West Clinic  
M-W, F: 8am-4:30pm; Th: 8am-8pm  
Health services for refugees & immigrants, 16 or older. Interpreters are available onsite.

**Pioneer Square Clinic | 206-744-1500**  
206 3rd Ave South, Seattle  
Tu, Th, F: 8:05am-4pm; W: 9am-4pm  
Provides primary health care for ages 18+.

**Third Avenue Center | 206-521-1231**  
2028 3rd Ave, Seattle  
M-F: 8am-4pm; W, 1st Appt: 9:15am  
Same day clinic provides general care.

## Harborview Medical Center's Hobson Clinic | 206-206-441-3043

2120 S Plum St. Suite B, Seattle  
M, Tu, Th: 8:15am-4pm; W: 9am-4pm  
Provides primary health care for adults, including treatment of acute health problems, social services, dietician consultations and health education.

## International Community Health

**Holly Park Clinic | 206-788-3500**  
3815 S Othello St, Seattle  
M-Sa: 8am-5pm  
Call for appointment.

**International District Clinic | 206-788-3700**  
720 8th Ave South, Seattle  
M-Sa: 8am-5pm; **Call for appointment.**  
Enhanced language support for limited or non-English speaking patients.

## NeighborCare Health

**45th Street Clinic | 206-633-7650**  
1629 N 45th St, Seattle  
W: 6-9pm  
**Call for appointment.**

**Ballard Clinic | 206-548-5710**  
1753 NW 56th St, Ste 200, Seattle  
M-Th: 9am-4:30pm

**Columbia City Clinic | 206-461-6957**  
4400 37th Ave S, Seattle  
M-F: 8am-5pm; Sa: 9:30am-1:30pm

**High Point Clinic | 206-461-6950**  
6020 35th Ave SW, Seattle  
M-F: 8am-5pm; 1st & 3rd W: 9:30am-4:30pm

**Lake City Clinic | 206-417-0326**  
12721 30th Ave NE, Suite 101, Seattle  
M-F: 8am-5pm

**Meridian Clinic | 206-296-4990**  
10521 Meridian Ave N, Suite A, Seattle  
M, Tu, Th, F: 8am-5pm; 1st & 3rd W: 9:30am-4:30pm

**Pike Place Clinic | 206-728-4143**  
1930 Post Alley, Seattle  
Th: 1-4pm

**Rainier Beach Clinic | 206-722-8444**  
9245 Rainier Ave S, Seattle  
M, Tu, Th, F: 7:30am-7:30pm; Sa: 9:30am-1:30pm;  
1st & 3rd W: 9:30am-4:30pm;  
2nd, 4th, & 5th W: 8am-4:30pm

**St. Vincent de Paul Clinic | 206-548-7600**  
13555 Aurora Ave N, Seattle  
W, F: 9am-4:30pm

## Public Health Belltown | 206-477-8222

2124 4th Ave, Seattle  
M-F: 8am-5pm  
Provides primary care for low-income children and adults.

## Lahai Health-Haller Lake | 206 363-4105x230

2152 N 122nd St, Seattle  
M: 4pm-8pm; F: 9am-1pm  
\$10 donation requested; however, none will be turned away if unable to pay.

## Sea Mar Health Centers

**Seattle Clinic | 206-762-3730**  
8720 14th Ave S, Seattle  
M-Sa: 8am-5pm

**White Center Clinic | 206-965-1000**  
9650 15th Ave SW, Suite 100, Seattle  
M-F: 8am-5pm

# Seattle

# Health Services

## 4th Quarter 2025

# 211

Brochures updated quarterly at  
[crisisconnections.org](https://crisisconnections.org)

 **crisis connections**

## MOBILE DENTAL

### Mobile Dental Van | Visit Website

[www.medicalteams.org/mobiledental](http://www.medicalteams.org/mobiledental)

Free or low cost dental care for low-income adults and children without insurance.

## DENTAL REFERRAL

### DENTISTLINK | 844-888-5465

[www.dentistlink.org](http://www.dentistlink.org)

Call M-F: 8am-5pm

## DENTAL

### Sea Mar Community Health

#### South Park | 206-762-3263

8915 14th Ave S, Seattle

M-Sa: 8am-5pm

Primary and emergency dental care, including exams, extractions, fillings, root canals, and x-rays.

#### White Center | 206-965-1005

9650 15th Ave SW, Suite 100, Seattle

M-Sa: 8am-5pm

Primary and emergency dental care for children and adolescents only.

### Seattle Indian Health Board | 206-324-9360

611 12th Ave S, Seattle

M-F: 8:30am-6pm | **Call for an appointment**

Serves American Indian and Alaska Native communities only.

### UW School of Dentistry

#### Dental Student Clinic | 206-616-6996

1959 NE Pacific St, Room B-307, Seattle

M-F: 8am-5pm

Dental services performed by students under the direct supervision by faculty of the School of Dentistry.

#### Urgent Care Clinic | 206-543-5850

1959 NE Pacific St, Room B-307, Seattle

M-F: 8:30am-12pm; 1:30pm-4:30pm

Provides urgent care dental services for patients who need immediate care.

### International Health Services

#### Holly Park Clinic | 206-788-3502

3815 S Othello St, Seattle

M-F: 8am-6pm; 2nd Sa: 8am-6pm

#### International District Clinic | 206-788-3757

720 8th Ave S, Seattle

M-F: 8am-6pm; 1st Sa: 8am-6pm

### NeighborCare Health

Sites may focus on serving children under 18 and their parents, unless otherwise noted.

#### 45th Street Clinic | 206-548-2964

1629 N 45th St, Seattle

M-F: 6:45am-5:30pm; 1st & 3rd W: 9:30am-5:30pm

#### Georgetown Clinic | 206-461-6943

6200 13th Ave S, Seattle

M-F: 7:15am-6pm

#### High Point Clinic | 206-461-6966

6020 35th Ave SW, Seattle

M-F: 6:45am-5:30pm

#### Pacific Tower Clinic | 206-548-5850

1200 12th Ave S, Suite 401, Seattle

M-F: 7am-6pm

#### Rainier Beach Clinic | 206-461-6981

9245 Rainier Ave S, Seattle

M-F: 6:45am-5:30pm; 1st W: Closed 8am-9:30am

### Odessa Brown Clinic | 206-987-7210

3939 South Othello St, Suite 101, Seattle

M-F: 7:30am-6pm; Sa: 8am-4pm

Provides dental care for children ages birth to 15 years old.

### Pima Comm. Dental Clinic | 206-529-6677

9709 3rd Ave NE, Seattle

M-Th: 8am-5pm.; F: 8am-3pm

**Hours vary per semester; call ahead.**

Provides lower-cost dental care at a student teaching facility.

### Public Health Centers

#### Columbia City | 206-263-1505

4400 37th Ave S, Seattle

M-F: 8am-5pm

Provides dental care for low-income adults and children ages 1-18 years old.

#### Belltown | 206-477-8300

2124 4th Ave, Seattle

M-F: 8am-5pm

Provides care for those who are homeless, ages 13 and older.

### Helpful tips for using this brochure :

- **Call before you go**  
Call to confirm times, services, and requirements
- **Brochures are updated every three months**  
Download updated versions:  
[crisisconnections.org](http://crisisconnections.org)

## EYE CARE

### International Community Health | 206-788-3505

720 8th Ave S, Seattle

M, Tu, Th: 9am-5pm; W: 9am-1pm

Operates a vision clinic for adults and children. Call to set an appointment.

### UpLift Northwest | 206-686-2759

2515 Western Ave, Seattle

M-F: 9am-3pm

Leave a voicemail to schedule appointment. Provides exams and glasses for Medicaid clients or those who have no vision insurance.

### YWCA | 206-461-4420

19703 68th Ave W, Lynnwood

M-F: 9am-5pm

Provides free eye exams, and glasses to those homeless in Snohomish and King Counties.

## NEEDLE EXCHANGE

### Capitol Hill Needle Exchange | 206-263-2000

1161 11th Ave, Robert Clewis Center 2, Seattle

Tu-Sa: 6:30pm-8:30pm

Provides new sterile syringes in exchange for used ones. Also distributes clean injection supplies and sexual safety items.

### People's Harm Reduction Alliance

4547 Brooklyn Ave NE, Seattle

Tu, Th: 5-7pm; F, Su: 1-5pm

Distributes clean injection supplies and sexual safety items. Provides harm reduction education and vein care consultation. Overdose prevention training and naloxone. Provides same day suboxone induction. Visit in person.

### Public Health @ Robert Clewis Center | 206-214-6040

2124 4th Ave, Seattle

M: 1-5pm; W, F: 9am-4:30pm

Coordinates a needle exchange program in So. King Co. Call to schedule an exchange. Staff meets people at an agreed upon location. Harm reduction information and referrals to resources.

## HEALTH INSURANCE

### Public Health | 800-756-5437

401 5th Ave, Suite 1000, Seattle

M-F: 8am-6pm, **by phone.**

Provides telephone referral to low-cost health providers through the Community Health Access Program (CHAP).

### Apple Health | 855-923-4633

<http://www.wahealthplanfinder.org>

M-F: 7:30am-5:30pm, **by phone.**

Provides medical benefits for adults with in- come below 138% of the Federal Poverty Level (FPL), and for children in families with income up to 300% of the FPL. Coverage includes primary care, substance abuse care, and mental health care. Enrollment is ongoing and never closes.